



# Middle School Breakfast

## September 23<sup>rd</sup> – 27<sup>th</sup>

### Week 3



#### Monday

Cinnamon Roll  
Sausage & Cheese Biscuit  
Fruit Frudel  
Assorted Cereal

#### Tuesday

French Toast Sticks  
Strawberry Smoothie w/Muffin  
Mini Donuts  
Assorted Cereal

#### Wednesday

Glazed Donut  
Bacon, Egg & Cheese Flatbread  
Banana Split Parfait  
Assorted Cereal

#### Thursday

No School!

#### Friday

No School!

#### Variety of Fruits Offered Daily



#### BEVERAGES

Non- Fat Chocolate  
1% White Milk  
Skim White Milk

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