

Menu Calendar Report - December, 2019

Generated on: 12/2/2019 10:24:30 AM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: Taste4
 Menu Line: B-Café Classics

Monday		Tuesday		Wednesday		Thursday		Friday	
2 Dec		3 Dec		4 Dec		5 Dec		6 Dec	
Cinnamon UBR (44.00 g)		Bacon, Egg & Cheese English Muffin (24.00 g)		Bacon Breakfast Pizza (25.00 g)		Chocolate Mini Donuts (41.00 g)		Bacon Egg & Cheese Flatbread (28.00 g)	
Sausage & Cheese Croissant (36.42 g)		Chocolate Mini Donuts (41.00 g)		Buttermilk Pancakes (30.67 g)		Cinnamon Toast Crunch Filled Pastry (40.00 g)		Chocolate Mini Donuts (41.00 g)	
Self Service Waffle (44.71 g)		Muffins (30.50 g)		Cinnamon Creamy Cheese Mini Bagels (41.00 g)		Egg & Cheese Biscuit (27.00 g)		Double Berry Parfait (57.15 g)	
Cheddar String Cheese (1.00 g)		Powdered Mini Donuts (41.00 g)		Country Pork Sausage Patty (0.42 g)		Powdered Mini Donuts (41.00 g)		Ham & Egg Flatbread (25.61 g)	
String Cheese		Self Service Waffle (44.71 g)		Self Service Waffle (44.71 g)		Self Service Waffle (44.71 g)		Powdered Mini Donuts (41.00 g)	
Apple Jacks Cereal (24.00 g)		Strawberry Banana Smoothie (47.10 g)		Strawberry Creamy Cheese Mini Bagels (41.00 g)		Cheddar String Cheese (1.00 g)		Self Service Waffle (44.71 g)	
Cheerios (20.00 g)		Raspberry Rainbow Yogurt (15.00 g)		Apple Jacks Cereal (24.00 g)		String Cheese		Apple Jacks Cereal (24.00 g)	
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)		Strawberry Banana Bash Yogurt (15.00 g)		Cheerios (20.00 g)		Apple Jacks Cereal (24.00 g)		Cheerios (20.00 g)	
Cinnamon Toast Crunch Cereal Bar (30.00 g)		Triple Cherry Yogurt (20.00 g)		Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)		Cheerios (20.00 g)		Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	
Cocoa Puffs Cereal (25.00 g)		Apple Jacks Cereal (24.00 g)		Cinnamon Toast Crunch Cereal Bar (30.00 g)		Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)		Cinnamon Toast Crunch Cereal Bar (30.00 g)	
Cocoa Puffs Cereal Bar (30.00 g)		Cheerios (20.00 g)		Cocoa Puffs Cereal (25.00 g)		Cinnamon Toast Crunch Cereal Bar (30.00 g)		Cocoa Puffs Cereal (25.00 g)	
Froot Loops (24.00 g)		Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)		Cocoa Puffs Cereal Bar (30.00 g)		Cocoa Puffs Cereal (25.00 g)		Cocoa Puffs Cereal Bar (30.00 g)	
Frosted Mini Wheats (24.00 g)		Cinnamon Toast Crunch Cereal Bar (30.00 g)		Froot Loops (24.00 g)		Cocoa Puffs Cereal Bar (30.00 g)		Froot Loops (24.00 g)	
Homemade Apple Cinnamon Muffin (56.49 g)		Cocoa Puffs Cereal (25.00 g)		Honey Nut Chex (27.90 g)		Froot Loops (24.00 g)		Honey Nut Chex (27.90 g)	
Honey Nut Chex (27.90 g)		Cocoa Puffs Cereal Bar (30.00 g)		Lucky Charms (23.00 g)		Frosted Mini Wheats (24.00 g)		Lucky Charms (23.00 g)	
Lucky Charms (23.00 g)		Froot Loops (24.00 g)		Multigrain Frosted Flakes Cereal (24.00 g)		Honey Nut Chex (27.90 g)		Multigrain Frosted Flakes Cereal (24.00 g)	
Multigrain Frosted Flakes Cereal (24.00 g)		Frosted Mini Wheats (24.00 g)		Reese's Puffs (21.00 g)		Lucky Charms (23.00 g)		Original Graham Crackers (17.00 g)	
Reese's Puffs (21.00 g)		Honey Nut Chex (27.90 g)		Rice Krispies Cereal (23.29 g)		Multigrain Frosted Flakes Cereal (24.00 g)		Reese's Puffs (21.00 g)	
Rice Chex Cereal (35.00 g)		Lucky Charms (23.00 g)		Trix Cereal Bar (30.00 g)		Reese's Puffs (21.00 g)		Rice Krispies Cereal (23.29 g)	
Rice Krispies Cereal (23.29 g)		Multigrain Frosted Flakes Cereal (24.00 g)		Trix Cereal reduced sugar (24.00 g)		Rice Chex Cereal (35.00 g)		Trix Cereal Bar (30.00 g)	
Trix Cereal Bar (30.00 g)		Reese's Puffs (21.00 g)		Whole Wheat Toast (16.00 g)		Rice Krispies Cereal (23.29 g)		Trix Cereal reduced sugar (24.00 g)	
Trix Cereal reduced sugar (24.00 g)		Rice Chex Cereal (35.00 g)		Apple (13.95 g)		Trix Cereal Bar (30.00 g)		Apple (13.95 g)	
Apple (13.95 g)		Rice Krispies Cereal (23.29 g)		Banana (26.95 g)		Trix Cereal reduced sugar (24.00 g)		Banana (26.95 g)	
Banana (26.95 g)		Trix Cereal Bar (30.00 g)		Fresh Oranges (11.28 g)		Apple (13.95 g)		Fresh Oranges (11.28 g)	
Fresh Oranges (11.28 g)		Trix Cereal reduced sugar (24.00 g)		Unsweetened Applesauce (14.38 g)		Banana (26.95 g)		Mixed Fruit (17.33 g)	
Pineapple Tidbits (16.43 g)		Apple (13.95 g)		Apple Juice (14.00 g)		Diced Peaches (15.24 g)		Apple Juice (14.00 g)	
Apple Juice (14.00 g)		Banana (26.95 g)		Orange Juice (14.00 g)		Fresh Oranges (11.28 g)		Orange Juice (14.00 g)	
Orange Juice (14.00 g)		Diced Bartlett Pears (12.75 g)		Strawberry Kiwi Juice (15.00 g)		Strawberries (6.87 g)		Strawberry Kiwi Juice (15.00 g)	
Strawberry Kiwi Juice (15.00 g)		Fresh Oranges (11.28 g)		1% Milk (13.00 g)		Apple Juice (14.00 g)		1% Milk (13.00 g)	
1% Milk (13.00 g)		Mandarin Oranges (13.75 g)		Chocolate Skim Milk (20.00 g)		Orange Juice (14.00 g)		Chocolate Skim Milk (20.00 g)	
Chocolate Skim Milk (20.00 g)		Apple Juice (14.00 g)		Skim Milk (13.00 g)		Strawberry Kiwi Juice (15.00 g)		Skim Milk (13.00 g)	
Skim Milk (13.00 g)		Orange Juice (14.00 g)		Grape Jelly (8.89 g)		1% Milk (13.00 g)		Grape Jelly (8.89 g)	
Grape Jelly (8.89 g)				Margarine Cup		Chocolate Skim Milk (20.00 g)		Margarine Cup	

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	2 Dec	3 Dec	4 Dec	5 Dec	6 Dec
	Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)
	9 Dec	10 Dec	11 Dec	12 Dec	13 Dec
	Bagel w/Cream Cheese (37.28 g) Blueberry Muffin Homemade (55.31 g) Ham & Cheese English Muffin (24.00 g) Self Service Waffle (44.71 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Blueberries Frozen (12.58 g)	Chocolate Mini Donuts (41.00 g) Mixed Berry Smoothie (40.21 g) Muffins (30.50 g) Powdered Mini Donuts (41.00 g) Sausage Pancake Sandwich (27.76 g) Self Service Waffle (44.71 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Whole Wheat Toast (16.00 g) Apple (13.95 g) Banana (26.95 g)	Cheesy Eggs Cinnamon Roll (51.53 g) French Toast Sticks (37.21 g) Self Service Waffle (44.71 g) Strawberry Fields Parfait (69.09 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Original Graham Crackers (17.00 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Cinnamon Applesauce (15.95 g) Fresh Oranges (11.28 g)	Bacon Egg & Cheese Biscuit (27.00 g) Chocolate Mini Donuts (41.00 g) Dutch Waffle (45.42 g) Powdered Mini Donuts (41.00 g) Self Service Waffle (44.71 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (15.00 g) Triple Cherry Yogurt (20.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g) Trix Cereal reduced sugar (24.00 g) Apple (13.95 g)	Caramel Coffee Cooler (33.81 g) Chocolate Mini Donuts (41.00 g) Egg & Cheese Flatbread (28.00 g) Muffins (30.50 g) PB&J Smoothie (43.34 g) Powdered Mini Donuts (41.00 g) Sausage, Egg & Gravy Flatbread (28.51 g) Self Service Waffle (44.71 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Reese's Puffs (21.00 g) Rice Krispies Cereal (23.29 g) Trix Cereal Bar (30.00 g)

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Fresh Oranges (11.28 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Diced Peaches (15.24 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Banana (26.95 g) Fresh Oranges (11.28 g) Green Seedless Grapes (16.42 g) Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)	Trix Cereal reduced sugar (24.00 g) Apple (13.95 g) Banana (26.95 g) Diced Bartlett Pears (12.75 g) Fresh Oranges (11.28 g) Apple Juice (14.00 g) Orange Juice (14.00 g) Strawberry Kiwi Juice (15.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g) Grape Jelly (8.89 g) Margarine Cup Salsa (3.00 g) Strawberry Jelly (9.00 g) Syrup Cups (29.00 g)
16 Dec	17 Dec	18 Dec	19 Dec	20 Dec
Bacon Egg & Cheese Croissant (36.00 g) Glazed Donut Ring (45.31 g) Homemade Apple Cinnamon Muffin (56.49 g) Self Service Waffle (44.71 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g) Original Graham Crackers (17.00 g) Reese's Puffs (21.00 g) Rice Chex Cereal (35.00 g)	Chocolate Mini Donuts (41.00 g) Muffins (30.50 g) Powdered Mini Donuts (41.00 g) Sausage & Cheese English Muffin (24.43 g) Self Service Waffle (44.71 g) Strawberry Pineapple Smoothie (35.59 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g)	Baked Biscuit (27.00 g) Blueberry Patch Parfait (45.21 g) Cheesy Egg patty Cocoa Puff Filled Pastry (43.00 g) Self Service Waffle (44.71 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g) Honey Nut Chex (27.90 g) Lucky Charms (23.00 g) Multigrain Frosted Flakes Cereal (24.00 g)	Breakfast Burrito (48.85 g) Chocolate Chip French Toast Eggo Bites (35.00 g) Chocolate Mini Donuts (41.00 g) French Toast Eggo Bites (37.00 g) Powdered Mini Donuts (41.00 g) Self Service Waffle (44.71 g) Triple Berry Mini French Toast (36.92 g) Raspberry Rainbow Yogurt (15.00 g) Strawberry Banana Bash Yogurt (15.00 g) Triple Cherry Yogurt (20.00 g) Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g)	Bacon, Egg & Gravy Flatbread (33.28 g) Chocolate Mini Donuts (41.00 g) Egg & Sausage Flatbread (28.43 g) Muffins (30.50 g) Powdered Mini Donuts (41.00 g) Self Service Waffle (44.71 g) Strawberry Smoothie (32.66 g) Cheddar String Cheese (1.00 g) String Cheese Apple Jacks Cereal (24.00 g) Cheerios (20.00 g) Cinnamon Toast Crunch Cereal reduced sugar (22.00 g) Cinnamon Toast Crunch Cereal Bar (30.00 g) Cocoa Puffs Cereal (25.00 g) Cocoa Puffs Cereal Bar (30.00 g) Froot Loops (24.00 g) Frosted Mini Wheats (24.00 g)

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16 Dec	17 Dec	18 Dec	19 Dec	20 Dec
Rice Krispies Cereal (23.29 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Frosted Mini Wheats (24.00 g)	Honey Nut Chex (27.90 g)
Trix Cereal Bar (30.00 g)	Rice Chex Cereal (35.00 g)	Rice Chex Cereal (35.00 g)	Honey Nut Chex (27.90 g)	Lucky Charms (23.00 g)
Trix Cereal reduced sugar (24.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Lucky Charms (23.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Apple (13.95 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Reese's Puffs (21.00 g)
Banana (26.95 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Reese's Puffs (21.00 g)	Rice Chex Cereal (35.00 g)
Fresh Oranges (11.28 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Rice Chex Cereal (35.00 g)	Rice Krispies Cereal (23.29 g)
Mandarin Oranges (13.75 g)	Apple (13.95 g)	Banana (26.95 g)	Rice Krispies Cereal (23.29 g)	Trix Cereal Bar (30.00 g)
Apple Juice (14.00 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)
Orange Juice (14.00 g)	Blueberries Frozen (12.58 g)	Unsweetened Applesauce (14.38 g)	Trix Cereal reduced sugar (24.00 g)	Apple (13.95 g)
Strawberry Kiwi Juice (15.00 g)	Diced Bartlett Pears (12.75 g)	Apple Juice (14.00 g)	Apple (13.95 g)	Banana (26.95 g)
1% Milk (13.00 g)	Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)
Chocolate Skim Milk (20.00 g)	Apple Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Fresh Oranges (11.28 g)	Mixed Fruit (17.33 g)
Skim Milk (13.00 g)	Orange Juice (14.00 g)	1% Milk (13.00 g)	Green Seedless Grapes (16.42 g)	Apple Juice (14.00 g)
Grape Jelly (8.89 g)	Strawberry Kiwi Juice (15.00 g)	Chocolate Skim Milk (20.00 g)	Red Seedless Grapes (16.42 g)	Orange Juice (14.00 g)
Margarine Cup	1% Milk (13.00 g)	Skim Milk (13.00 g)	Strawberries (6.87 g)	Strawberry Kiwi Juice (15.00 g)
Salsa (3.00 g)	Chocolate Skim Milk (20.00 g)	Grape Jelly (8.89 g)	Apple Juice (14.00 g)	1% Milk (13.00 g)
Strawberry Jelly (9.00 g)	Skim Milk (13.00 g)	Margarine Cup	Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)
Syrup Cups (29.00 g)	Grape Jelly (8.89 g)	Salsa (3.00 g)	Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)
	Margarine Cup	Strawberry Jelly (9.00 g)	1% Milk (13.00 g)	Grape Jelly (8.89 g)
	Salsa (3.00 g)	Syrup Cups (29.00 g)	Chocolate Skim Milk (20.00 g)	Margarine Cup
	Strawberry Jelly (9.00 g)		Skim Milk (13.00 g)	Salsa (3.00 g)
	Syrup Cups (29.00 g)		Grape Jelly (8.89 g)	Strawberry Jelly (9.00 g)
			Margarine Cup	Syrup Cups (29.00 g)
			Salsa (3.00 g)	
			Strawberry Jelly (9.00 g)	
			Syrup Cups (29.00 g)	
23 Dec	24 Dec	25 Dec	26 Dec	27 Dec
30 Dec	31 Dec	1 Jan	2 Jan	3 Jan

Carbohydrate values in grams follow the Menu Item name