

Menu Calendar Report - December, 2019

Generated on: 11/20/2019 2:11:57 PM by Shannon Sintek

Site: ALL
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event (II-Play)

Monday		Tuesday		Wednesday		Thursday		Friday	
2 Dec		3 Dec		4 Dec		5 Dec		6 Dec	
Cheese Pizza Square (35.00 g)	Chicken Ranch Wrap (39.81 g)	Banana Split Parfait (128.31 g)	Cheeseburger (34.00 g)	Cheddar Cheese Quesadilla (25.01 g)	Fruit Bowl (79.65 g)	Beef and Cheese Nachos (35.64 g)	Blueberry Patch Parfait (81.12 g)	Beef Fiesta Salad w/Chips (41.19 g)	Mini Corn Dogs (29.84 g)
Ham, Cheese and Cracker Kidzable (50.32 g)	Popcorn Chicken (15.51 g)	Cheesy Bread Pizza (30.00 g)	Pepperoni and Cheddar Kidzables (42.97 g)	Golden Chicken Nuggets (12.54 g)	Ham & Cheese Sub (31.00 g)	Chicken BLT Salad (20.17 g)	Cinnamon Roll Kidzables (81.59 g)	Turkey & Cheese Sandwich (32.75 g)	Cheesy Egg patty
Popcorn Chicken Salad (20.76 g)	Dinner Roll (20.00 g)	Chef Salad (5.48 g)	Bagel w/Cream Cheese (37.28 g)	Turkey Kidzables (48.70 g)	Bug Bites (21.26 g)	Hot Ham and Cheese Sandwich (31.00 g)	Dinner Roll (20.00 g)	French Toast Sticks (37.21 g)	Green Seedless Grapes (16.42 g)
Soft Pretzel (30.00 g)	Apple (13.95 g)	Fresh Oranges (11.28 g)	Fresh Pears (27.11 g)	Banana (26.95 g)	Unsweetened Applesauce (14.38 g)	Mixed Fruit (17.33 g)	Strawberries (6.87 g)	Orange Smiles (15.66 g)	Red Seedless Grapes (16.42 g)
Pineapple Tidbits (16.43 g)	Baby Carrots (5.98 g)	Baby Carrots (5.98 g)	Celery Sticks (1.92 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Baby Carrots (5.98 g)	Bean Refried Beans W/Cheese (21.67 g)	All American Deli Roasters (24.41 g)	Celery Sticks (1.92 g)
Baby Carrots (5.98 g)	Fresh Broccoli Florets (2.12 g)	Fresh Spinach (2.54 g)	Marinara Sauce (5.59 g)	Strawberry Kiwi Juice (15.00 g)	Cucumber Coins (2.23 g)	Bean Refried Beans W/Cheese (21.67 g)	Cauliflower (2.66 g)	Cherry Tomato (3.89 g)	Cherry Tomato (3.89 g)
Green Peas (9.13 g)	Mixed Salad Greens (2.51 g)	Mixed Salad Greens (2.51 g)	Mixed Salad Greens (2.51 g)	Cucumber Coins (2.23 g)	Emoji Fries (22.50 g)	Fresh Spinach (2.54 g)	Fresh Spinach (2.54 g)	Cucumber Coins (2.23 g)	Cucumber Coins (2.23 g)
Mixed Salad Greens (2.51 g)	Steamed Corn (16.41 g)	Tater Tots (15.97 g)	Tater Tots (15.97 g)	Emoji Fries (22.50 g)	Fresh Broccoli Florets (2.12 g)	Mixed Salad Greens (2.51 g)	Mixed Salad Greens (2.51 g)	Mixed Salad Greens (2.51 g)	Mixed Salad Greens (2.51 g)
Steamed Corn (16.41 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	Fresh Broccoli Florets (2.12 g)	Mixed Salad Greens (2.51 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)
1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Mixed Salad Greens (2.51 g)	Red Bell Pepper Strips (2.97 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Red Bell Pepper Strips (2.97 g)	1% Milk (13.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)
Skim Milk (13.00 g)	Barbecue Sauce Dispenser (9.00 g)	Barbecue Sauce Dispenser (9.00 g)	Barbecue Sauce Dispenser (9.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Barbecue Sauce Dispenser (9.00 g)	Barbecue Sauce Dispenser (9.00 g)	Barbecue Sauce Dispenser (9.00 g)	Barbecue Sauce Dispenser (9.00 g)
Barbecue Sauce Dispenser (9.00 g)	Caesar Salad Dressing (1.00 g)	Caesar Salad Dressing (1.00 g)	Caesar Salad Dressing (1.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Caesar Salad Dressing (1.00 g)	Caesar Salad Dressing (1.00 g)	Caesar Salad Dressing (1.00 g)	Caesar Salad Dressing (1.00 g)
Caesar Salad Dressing (1.00 g)	Chicken Gravy (4.05 g)	Chicken Gravy (4.05 g)	Chicken Gravy (4.05 g)	Skim Milk (13.00 g)	Barbecue Sauce Dispenser (9.00 g)	Chicken Gravy (4.05 g)	Chicken Gravy (4.05 g)	Chicken Gravy (4.05 g)	Chicken Gravy (4.05 g)
Chicken Gravy (4.05 g)	Dorothy Lynch (7.00 g)	Dorothy Lynch (7.00 g)	Dorothy Lynch (7.00 g)	Barbecue Sauce Dispenser (9.00 g)	Chocolate Skim Milk (20.00 g)	Dorothy Lynch (7.00 g)	Dorothy Lynch (7.00 g)	Dorothy Lynch (7.00 g)	Dorothy Lynch (7.00 g)
Dorothy Lynch (7.00 g)	Italian Salad Dressing (1.50 g)	Italian Salad Dressing (1.50 g)	Italian Salad Dressing (1.50 g)	Caesar Salad Dressing (1.00 g)	Barbecue Sauce Dispenser (9.00 g)	Italian Salad Dressing (1.50 g)	Italian Salad Dressing (1.50 g)	Italian Salad Dressing (1.50 g)	Italian Salad Dressing (1.50 g)
Italian Salad Dressing (1.50 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Chicken Gravy (4.05 g)	Chocolate Skim Milk (20.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)	Ketchup (5.00 g)
Ketchup (5.00 g)	Margarine Cup	Margarine Cup	Margarine Cup	Dorothy Lynch (7.00 g)	Caesar Salad Dressing (1.00 g)	Margarine Cup	Margarine Cup	Margarine Cup	Margarine Cup
Margarine Cup	Mayonnaise Packet	Mayonnaise Packet	Mayonnaise Packet	Italian Salad Dressing (1.50 g)	Chicken Gravy (4.05 g)	Mayonnaise Packet	Mayonnaise Packet	Mayonnaise Packet	Mayonnaise Packet
Mayonnaise Packet	Mayonnaise Pump (2.00 g)	Mayonnaise Pump (2.00 g)	Mayonnaise Pump (2.00 g)	Ketchup (5.00 g)	Dorothy Lynch (7.00 g)	Mayonnaise Pump (2.00 g)	Mayonnaise Pump (2.00 g)	Mayonnaise Pump (2.00 g)	Mayonnaise Pump (2.00 g)
Mayonnaise Pump (2.00 g)	Mustard Packets	Mustard Packets	Mustard Packets	Italian Salad Dressing (1.50 g)	Caesar Salad Dressing (1.00 g)	Mustard Packets	Mustard Packets	Mustard Packets	Mustard Packets
Mustard Packets	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Mayonnaise Packet	Barbecue Sauce Dispenser (9.00 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)	Ranch Dressing (0.50 g)
Ranch Dressing (0.50 g)	Salsa (3.00 g)	Salsa (3.00 g)	Salsa (3.00 g)	Mayonnaise Pump (2.00 g)	Chocolate Skim Milk (20.00 g)	Salsa (3.00 g)	Salsa (3.00 g)	Salsa (3.00 g)	Salsa (3.00 g)
Salsa (3.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)	Margarine Cup	Caesar Salad Dressing (1.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)	Syrup Cups (29.00 g)
Syrup Cups (29.00 g)	Tartar Sauce Packets (1.00 g)	Tartar Sauce Packets (1.00 g)	Tartar Sauce Packets (1.00 g)	Mayonnaise Packet	Barbecue Sauce Dispenser (9.00 g)	Tartar Sauce Packets (1.00 g)	Tartar Sauce Packets (1.00 g)	Tartar Sauce Packets (1.00 g)	Tartar Sauce Packets (1.00 g)
Tartar Sauce Packets (1.00 g)	Yellow Mustard	Yellow Mustard	Yellow Mustard	Mayonnaise Pump (2.00 g)	Chocolate Skim Milk (20.00 g)	Yellow Mustard	Yellow Mustard	Yellow Mustard	Yellow Mustard
Yellow Mustard				Mustard Packets	Caesar Salad Dressing (1.00 g)				
				Ranch Dressing (0.50 g)	Barbecue Sauce Dispenser (9.00 g)				
				Mayonnaise Pump (2.00 g)	Chocolate Skim Milk (20.00 g)				
				Margarine Cup	Caesar Salad Dressing (1.00 g)				
				Mayonnaise Packet	Barbecue Sauce Dispenser (9.00 g)				
				Mustard Packets	Chocolate Skim Milk (20.00 g)				
				Ranch Dressing (0.50 g)	Caesar Salad Dressing (1.00 g)				
				Salsa (3.00 g)	Barbecue Sauce Dispenser (9.00 g)				
				Syrup Cups (29.00 g)	Chocolate Skim Milk (20.00 g)				
				Tartar Sauce Packets (1.00 g)	Caesar Salad Dressing (1.00 g)				
				Yellow Mustard	Barbecue Sauce Dispenser (9.00 g)				
					Chocolate Skim Milk (20.00 g)				
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					Caesar Salad Dressing (1.00 g)				
					Barbecue Sauce Dispenser (9.00 g)				

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Site: ALL
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event (II-Play)

Monday		Tuesday		Wednesday		Thursday		Friday	
	9 Dec		10 Dec		11 Dec		12 Dec		13 Dec
Breaded Chicken Sandwich (42.00 g)		Toasted Cheese Sandwich (32.00 g)		Frito Pie (62.24 g)		Strawberry Banana Parfait (97.03 g)		American Sub (31.50 g)	
Ham Kidzables (31.98 g)		Double Berry Parfait (93.07 g)		Fruit Bowl (79.65 g)		Turkey Breast Carving Station		Beef Fiesta Salad w/Chips (41.19 g)	
Pepperoni Pizza Square (35.00 g)		Hamburger (34.00 g)		Golden Chicken Nuggets (12.54 g)		Cookies (18.00 g)		Breaded Mozzarella Sticks (35.00 g)	
Popcorn Chicken Salad (20.76 g)		Pepperoni and Cheddar Kidzables (42.97 g)		Mandarin Chicken Salad (23.03 g)		Top Mini Sub Roll (29.00 g)		Pepperoni Pizza Kidzables	
Sunbutter and Jelly Sandwich (55.02 g)		Chef Salad (5.48 g)		Turkey Kidzables (48.70 g)		Mixed Fruit (17.33 g)		Cheesy Egg patty	
Dinner Roll (20.00 g)		Bagel w/Cream Cheese (37.28 g)		Dinner Roll (20.00 g)		Strawberries (6.87 g)		Dutch Waffle (45.42 g)	
Apple (13.95 g)		Diced Bartlett Pears (12.75 g)		Muffins (30.50 g)		Baby Carrots (5.98 g)		Apple (13.95 g)	
Diced Peaches (15.24 g)		Fresh Oranges (11.28 g)		Banana (26.95 g)		Cucumber Coins (2.23 g)		Pineapple Tidbits (16.43 g)	
Baby Carrots (5.98 g)		Cherry Tomato (3.89 g)		Unsweetened Applesauce (14.38 g)		Mixed Salad Greens (2.51 g)		Baby Carrots (5.98 g)	
Baked Beans (43.07 g)		Classic Tomato Soup (7.32 g)		Apple Juice (14.00 g)		Roasted Green Beans (5.11 g)		Cauliflower (2.66 g)	
Cauliflower (2.66 g)		Cucumber Coins (2.23 g)		Orange Juice (14.00 g)		Whipped Potatoes (15.00 g)		Fresh Broccoli Florets (2.12 g)	
Celery Sticks (1.92 g)		Fresh Broccoli Florets (2.12 g)		Strawberry Kiwi Juice (15.00 g)		1% Milk (13.00 g)		Marinara Sauce (5.59 g)	
Mixed Salad Greens (2.51 g)		Mixed Salad Greens (2.51 g)		Cauliflower (2.66 g)		Chocolate Skim Milk (20.00 g)		Mixed Salad Greens (2.51 g)	
1% Milk (13.00 g)		Spiral French Fries (21.92 g)		Celery Sticks (1.92 g)		Skim Milk (13.00 g)		Roasted Green Beans (5.11 g)	
Chocolate Skim Milk (20.00 g)		1% Milk (13.00 g)		Mixed Salad Greens (2.51 g)		Barbecue Sauce Dispenser (9.00 g)		1% Milk (13.00 g)	
Skim Milk (13.00 g)		Chocolate Skim Milk (20.00 g)		Red Bell Pepper Strips (2.97 g)		Caesar Salad Dressing (1.00 g)		Chocolate Skim Milk (20.00 g)	
Barbecue Sauce Dispenser (9.00 g)		Skim Milk (13.00 g)		Steamed Corn (16.41 g)		Chicken Gravy (4.05 g)		Skim Milk (13.00 g)	
Caesar Salad Dressing (1.00 g)		Barbecue Sauce Dispenser (9.00 g)		1% Milk (13.00 g)		Dorothy Lynch (7.00 g)		Strawberry Skim Milk (19.00 g)	
Chicken Gravy (4.05 g)		Caesar Salad Dressing (1.00 g)		Chocolate Skim Milk (20.00 g)		Italian Salad Dressing (1.50 g)		Barbecue Sauce Dispenser (9.00 g)	
Dorothy Lynch (7.00 g)		Chicken Gravy (4.05 g)		Skim Milk (13.00 g)		Ketchup (5.00 g)		Caesar Salad Dressing (1.00 g)	
Italian Salad Dressing (1.50 g)		Dorothy Lynch (7.00 g)		Barbecue Sauce Dispenser (9.00 g)		Margarine Cup		Chicken Gravy (4.05 g)	
Ketchup (5.00 g)		Italian Salad Dressing (1.50 g)		Caesar Salad Dressing (1.00 g)		Mayonnaise Packet		Dorothy Lynch (7.00 g)	
Margarine Cup		Ketchup (5.00 g)		Chicken Gravy (4.05 g)		Mayonnaise Pump (2.00 g)		Italian Salad Dressing (1.50 g)	
Mayonnaise Packet		Margarine Cup		Dorothy Lynch (7.00 g)		Mustard Packets		Ketchup (5.00 g)	
Mayonnaise Pump (2.00 g)		Mayonnaise Packet		Italian Salad Dressing (1.50 g)		Ranch Dressing (0.50 g)		Margarine Cup	
Mustard Packets		Mayonnaise Pump (2.00 g)		Ketchup (5.00 g)		Salsa (3.00 g)		Mayonnaise Packet	
Ranch Dressing (0.50 g)		Mustard Packets		Margarine Cup		Syrup Cups (29.00 g)		Mayonnaise Pump (2.00 g)	
Salsa (3.00 g)		Ranch Dressing (0.50 g)		Mayonnaise Packet		Tartar Sauce Packets (1.00 g)		Mustard Packets	
Syrup Cups (29.00 g)		Salsa (3.00 g)		Mayonnaise Pump (2.00 g)		Yellow Mustard		Ranch Dressing (0.50 g)	
Tartar Sauce Packets (1.00 g)		Syrup Cups (29.00 g)		Mustard Packets				Salsa (3.00 g)	
Yellow Mustard		Tartar Sauce Packets (1.00 g)		Ranch Dressing (0.50 g)				Syrup Cups (29.00 g)	
		Yellow Mustard		Salsa (3.00 g)				Tartar Sauce Packets (1.00 g)	
				Syrup Cups (29.00 g)				Yellow Mustard	
				Tartar Sauce Packets (1.00 g)					
				Yellow Mustard					

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Site: ALL
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Monday		Tuesday		Wednesday		Thursday		Friday	
	16 Dec		17 Dec		18 Dec		19 Dec		20 Dec
Cheese Pizza Square (35.00 g)		Blueberry Patch Parfait (81.12 g)		Chicken Caesar Salad (27.78 g)		Banana Split Parfait (128.31 g)		Beef Fiesta Salad w/Chips (41.19 g)	
Ham, Cheese and Cracker Kidzable (50.32 g)		Buttermilk Pancakes (30.67 g)		Fruit Bowl (79.65 g)		Chicken BLT Salad (20.17 g)		Beef Hot Dog (34.04 g)	
Italian Sub (32.01 g)		Cheeseburger (34.00 g)		Golden Chicken Nuggets (12.54 g)		Cinnamon Roll Kidzables (81.59 g)		Cheesy Bread Pizza (30.00 g)	
Orange Chicken Nuggets (30.54 g)		Cheesy Egg patty		Meatball Sub (38.08 g)		Crispito & Cheese Sauce (23.95 g)		Pepperoni Pizza Kidzables	
Popcorn Chicken Salad (20.76 g)		Pepperoni and Cheddar Kidzables (42.97 g)		Turkey Kidzables (48.70 g)		Pepperoni Grilled Cheese (32.00 g)		Turkey & Cheese Sandwich (32.75 g)	
Brown Rice (24.30 g)		Chef Salad (5.48 g)		Bug Bites (21.26 g)		Dinner Roll (20.00 g)		Apple (13.95 g)	
Dinner Roll (20.00 g)		Bagel w/Cream Cheese (37.28 g)		Dinner Roll (20.00 g)		Tortilla Chips (16.83 g)		Mixed Fruit (17.33 g)	
Diced Peaches (15.24 g)		Apple (13.95 g)		Banana (26.95 g)		Diced Bartlett Pears (12.75 g)		Baby Carrots (5.98 g)	
Fresh Oranges (11.28 g)		Strawberries (6.87 g)		Unsweetened Applesauce (14.38 g)		Green Seedless Grapes (16.42 g)		Celery Sticks (1.92 g)	
Baby Carrots (5.98 g)		Baked French Fries (17.42 g)		Apple Juice (14.00 g)		Red Seedless Grapes (16.42 g)		Fresh Spinach (2.54 g)	
Baby Spinach (1.29 g)		Cauliflower (2.66 g)		Orange Juice (14.00 g)		Baby Carrots (5.98 g)		Marinara Sauce (5.59 g)	
California Blend (5.22 g)		Cucumber Coins (2.23 g)		Strawberry Kiwi Juice (15.00 g)		Bean Refried Beans W/Cheese (21.67 g)		Mixed Salad Greens (2.51 g)	
Celery Sticks (1.92 g)		Fresh Broccoli Florets (2.12 g)		Baby Carrots (5.98 g)		Cucumber Coins (2.23 g)		Sweet Potato Fries (23.34 g)	
Mixed Salad Greens (2.51 g)		Mixed Salad Greens (2.51 g)		Celery Sticks (1.92 g)		Fresh Broccoli Florets (2.12 g)		1% Milk (13.00 g)	
1% Milk (13.00 g)		1% Milk (13.00 g)		Mixed Salad Greens (2.51 g)		Mixed Salad Greens (2.51 g)		Chocolate Skim Milk (20.00 g)	
Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)		Red Bell Pepper Strips (1.49 g)		1% Milk (13.00 g)		Skim Milk (13.00 g)	
Skim Milk (13.00 g)		Skim Milk (13.00 g)		Whipped Potatoes (15.00 g)		Chocolate Skim Milk (20.00 g)		Strawberry Skim Milk (19.00 g)	
Barbecue Sauce Dispenser (9.00 g)		Barbecue Sauce Dispenser (9.00 g)		1% Milk (13.00 g)		Skim Milk (13.00 g)		Barbecue Sauce Dispenser (9.00 g)	
Caesar Salad Dressing (1.00 g)		Caesar Salad Dressing (1.00 g)		Chocolate Skim Milk (20.00 g)		Barbecue Sauce Dispenser (9.00 g)		Caesar Salad Dressing (1.00 g)	
Chicken Gravy (4.05 g)		Chicken Gravy (4.05 g)		Skim Milk (13.00 g)		Caesar Salad Dressing (1.00 g)		Chicken Gravy (4.05 g)	
Dorothy Lynch (7.00 g)		Dorothy Lynch (7.00 g)		Barbecue Sauce Dispenser (9.00 g)		Chicken Gravy (4.05 g)		Dorothy Lynch (7.00 g)	
Italian Salad Dressing (1.50 g)		Italian Salad Dressing (1.50 g)		Caesar Salad Dressing (1.00 g)		Dorothy Lynch (7.00 g)		Italian Salad Dressing (1.50 g)	
Ketchup (5.00 g)		Ketchup (5.00 g)		Chicken Gravy (2.02 g)		Italian Salad Dressing (1.50 g)		Ketchup (5.00 g)	
Margarine Cup		Margarine Cup		Dorothy Lynch (7.00 g)		Ketchup (5.00 g)		Margarine Cup	
Mayonnaise Packet		Mayonnaise Packet		Italian Salad Dressing (1.50 g)		Margarine Cup		Mayonnaise Packet	
Mayonnaise Pump (2.00 g)		Mayonnaise Pump (2.00 g)		Ketchup (5.00 g)		Mayonnaise Packet		Mayonnaise Pump (2.00 g)	
Mustard Packets		Mustard Packets		Margarine Cup		Mayonnaise Pump (2.00 g)		Mustard Packets	
Ranch Dressing (0.50 g)		Ranch Dressing (0.50 g)		Mayonnaise Packet		Mustard Packets		Ranch Dressing (0.50 g)	
Salsa (3.00 g)		Salsa (3.00 g)		Mayonnaise Pump (2.00 g)		Ranch Dressing (0.50 g)		Salsa (3.00 g)	
Syrup Cups (29.00 g)		Syrup Cups (29.00 g)		Mustard Packets		Salsa (3.00 g)		Syrup Cups (29.00 g)	
Tartar Sauce Packets (1.00 g)		Tartar Sauce Packets (1.00 g)		Ranch Dressing (0.50 g)		Syrup Cups (29.00 g)		Tartar Sauce Packets (1.00 g)	
Yellow Mustard		Yellow Mustard		Salsa (3.00 g)		Tartar Sauce Packets (1.00 g)		Yellow Mustard	
				Syrup Cups (29.00 g)		Yellow Mustard			
				Tartar Sauce Packets (1.00 g)					
				Yellow Mustard					

Menu Calendar Report - December, 2019

Generated on: 11/20/2019 2:11:57 PM by Shannon Sintek

Site: ALL
 Meal Type: Lunch
 Site Group: The Clubhouse
 Menu Line: CH-Main Event (II-Play)

Monday		Tuesday		Wednesday		Thursday		Friday	
	23 Dec		24 Dec		25 Dec		26 Dec		27 Dec
	30 Dec		31 Dec		1 Jan		2 Jan		3 Jan

Carbohydrate values in grams follow the Menu Item name