



Middle School Breakfast

December 3rd – 7th

Week 1



Monday

French Toast Sticks
Sausage, Egg & Cheese Biscuit
Poptart & Cheese Stick
Assorted Cereal

Tuesday

Fruit Frudel
Egg & Cheese English Muffin
Mini Donuts
Assorted Cereal

Wednesday

Pancake on a Stick
Mini Bagels
Double Berry Parfait
Assorted Cereal

Thursday

Benefit Bar
Bacon, Egg & Cheese Biscuit*
Mini Donuts
Assorted Cereal

Friday

Mini Cinni's
Ham, Egg & Cheese English Muffin
Double Chocolate Muffin w/Cheese Stick
Assorted Cereal

Variety of Cereal & Fruits Offered Daily



BEVERAGES

Non- Fat Chocolate
1% White Milk
Skim White Milk

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