

Menu Calendar Report - January, 2020

Generated on: 1/2/2020 12:19:31 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: B-Café Classics

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|-------|----------|-------|--------|--------|
| | 30 Dec | | 31 Dec | | 1 Jan | | 2 Jan | | 3 Jan |
| | 6 Jan | | 7 Jan | | 8 Jan | | 9 Jan | | 10 Jan |
| Dutch Waffle (45.42 g) | Bacon & Egg Biscuit (27.00 g) | Sausage Pancake Sandwich (27.76 g) | Cinnamon Roll (51.53 g) | Mini Pancakes (3.60 g) | | | | | |
| Cheddar String Cheese (1.00 g) | Animal Cookies (22.00 g) | Apple Cinnamon Nutrigrain Breakfast Bar (30.00 g) | Chocolate Chip Gripz (21.00 g) | Purple Daze Smoothie (39.66 g) | | | | | |
| Raspberry Rainbow Yogurt (15.00 g) | Apple Jacks Cereal (24.00 g) | Apple Jacks Cereal (24.00 g) | Apple Jacks Cereal (24.00 g) | Apple Jacks Cereal (24.00 g) | | | | | |
| Strawberry Banana Bash Yogurt (15.00 g) | Cheerios (20.00 g) | Cheerios (20.00 g) | Cheerios (20.00 g) | Cheerios (20.00 g) | | | | | |
| String Cheese | Chocolate Mini Donuts (41.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Chocolate Mini Donuts (41.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | | | | | |
| Triple Cherry Yogurt (20.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | | | | | |
| Apple Jacks Cereal (24.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cocoa Puffs Cereal (25.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | | | | | |
| Cheerios (20.00 g) | Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | | | | | |
| Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Froot Loops (24.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Froot Loops (24.00 g) | | | | | |
| Cinnamon Toast Crunch Cereal Bar (30.00 g) | Froot Loops (24.00 g) | Frosted Mini Wheats (24.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Frosted Mini Wheats (24.00 g) | | | | | |
| Cocoa Puffs Cereal (25.00 g) | Frosted Mini Wheats (24.00 g) | Lucky Charms (23.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Lucky Charms (23.00 g) | | | | | |
| Cocoa Puffs Cereal Bar (30.00 g) | Lucky Charms (23.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | | | | | |
| Froot Loops (24.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | Original Graham Crackers (17.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Rice Chex Cereal (35.00 g) | | | | | |
| Frosted Mini Wheats (24.00 g) | Powdered Mini Donuts (41.00 g) | Rice Chex Cereal (35.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Rice Krispies Cereal (23.29 g) | | | | | |
| Lucky Charms (23.00 g) | Rice Chex Cereal (35.00 g) | Rice Krispies Cereal (23.29 g) | Cocoa Puffs Cereal Bar (30.00 g) | Soft Wheat Bagel (17.50 g) | | | | | |
| Multigrain Frosted Flakes Cereal (24.00 g) | Rice Krispies Cereal (23.29 g) | Strawberry Nutrigrain Breakfast Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Toast, WG, POG (14.00 g) | | | | | |
| Original Graham Crackers (17.00 g) | Trix Cereal Bar (30.00 g) | Trix Cereal Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Trix Cereal Bar (30.00 g) | | | | | |
| Rice Chex Cereal (35.00 g) | Trix Cereal reduced sugar (24.00 g) | Trix Cereal reduced sugar (24.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Trix Cereal reduced sugar (24.00 g) | | | | | |
| Rice Krispies Cereal (23.29 g) | Apple (13.95 g) | Banana (26.95 g) | Cocoa Puffs Cereal Bar (30.00 g) | Apple (13.95 g) | | | | | |
| Toast, WG, POG (14.00 g) | Blueberries Frozen (12.58 g) | Diced Peaches (15.24 g) | Cocoa Puffs Cereal Bar (30.00 g) | Strawberries (6.87 g) | | | | | |
| Trix Cereal Bar (30.00 g) | Apple Juice (14.00 g) | Apple Juice (14.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Apple Juice (14.00 g) | | | | | |
| Trix Cereal reduced sugar (24.00 g) | Orange Juice (14.00 g) | Orange Juice (14.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Orange Juice (14.00 g) | | | | | |
| Diced Bartlett Pears (12.75 g) | Strawberry Kiwi Juice (15.00 g) | Strawberry Kiwi Juice (15.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Strawberry Kiwi Juice (15.00 g) | | | | | |
| Orange Smiles (15.66 g) | 1% Milk (13.00 g) | 1% Milk (13.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | 1% Milk (13.00 g) | | | | | |
| Apple Juice (14.00 g) | Chocolate Skim Milk (20.00 g) | Chocolate Skim Milk (20.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Chocolate Skim Milk (20.00 g) | | | | | |
| Orange Juice (14.00 g) | Skim Milk (13.00 g) | Skim Milk (13.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Skim Milk (13.00 g) | | | | | |
| Strawberry Kiwi Juice (15.00 g) | Grape Jelly (8.89 g) | Grape Jelly (8.89 g) | Cocoa Puffs Cereal Bar (30.00 g) | Grape Jelly (8.89 g) | | | | | |
| 1% Milk (13.00 g) | Margarine Cup | Margarine Cup | Cocoa Puffs Cereal Bar (30.00 g) | Margarine Cup | | | | | |
| Chocolate Skim Milk (20.00 g) | Salsa (3.00 g) | Salsa (3.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Salsa (3.00 g) | | | | | |
| Skim Milk (13.00 g) | Strawberry Jelly (9.00 g) | Strawberry Jelly (9.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Strawberry Jelly (9.00 g) | | | | | |
| Grape Jelly (8.89 g) | Syrup Cups (29.00 g) | Syrup Cups (29.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Syrup Cups (29.00 g) | | | | | |

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| 6 Jan | | | | | | | |
|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|--|--|--|
| Margarine Cup | | | | | | | |
| Salsa (3.00 g) | | | | | | | |
| Strawberry Jelly (9.00 g) | | | | | | | |
| Syrup Cups (29.00 g) | | | | | | | |
| 13 Jan | 14 Jan | 15 Jan | 16 Jan | 17 Jan | | | |
| Bacon Egg & Cheese Biscuit (27.00 g) | French Toast Sticks (27.90 g) | Cinnamon Toast Crunch Filled Pastry (40.00 g) | Egg & Cheese Croissant (36.00 g) | Sausage Breakfast Pizza (26.00 g) | | | |
| Cheddar String Cheese (1.00 g) | Chocolate Chip Gripz (21.00 g) | Cheddar String Cheese (1.00 g) | Animal Cookies (22.00 g) | Apple Frudel Stick (36.00 g) | | | |
| String Cheese | Apple Jacks Cereal (24.00 g) | String Cheese | Apple Jacks Cereal (24.00 g) | Apple Jacks Cereal (24.00 g) | | | |
| Apple Jacks Cereal (24.00 g) | Cheerios (20.00 g) | Apple Jacks Cereal (24.00 g) | Cheerios (20.00 g) | Cheerios (20.00 g) | | | |
| Cheerios (20.00 g) | Chocolate Mini Donuts (41.00 g) | Cheerios (20.00 g) | Chocolate Mini Donuts (41.00 g) | Cherry Frudel Stick (37.00 g) | | | |
| Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) | | | |
| Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | Cinnamon Toast Crunch Cereal Bar (30.00 g) | | | |
| Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal (25.00 g) | Cocoa Puffs Cereal (25.00 g) | | | |
| Cocoa Puffs Cereal Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | Cocoa Puffs Cereal Bar (30.00 g) | | | |
| Froot Loops (24.00 g) | Froot Loops (24.00 g) | Froot Loops (24.00 g) | Froot Loops (24.00 g) | Froot Loops (24.00 g) | | | |
| Frosted Blueberry Pop Tart (38.00 g) | Frosted Mini Wheats (24.00 g) | Frosted Mini Wheats (24.00 g) | Frosted Mini Wheats (24.00 g) | Frosted Mini Wheats (24.00 g) | | | |
| Frosted Cinnamon Pop-Tart (38.00 g) | Lucky Charms (23.00 g) | Lucky Charms (23.00 g) | Lucky Charms (23.00 g) | Lucky Charms (23.00 g) | | | |
| Frosted Fudge Pop Tart (38.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | Muffins (30.50 g) | Multigrain Frosted Flakes Cereal (24.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | | | |
| Frosted Mini Wheats (24.00 g) | Powdered Mini Donuts (41.00 g) | Multigrain Frosted Flakes Cereal (24.00 g) | Powdered Mini Donuts (41.00 g) | Rice Chex Cereal (35.00 g) | | | |
| Frosted Strawberry Pop Tart (38.00 g) | Rice Chex Cereal (35.00 g) | Rice Chex Cereal (35.00 g) | Rice Chex Cereal (35.00 g) | Rice Krispies Cereal (23.29 g) | | | |
| Lucky Charms (23.00 g) | Rice Krispies Cereal (23.29 g) | Rice Krispies Cereal (23.29 g) | Rice Krispies Cereal (23.29 g) | Scooby Graham Sticks (10.63 g) | | | |
| Multigrain Frosted Flakes Cereal (24.00 g) | Trix Cereal Bar (30.00 g) | Toast, WG, POG (14.00 g) | Trix Cereal Bar (30.00 g) | Trix Cereal Bar (30.00 g) | | | |
| Rice Chex Cereal (35.00 g) | Trix Cereal reduced sugar (24.00 g) | Trix Cereal Bar (30.00 g) | Trix Cereal reduced sugar (24.00 g) | Trix Cereal reduced sugar (24.00 g) | | | |
| Rice Krispies Cereal (23.29 g) | Apple (13.95 g) | Trix Cereal reduced sugar (24.00 g) | Apple (13.95 g) | Banana (26.95 g) | | | |
| Toast, WG, POG (14.00 g) | Blueberries Frozen (12.58 g) | Mixed Fruit (17.33 g) | Mandarin Oranges (13.75 g) | Unsweetened Applesauce (14.38 g) | | | |
| Trix Cereal Bar (30.00 g) | Apple Juice (14.00 g) | Orange Smiles (15.66 g) | Apple Juice (14.00 g) | Apple Juice (14.00 g) | | | |
| Trix Cereal reduced sugar (24.00 g) | Orange Juice (14.00 g) | Apple Juice (14.00 g) | Orange Juice (14.00 g) | Orange Juice (14.00 g) | | | |
| Diced Bartlett Pears (12.75 g) | Strawberry Kiwi Juice (15.00 g) | Orange Juice (14.00 g) | Strawberry Kiwi Juice (15.00 g) | Strawberry Kiwi Juice (15.00 g) | | | |
| Fresh Oranges (11.28 g) | 1% Milk (13.00 g) | Strawberry Kiwi Juice (15.00 g) | 1% Milk (13.00 g) | 1% Milk (13.00 g) | | | |
| Apple Juice (14.00 g) | Chocolate Skim Milk (20.00 g) | 1% Milk (13.00 g) | Chocolate Skim Milk (20.00 g) | Chocolate Skim Milk (20.00 g) | | | |
| Orange Juice (14.00 g) | Skim Milk (13.00 g) | Chocolate Skim Milk (20.00 g) | Skim Milk (13.00 g) | Skim Milk (13.00 g) | | | |
| Strawberry Kiwi Juice (15.00 g) | Grape Jelly (8.89 g) | Skim Milk (13.00 g) | Grape Jelly (8.89 g) | Grape Jelly (8.89 g) | | | |
| 1% Milk (13.00 g) | Margarine Cup | Grape Jelly (8.89 g) | Margarine Cup | Margarine Cup | | | |
| Chocolate Skim Milk (20.00 g) | Salsa (3.00 g) | Margarine Cup | Salsa (3.00 g) | Salsa (3.00 g) | | | |
| | Strawberry Jelly (9.00 g) | Salsa (3.00 g) | Strawberry Jelly (9.00 g) | Strawberry Jelly (9.00 g) | | | |

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| 13 Jan | 14 Jan | 15 Jan | 16 Jan | 17 Jan |
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| Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Syrup Cups (29.00 g) | Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Syrup Cups (29.00 g) | Syrup Cups (29.00 g) |
| 20 Jan | 21 Jan | 22 Jan | 23 Jan | 24 Jan |
| Sausage & Cheese Biscuit (27.43 g) Cheddar String Cheese (1.00 g) String Cheese Apple Cinnamon Nutrigrain Breakfast Bar (30.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Strawberry Nutrigrain Breakfast Bar (30.00 g) Toast, WG, POG (14.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Pineapple Tidbits (16.43 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) | Cocoa Puff Filled Pastry (43.00 g) Animal Cookies (22.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Powdered Mini Donuts (41.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Blueberries Frozen (12.58 g) Fresh Oranges (11.28 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup | Cinnamon Creamy Cheese Mini Bagels (41.00 g) Strawberry Creamy Cheese Mini Bagels (41.00 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (15.00 g) Triple Cherry Yogurt (20.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Froot Loops (24.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Mandarin Oranges (13.75 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup | Ham, Egg and Cheese Bagel (35.00 g) Animal Cookies (22.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Powdered Mini Donuts (41.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Mandarin Oranges (13.75 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup | Glazed Donut Ring (45.31 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (15.00 g) Triple Cherry Yogurt (20.00 g) Chocolate Chip Gripz (21.00 g) Apple Jacks Cereal (24.00 g) Cereal, ready-to-eat, Frosted Mini-Wheats, bite size, bowlpak, WGR, 1 oz, Kelloggs (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Banana (26.95 g) Mixed Fruit (17.33 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) |

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| | 20 Jan | 21 Jan | 22 Jan | 23 Jan | 24 Jan |
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| | Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) |
| | 27 Jan | 28 Jan | 29 Jan | 30 Jan | 31 Jan |
| | Apple Frudel Stick (36.00 g) Cherry Frudel Stick (37.00 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Blueberry Pop Tart (38.00 g) Frosted Cinnamon Pop-Tart (38.00 g) Frosted Fudge Pop Tart (38.00 g) Frosted Mini Wheats (24.00 g) Frosted Strawberry Pop-Tart (38.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Original Graham Crackers (17.00 g) Rice Chex Cereal (35.00 g) Toast, WG, POG (14.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Diced Bartlett Pears (12.75 g) Orange Smiles (15.66 g) Apple Juice (14.00 g) | Bacon Breakfast Pizza (25.00 g) Animal Cookies (22.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Powdered Mini Donuts (41.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Blueberries Frozen (12.58 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup | French Toast Eggo Bites (37.00 g) Triple Berry Mini French Toast (36.92 g) Apple Cinnamon Nutrifrain Breakfast Bar (30.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Original Graham Crackers (17.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Strawberry Nutrifrain Breakfast Bar (30.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Banana (26.95 g) Diced Peaches (15.24 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) | Sausage, Egg & Cheese Biscuit (27.43 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Powdered Mini Donuts (41.00 g) Rice Krispies Cereal (23.29 g) Scooby Graham Sticks (10.63 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Fresh Oranges (11.28 g) Unsweetened Applesauce (14.38 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) | Cinnamon Toast Crunch Filled Pastry (40.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Creamy Cheese Mini Bagels (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Strawberry Creamy Cheese Mini Bagels (41.00 g) Toast, WG, POG (14.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Strawberries (6.87 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup |

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| 27 Jan | 28 Jan | 29 Jan | 30 Jan | 31 Jan |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------|---------------------------------------------------------------------|
| Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) | Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g) |

Carbohydrate values in grams follow the Menu Item name