

Menu Calendar Report - January, 2020

Generated on: 1/5/2020 3:12:43 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: Did You Know Café
 Menu Line: B-Café Classics

Monday		Tuesday		Wednesday		Thursday		Friday	
	30 Dec		31 Dec		1 Jan		2 Jan		3 Jan
	6 Jan		7 Jan		8 Jan		9 Jan		10 Jan
French Toast Sticks (27.90 g)	Chocolate Mini Donuts (41.00 g)	Double Berry Parfait (57.09 g)	Bacon Egg & Cheese Croissant (36.00 g)	Double Chocolate Chip Muffin (32.00 g)					
Sausage, Egg & Cheese Biscuit (27.43 g)	Egg & Cheese English Muffin (24.00 g)	Sausage Pancake Sandwich (27.76 g)	Chocolate Mini Donuts (41.00 g)	Glazed Donut Ring (45.31 g)					
Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.00 g)	Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.00 g)	Ham, Egg & Cheese English Muffin (24.00 g)					
String Cheese	Nanaberry Smoothie (40.51 g)	String Cheese	Animal Cookies (22.00 g)	Cheddar String Cheese (1.00 g)					
Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese					
Cheerios (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)					
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Cheerios (20.00 g)					
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)					
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Filled Pastry (40.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)					
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)					
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)					
Frosted Blueberry Pop Tart (38.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)					
Frosted Cinnamon Pop-Tart (38.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)					
Frosted Fudge Pop Tart (38.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)					
Frosted Mini Wheats (24.00 g)	Muffins (30.50 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)					
Frosted Strawberry Pop-Tart (38.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)					
Honey Nut Chex (27.90 g)	Original Graham Crackers (17.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)					
Lucky Charms (23.00 g)	Reese's Puffs (21.00 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)					
Multigrain Frosted Flakes Cereal (24.00 g)	Rice Chex Cereal (35.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)					
Reese's Puffs (21.00 g)	Rice Krispies Cereal (23.29 g)	Toast, WG, POG (14.00 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Toast, WG, POG (14.00 g)					
Rice Chex Cereal (35.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)					
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)					
Toast, WG, POG (14.00 g)	Apple (13.95 g)	Apple (13.95 g)	Apple (13.95 g)	Apple (13.95 g)					
Trix Cereal Bar (30.00 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)					
Trix Cereal reduced sugar (24.00 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Diced Peaches (15.24 g)	Fresh Oranges (11.28 g)					
Apple (13.95 g)	Unsweetened Applesauce (14.38 g)	Mandarin Oranges (13.75 g)	Fresh Oranges (11.28 g)	Strawberries, Frozen and Sliced (33.59 g)					
Banana (26.95 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)					
Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)					
Pineapple Tidbits (16.43 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)					
Apple Juice (14.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)					
	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)					

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6 Jan	7 Jan	8 Jan	9 Jan	10 Jan
Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)
13 Jan	14 Jan	15 Jan	16 Jan	17 Jan
Cocoa Puff Filled Pastry (43.00 g) Mixed Berry Smoothie (40.21 g) Cheddar String Cheese (1.00 g) Cheesy Eggs Country Pork Sausage Patty (0.42 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Muffins (30.50 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Toast, WG, POG (14.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Fresh Oranges (11.28 g)	Chocolate Mini Donuts (41.00 g) Dutch Waffle (45.42 g) Egg & Cheese English Muffin (24.00 g) Powdered Mini Donuts (41.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Scooby Graham Sticks (10.63 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Fresh Oranges (11.28 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g) Sausage Breakfast Pizza (26.00 g) Strawberry Creamy Cheese Mini Bagels (41.00 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Blueberry Pop Tart (38.00 g) Frosted Cinnamon Pop-Tart (38.00 g) Frosted Fudge Pop Tart (38.00 g) Frosted Mini Wheats (24.00 g) Frosted Strawberry Pop-Tart (38.00 g) Honey Nut Chex (27.90 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Toast, WG, POG (14.00 g)	Bacon Egg & Cheese Biscuit (27.00 g) Breakfast Tacos (47.32 g) Chocolate Mini Donuts (41.00 g) Powdered Mini Donuts (41.00 g) Animal Cookies (22.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Diced Peaches (15.24 g)	Egg & Cheese Bagel (35.00 g) Mini Cinnis (40.00 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Chocolate Mini Donuts (41.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Powdered Mini Donuts (41.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Toast, WG, POG (14.00 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g)

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	13 Jan	14 Jan	15 Jan	16 Jan	17 Jan
	Banana (26.95 g) Fresh Oranges (11.28 g) Pineapple Tidbits (16.43 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Unsweetened Applesauce (14.38 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Fresh Oranges (11.28 g) Mandarin Oranges (13.75 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Fresh Oranges (11.28 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Banana (26.95 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)
	20 Jan	21 Jan	22 Jan	23 Jan	24 Jan
	Cinnamon Roll (51.53 g) Sausage & Cheese Biscuit (27.43 g) Cheddar String Cheese (1.00 g) String Cheese Apple Frudel Stick (36.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cherry Frudel Stick (37.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g)	Chocolate Mini Donuts (41.00 g) French Toast Sticks (27.90 g) Powdered Mini Donuts (41.00 g) Strawberry Smoothie (32.66 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g)	Bacon, Egg & Gravy Flatbread (33.28 g) Banana Split Parfait (128.31 g) Chocolate Glazed Donut (41.97 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g)	Breakfast Burrito (48.85 g) Chocolate Mini Donuts (41.00 g) Ham & Swiss Bagel (36.00 g) Powdered Mini Donuts (41.00 g) Animal Cookies (22.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g)	Cinnamon UBR (44.00 g) Egg & Sausage English Muffin (24.43 g) Maple Mini Waffles (37.00 g) Mini Blueberry Waffles (35.00 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (15.00 g) Triple Cherry Yogurt (20.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g)

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	20 Jan	21 Jan	22 Jan	23 Jan	24 Jan
	Reese's Puffs (21.00 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
	Rice Chex Cereal (35.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Reese's Puffs (21.00 g)
	Rice Krispies Cereal (23.29 g)	Scooby Graham Sticks (10.63 g)	Toast, WG, POG (14.00 g)	Trix Cereal Bar (30.00 g)	Rice Chex Cereal (35.00 g)
	Toast, WG, POG (14.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Rice Krispies Cereal (23.29 g)
	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Apple (13.95 g)	Trix Cereal Bar (30.00 g)
	Trix Cereal reduced sugar (24.00 g)	Apple (13.95 g)	Apple (13.95 g)	Banana (26.95 g)	Trix Cereal reduced sugar (24.00 g)
	Apple (13.95 g)	Banana (26.95 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Apple (13.95 g)
	Banana (26.95 g)	Fresh Oranges (11.28 g)	Diced Bartlett Pears (12.75 g)	Pineapple Tidbits (16.43 g)	Banana (26.95 g)
	Fresh Oranges (11.28 g)	Green Seedless Grapes (16.42 g)	Fresh Oranges (11.28 g)	Apple Juice (14.00 g)	Fresh Oranges (11.28 g)
	Strawberries (6.87 g)	Red Seedless Grapes (16.42 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Unsweetened Applesauce (14.38 g)
	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Apple Juice (14.00 g)
	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Orange Juice (14.00 g)
	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Strawberry Kiwi Juice (15.00 g)
	1% Milk (13.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	1% Milk (13.00 g)
	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Grape Jelly (8.89 g)	Chocolate Skim Milk (20.00 g)
	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Grape Jelly (8.89 g)	Margarine Cup	Skim Milk (13.00 g)
	Grape Jelly (8.89 g)	Skim Milk (13.00 g)	Margarine Cup	Salsa (3.00 g)	Grape Jelly (8.89 g)
	Margarine Cup	Grape Jelly (8.89 g)	Salsa (3.00 g)	Strawberry Jelly (9.00 g)	Margarine Cup
	Salsa (3.00 g)	Margarine Cup	Strawberry Jelly (9.00 g)	Syrup Cups (29.00 g)	Salsa (3.00 g)
	Strawberry Jelly (9.00 g)	Salsa (3.00 g)	Syrup Cups (29.00 g)		Strawberry Jelly (9.00 g)
	Syrup Cups (29.00 g)	Strawberry Jelly (9.00 g)			Syrup Cups (29.00 g)
		Syrup Cups (29.00 g)			
	27 Jan	28 Jan	29 Jan	30 Jan	31 Jan
	Dutch Waffle (45.42 g)	Bacon Slices	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Chocolate Mini Donuts (41.00 g)	Apple Frudel Stick (36.00 g)
	Ham, Egg & Cheese Biscuit (27.00 g)	Chocolate Mini Donuts (41.00 g)	Sausage & Cheese Croissant (36.42 g)	Cinnamon Toast Crunch Filled Pastry (40.00 g)	Bacon Egg & Cheese Flatbread (28.00 g)
	Muffins (30.50 g)	Cinnamon UBR (44.00 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Powdered Mini Donuts (41.00 g)	Cherry Frudel Stick (37.00 g)
	Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.00 g)	Strawberry Fields Parfait (68.97 g)	Strawberry Banana Smoothie (47.10 g)	Mini Cinnis (40.00 g)
	Raspberry Rainbow Yogurt (15.00 g)	Scrambled Eggs	Cheddar String Cheese (1.00 g)	Apple Jacks Cereal (24.00 g)	Cheddar String Cheese (1.00 g)
	Strawberry Banana Bash Yogurt (15.00 g)	Animal Cookies (22.00 g)	String Cheese	Cheerios (20.00 g)	String Cheese
	String Cheese	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Apple Jacks Cereal (24.00 g)
	Triple Cherry Yogurt (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios (20.00 g)
	Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)
	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
		Froot Loops (24.00 g)			Froot Loops (24.00 g)

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Cocoa Puffs Cereal (25.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Froot Loops (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Muffins (30.50 g)	Lucky Charms (23.00 g)
Frosted Mini Wheats (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Honey Nut Chex (27.90 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Original Graham Crackers (17.00 g)	Reese's Puffs (21.00 g)
Lucky Charms (23.00 g)	Rice Chex Cereal (35.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Rice Chex Cereal (35.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)	Rice Krispies Cereal (23.29 g)
Reese's Puffs (21.00 g)	Toast, WG, POG (14.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Toast, WG, POG (14.00 g)
Rice Chex Cereal (35.00 g)	Trix Cereal Bar (30.00 g)	Toast, WG, POG (14.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Toast, WG, POG (14.00 g)	Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)	Apple (13.95 g)	Apple (13.95 g)
Trix Cereal Bar (30.00 g)	Banana (26.95 g)	Apple (13.95 g)	Banana (26.95 g)	Banana (26.95 g)
Trix Cereal reduced sugar (24.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)
Apple (13.95 g)	Mixed Fruit (17.33 g)	Diced Peaches (15.24 g)	Mandarin Oranges (13.75 g)	Strawberries, Frozen and Sliced (33.59 g)
Banana (26.95 g)	Apple Juice (14.00 g)	Fresh Oranges (11.28 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)
Diced Bartlett Pears (12.75 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)
Fresh Oranges (11.28 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)
1% Milk (13.00 g)	Grape Jelly (8.89 g)	Skim Milk (13.00 g)	Grape Jelly (8.89 g)	Grape Jelly (8.89 g)
Chocolate Skim Milk (20.00 g)	Margarine Cup	Grape Jelly (8.89 g)	Margarine Cup	Margarine Cup
Skim Milk (13.00 g)	Salsa (3.00 g)	Margarine Cup	Salsa (3.00 g)	Salsa (3.00 g)
Grape Jelly (8.89 g)	Strawberry Jelly (9.00 g)	Salsa (3.00 g)	Strawberry Jelly (9.00 g)	Strawberry Jelly (9.00 g)
Margarine Cup	Syrup Cups (29.00 g)	Strawberry Jelly (9.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)
Salsa (3.00 g)		Syrup Cups (29.00 g)		
Strawberry Jelly (9.00 g)				
Syrup Cups (29.00 g)				

Carbohydrate values in grams follow the Menu Item name