



# Middle School Breakfast

## January 7<sup>th</sup> – 11<sup>th</sup>

### Week 1



#### Monday

French Toast Sticks  
Sausage, Egg & Cheese Biscuit  
Poptart & Cheese Stick  
Assorted Cereal

#### Tuesday

Fruit Frudel  
Egg & Cheese English Muffin  
Mini Donuts  
Assorted Cereal

#### Wednesday

Pancake on a Stick  
Mini Bagels  
Double Berry Parfait  
Assorted Cereal

#### Thursday

Benefit Bar  
Bacon, Egg & Cheese Biscuit\*  
Mini Donuts  
Assorted Cereal

#### Friday

Mini Cinni's  
Ham, Egg & Cheese English Muffin  
Double Chocolate Muffin w/Cheese Stick  
Assorted Cereal

#### Variety of Cereal & Fruits Offered Daily



Non- Fat Chocolate  
1% White Milk  
Skim White Milk

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