

Menu Calendar Report - January, 2019

Generated on: 1/4/2019 3:38:08 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: Did You Know Café
 Menu Line: BRKFST-Café Classics

Monday	Tuesday	Wednesday	Thursday	Friday
31 Dec	1 Jan	2 Jan	3 Jan	4 Jan
7 Jan	8 Jan	9 Jan	10 Jan	11 Jan
French Toast Sticks (27.90 g)	Apple Frudel Stick (36.00 g)	Breakfast on a Stick (17.84 g)	Bacon Egg & Cheese Croissant (35.00 g)	Double Chocolate Chip Muffin (32.00 g)
Sausage, Egg & Cheese Biscuit (29.00 g)	Cherry Frudel Stick (37.00 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Chocolate Mini Donuts (41.00 g)	Ham, Egg & Cheese English Muffin (25.50 g)
Cheddar String Cheese (1.00 g)	Chocolate Mini Donuts (41.00 g)	Double Berry Parfait (53.40 g)	French Toast BeneFIT Bar (48.00 g)	Mini Cinnis (39.00 g)
String Cheese (2.02 g)	Egg & Cheese English Muffin (25.00 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)
Apple Jacks Cereal (24.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	String Cheese (2.02 g)
Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Blueberry Pop Tart (38.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Cinnamon Pop-Tart (38.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)
Frosted Fudge Pop Tart (38.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)
Frosted Mini Wheats (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)
Frosted Strawberry Pop-Tart (38.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)
Honey Nut Chex (27.90 g)	Original Graham Crackers (17.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Lucky Charms (23.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)
Reese's Puffs (21.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Rice Chex Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)
Trix Cereal reduced sugar (24.00 g)	Banana (26.95 g)	Apple (13.95 g)	Banana (26.95 g)	Apple (13.95 g)
Whole Wheat Toast (16.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Diced Peaches (15.24 g)	Banana (26.95 g)
Apple (13.95 g)	Unsweetened Applesauce (14.38 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)
Banana (26.95 g)	Apple Juice (14.00 g)	Mandarin Oranges (13.75 g)	Apple Juice (14.00 g)	Strawberries, Frozen and Sliced (33.59 g)
Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
Pineapple Tidbits (16.43 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)
1% Milk (13.00 g)		Skim MIilk (13.00 g)		Skim MIilk (13.00 g)
Chocolate Skim Milk (20.00 g)				
Skim MIilk (13.00 g)				
Syrup Cups (29.00 g)				

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Monday	Tuesday	Wednesday	Thursday	Friday
14 Jan	15 Jan	16 Jan	17 Jan	18 Jan
Apple Frudel Stick (36.00 g)	Chocolate Mini Donuts (41.00 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Bacon Egg & Cheese Biscuit (28.00 g)	Bacon Breakfast Pizza (32.71 g)
Cherry Frudel Stick (37.00 g)	Dutch Waffle (45.42 g)	Double Berry Parfait (53.40 g)	Breakfast Tacos (46.23 g)	French Toast Benefit Bar (48.00 g)
Ham & Egg Flatbread (30.50 g)	Egg & Cheese English Muffin (25.00 g)	Sausage Breakfast Boat (26.00 g)	Chocolate Mini Donuts (41.00 g)	Mini Cinnis (39.00 g)
Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.02 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)
String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	String Cheese (2.02 g)
Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Chocolate Crescent (37.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Blueberry Pop Tart (38.00 g)	Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)
Frosted Cinnamon Pop-Tart (38.00 g)	Honey Nut Chex (27.90 g)	Froot Loops (24.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Frosted Fudge Pop Tart (38.00 g)	Lucky Charms (23.00 g)	Frosted Mini Wheats (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Frosted Mini Wheats (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Honey Nut Chex (27.90 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)
Frosted Strawberry Pop-Tart (38.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Honey Nut Chex (27.90 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)
Lucky Charms (23.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)
Reese's Puffs (21.00 g)	Scooby Graham Sticks (10.63 g)	Rice Krispies Cereal (23.29 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)
Rice Chex Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Banana (26.95 g)	Whole Wheat Toast (16.00 g)
Trix Cereal reduced sugar (24.00 g)	Banana (26.95 g)	Apple (13.95 g)	Diced Peaches (15.24 g)	Apple (13.95 g)
Whole Wheat Toast (16.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)
Apple (13.95 g)	Unsweetened Applesauce (14.38 g)	Fresh Oranges (11.28 g)	Apple Juice (14.00 g)	Fresh Oranges (11.28 g)
Banana (26.95 g)	Apple Juice (14.00 g)	Mandarin Oranges (13.75 g)	Orange Juice (14.00 g)	Strawberries (6.87 g)
Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Apple Juice (14.00 g)
Strawberries (6.87 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	1% Milk (13.00 g)	Orange Juice (14.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	Chocolate Skim Milk (20.00 g)	Strawberry Kiwi Juice (15.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Skim Milk (13.00 g)	1% Milk (13.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)		Chocolate Skim Milk (20.00 g)
1% Milk (13.00 g)		Skim Milk (13.00 g)		Skim Milk (13.00 g)
Chocolate Skim Milk (20.00 g)				
Skim Milk (13.00 g)				
21 Jan	22 Jan	23 Jan	24 Jan	25 Jan
Chocolate Crescent (37.00 g)	Chocolate Mini Donuts (41.00 g)	Bacon, Egg & Gravy Flatbread (33.53 g)	Chocolate Mini Donuts (41.00 g)	Bagel w/Cream Cheese (37.28 g)
Cinnamon Roll (36.00 g)	French Toast Sticks (27.90 g)	Banana Split Parfait (125.95 g)	French Toast Eggo Bites (37.00 g)	Egg & Sausage English Muffin (26.00 g)
Sausage & Cheese Biscuit (28.00 g)	Mixed Berry Smoothie (40.21 g)	Mini Eggo Pancake Bites (35.00 g)	Ham & Swiss Bagel (36.00 g)	Maple Mini Waffles (37.00 g)

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21 Jan	22 Jan	23 Jan	24 Jan	25 Jan
Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.02 g)	Mini Pancakes (36.00 g)	Powdered Mini Donuts (41.02 g)	Mini Blueberry Waffles (35.00 g)
String Cheese (2.02 g)	Animal Cookies (21.51 g)	Cheddar String Cheese (1.00 g)	Triple Berry Mini French Toast (37.00 g)	Raspberry Rainbow Yogurt (15.00 g)
Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (2.02 g)	Animal Cookies (21.51 g)	Strawberry Banana Bash Yogurt (20.00 g)
Cheerios (20.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Triple Cherry Yogurt (20.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)
Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Muffins (30.50 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)
Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)
Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)
Trix Cereal reduced sugar (24.00 g)	Scooby Graham Sticks (10.63 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)
Whole Wheat Toast (16.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)
Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)
Banana (26.95 g)	Apple (13.95 g)	Apple (13.95 g)	Banana (26.95 g)	Apple (13.95 g)
Fresh Oranges (11.28 g)	Banana (26.95 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)
Strawberries (6.87 g)	Fresh Oranges (11.28 g)	Diced Bartlett Pears (12.75 g)	Pineapple Tidbits (16.43 g)	Fresh Oranges (11.28 g)
Apple Juice (14.00 g)	Red Seedless Grapes (16.42 g)	Fresh Oranges (11.28 g)	Apple Juice (14.00 g)	Unsweetened Applesauce (14.38 g)
Orange Juice (14.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)
	Skim Milk (13.00 g)	Skim Milk (13.00 g)		Skim Milk (13.00 g)
		Grape Jelly (8.89 g)		
		Margarine Cup		
		Strawberry Jelly (9.00 g)		
28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
Dutch Waffle (45.42 g)	Chocolate Mini Donuts (41.00 g)	Blueberry Patch Parfait (41.46 g)	Chocolate Mini Donuts (41.00 g)	Apple Frudel Stick (36.00 g)
Ham, Egg & Cheese Biscuit (28.50 g)	Homemade Apple Cinnamon Muffin (56.49 g)	French Toast BeneFIT Bar (48.00 g)	Egg & Cheese Bagel (36.00 g)	Cherry Frudel Stick (37.00 g)
Muffins (30.50 g)	Powdered Mini Donuts (41.02 g)	Sausage Egg & Cheese Croissant (36.00 g)	Powdered Mini Donuts (41.02 g)	Cinnamon Roll (36.00 g)
Cheddar String Cheese (1.00 g)	Scrambled Eggs	Cheddar String Cheese (1.00 g)	Sausage Biscuit & Country Gravy (32.28 g)	Sausage, Egg & Cheese Flatbread (31.00 g)
Raspberry Rainbow Yogurt (15.00 g)	Animal Cookies (21.51 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Cheddar String Cheese (1.00 g)
Strawberry Banana Bash Yogurt (20.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	String Cheese (2.02 g)
	Cheerios (20.00 g)			Apple Jacks Cereal (24.00 g)

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28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
String Cheese (2.02 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)
Triple Cherry Yogurt (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Apple Jacks Cereal (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Cheerios (20.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)
Cocoa Puffs Cereal (25.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Froot Loops (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)
Frosted Mini Wheats (24.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Original Graham Crackers (17.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Honey Nut Chex (27.90 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)
Lucky Charms (23.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)
Reese's Puffs (21.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Chex Cereal (24.00 g)	Whole Wheat Toast (16.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Rice Krispies Cereal (23.29 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)
Trix Cereal Bar (30.00 g)	Banana (26.95 g)	Apple (13.95 g)	Banana (26.95 g)	Apple (13.95 g)
Trix Cereal reduced sugar (24.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)
Whole Wheat Toast (16.00 g)	Mixed Fruit (17.33 g)	Diced Peaches (15.24 g)	Mandarin Oranges (13.75 g)	Fresh Oranges (11.28 g)
Apple (13.95 g)	Apple Juice (14.00 g)	Fresh Oranges (11.28 g)	Apple Juice (14.00 g)	Strawberries, Frozen and Sliced (33.59 g)
Banana (26.95 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
Diced Bartlett Pears (12.75 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
Fresh Oranges (11.28 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Apple Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
Orange Juice (14.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)
Strawberry Kiwi Juice (15.00 g)	Bacon Slices	Skim MIilk (13.00 g)		Skim MIilk (13.00 g)
1% Milk (13.00 g)				
Chocolate Skim Milk (20.00 g)				
Skim MIilk (13.00 g)				

Carbohydrate values in grams follow the Menu Item name