Menu Calendar Report - October, 2019

Generated on: 9/25/2019 12:39:06 PM by Shannon Sintek

Site: ALL
Meal Type: Lunch
Site Group: Did You Know Café
Menu Line: Garden Bar

Monday	Tuesday	Wednesday	Thursday	Friday
30 Sep Apple (13.95 g) Blueberries Frozen (12.58 g) Cinnamon and Sugar Sliced Apples (12.21 g) Baby Carrots (5.98 g) Celery Sticks (1.92 g) Chilled Black Beans (15.55 g) Fresh Broccoli Florets (2.12 g) Hashbrowns (40.50 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**1 Oct** Green Seedless Grapes (16.42 g) Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) All American Deli Roasters (24.41 g) Baby Carrots (5.98 g) Cauliflower (2.66 g) Mixed Salad Greens (1.04 g) Roasted Green Beans (5.11 g) Zucchini Coins (2.03 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**2 Oct** Banana (26.95 g) Jell O Cherry Fruit Mix (19.47 g) Unsweetened Applesauce (14.38 g) Au Gratin Potatoes (44.00 g) Baby Carrots (5.98 g) Baby Spinach (1.29 g) Chilled Corn (16.41 g) Mixed Salad Greens (1.04 g) Seasoned Carrot Coins (7.47 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**3 Oct** Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.98 g) California Blend (5.22 g) Celery Sticks (1.92 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Sweet Potato Fries (23.34 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**4 Oct** Banana (26.95 g) Diced Peaches (15.24 g) Baby Carrots (5.98 g) Blue Ribbon Slaw (10.38 g) Fresh Broccoli Florets (2.12 g) Italian Mashed Potatoes (15.38 g) Mixed Salad Greens (1.04 g) Potato Salad (28.00 g) Roasted Green Beans (5.11 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)
7 Oct Blueberries Frozen (12.58 g) Fresh Oranges (11.28 g) All American Deli Roasters (24.41 g) Baby Carrots (5.98 g) Blue Ribbon Slaw (10.38 g) Celery Sticks (1.92 g) Chilled Black Beans (15.55 g) Edamame (7.35 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**8 Oct** Green Seedless Grapes (16.42 g) Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.98 g) Cucumber Coins (2.23 g) Fresh Broccoli Florets (2.12 g) Hashbrowns (40.50 g) Mixed Salad Greens (1.04 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**9 Oct** Apple Crisp (25.20 g) Banana (26.95 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.98 g) Baby Spinach (1.29 g) Baked French Fries (17.42 g) Mixed Salad Greens (1.04 g) Roasted Green Beans (5.11 g) Zucchini Coins (2.03 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**10 Oct** Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.98 g) California Blend (5.22 g) Cauliflower (2.66 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Scalloped Potatoes (23.75 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**11 Oct** Pasta Salad w/ Veggies (18.76 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Baby Carrots (5.98 g) Cherry Tomato (3.89 g) Emoji Fries (22.50 g) Green Bell Pepper Strips (1.14 g) Green Peas (9.13 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)
14 Oct Apple (13.95 g) Blueberries Frozen (12.58 g) All American Deli Roasters (24.41 g) Baby Carrots (5.98 g) Celery Sticks (1.92 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Potato Salad (28.00 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**15 Oct** Fresh Oranges (11.28 g) Mixed Fruit (17.33 g) Baby Carrots (5.98 g) Baby Spinach (1.29 g) Cucumber Coins (2.23 g) Hashbrowns (40.50 g) Mixed Salad Greens (1.04 g) Stir Fry Blend Vegetables (6.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**16 Oct** Banana (26.95 g) Jell O Cherry Fruit Mix (19.47 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.98 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Seasoned Carrot Coins (7.47 g) Whipped Potatoes (15.00 g) Zucchini Coins (2.03 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**17 Oct** Apple (13.95 g) Green Seedless Grapes (16.42 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.98 g) Baked French Fries (17.42 g) Celery Sticks (1.92 g) Chilled Corn (16.41 g) Mixed Salad Greens (1.04 g) Vegetarian Baked Beans (29.60 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	**18 Oct** Pasta Salad w/ Veggies (18.76 g) Banana (26.95 g) Diced Peaches (15.24 g) Baby Carrots (5.98 g) Broccoli (Fresh) w/Cheese (3.91 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Sweet Potato Fries (23.34 g) Zucchini Sticks (1.76 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)

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21 Oct	**22 Oct**	**23 Oct**	**24 Oct**	**25 Oct**
Cinnamon Applesauce (15.95 g) Fruit and Yogurt Side Salad (27.70 g) Green Seedless Grapes (16.42 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.98 g) Broccoli (Fresh) w/Cheese (3.91 g) Celery Sticks (1.92 g) Mixed Salad Greens (1.04 g) Pinto Beans (20.75 g) Tater Tots (15.97 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Mixed Fruit (17.33 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.98 g) Baked French Fries (17.42 g) Cauliflower (2.66 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Banana (26.95 g) Blueberries Frozen (12.58 g) All American Deli Roasters (24.41 g) Baby Carrots (5.98 g) Cucumber Coins (2.23 g) Kale & Raisin Side Salad (20.12 g) Mixed Salad Greens (1.04 g) Red Bell Pepper Strips (2.97 g) Stir Fry Blend Vegetables (6.00 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Apple (13.95 g) Diced Peaches (15.24 g) Baby Carrots (5.98 g) Baby Spinach (1.29 g) Celery Sticks (1.92 g) Mixed Salad Greens (1.04 g) Roasted Green Beans (5.11 g) Sweet Potato Fries (23.34 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Strawberry Rhubarb Crisp (20.23 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Baby Carrots (5.98 g) California Blend (5.22 g) Green Bell Pepper Strips (2.29 g) Mixed Salad Greens (1.04 g) Red Tomato Wedges (1.66 g) Scalloped Potatoes (23.75 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)
28 Oct	**29 Oct**	**30 Oct**	**31 Oct**	**1 Nov**
Apple (13.95 g) Blueberries Frozen (12.58 g) Cinnamon and Sugar Sliced Apples (12.21 g) Baby Carrots (5.98 g) Celery Sticks (1.92 g) Chilled Black Beans (15.55 g) Fresh Broccoli Florets (2.12 g) Hashbrowns (40.50 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Green Seedless Grapes (16.42 g) Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) All American Deli Roasters (24.41 g) Baby Carrots (5.98 g) Cauliflower (2.66 g) Mixed Salad Greens (1.04 g) Roasted Green Beans (5.11 g) Zucchini Coins (2.03 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Banana (26.95 g) Jell O Cherry Fruit Mix (19.47 g) Unsweetened Applesauce (14.38 g) Au Gratin Potatoes (44.00 g) Baby Carrots (5.98 g) Baby Spinach (1.29 g) Chilled Corn (16.41 g) Mixed Salad Greens (1.04 g) Seasoned Carrot Coins (7.47 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.98 g) California Blend (5.22 g) Celery Sticks (1.92 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Sweet Potato Fries (23.34 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)	Banana (26.95 g) Diced Peaches (15.24 g) Baby Carrots (5.98 g) Blue Ribbon Slaw (10.38 g) Fresh Broccoli Florets (2.12 g) Italian Mashed Potatoes (15.38 g) Mixed Salad Greens (1.04 g) Potato Salad (28.00 g) Roasted Green Beans (5.11 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim MIlk (13.00 g)

Carbohydrate values in grams follow the Menu Item name