

# Menu Calendar Report - December, 2018

Generated on: 12/2/2018 11:05:12 PM by Shannon Sintek

Site: ALL  
 Meal Type: Breakfast  
 Site Group: Did You Know Café  
 Menu Line: BRKFST-Café Classics

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3 Dec</b>	<b>4 Dec</b>	<b>5 Dec</b>	<b>6 Dec</b>	<b>7 Dec</b>
French Toast Sticks (27.90 g)	Apple Frudel Stick (36.00 g)	Breakfast on a Stick (17.84 g)	Bacon Egg & Cheese Croissant (35.00 g)	Double Chocolate Chip Mini Muffin (32.00 g)
Sausage, Egg & Cheese Biscuit (29.00 g)	Cherry Frudel Stick (37.00 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Chocolate Mini Donuts (41.00 g)	Ham, Egg & Cheese English Muffin (29.50 g)
Cheddar String Cheese (1.00 g)	Chocolate Mini Donuts (41.00 g)	Double Berry Parfait (53.40 g)	French Toast BeneFIT Bar (48.00 g)	Mini Cinnis (39.00 g)
String Cheese (2.02 g)	Egg & Cheese English Muffin (29.00 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)
Apple Jacks Cereal (24.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	String Cheese (2.02 g)
Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Blueberry Pop Tart (38.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Cinnamon Pop-Tart (38.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)
Frosted Fudge Pop Tart (38.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)
Frosted Mini Wheats (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)
Frosted Strawberry Pop-Tart (38.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)
Honey Nut Chex (27.90 g)	Original Graham Crackers (17.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Lucky Charms (23.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)
Reese's Puffs (21.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Rice Chex Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)
Trix Cereal reduced sugar (24.00 g)	Banana (26.95 g)	Apple (13.95 g)	Banana (26.95 g)	Apple (13.95 g)
Whole Wheat Toast (16.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Diced Peaches (15.24 g)	Banana (26.95 g)
Apple (13.95 g)	Unsweetened Applesauce (14.38 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)
Banana (26.95 g)	Apple Juice (14.00 g)	Mandarin Oranges (13.75 g)	Apple Juice (14.00 g)	Strawberries, Frozen and Sliced (33.59 g)
Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
Pineapple Tidbits (16.43 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim MIilk (13.00 g)	Chocolate Skim Milk (20.00 g)
1% Milk (13.00 g)		Skim MIilk (13.00 g)		Skim MIilk (13.00 g)
Chocolate Skim Milk (20.00 g)				
Skim MIilk (13.00 g)				
Syrup Cups (29.00 g)				
<b>10 Dec</b>	<b>11 Dec</b>	<b>12 Dec</b>	<b>13 Dec</b>	<b>14 Dec</b>
Apple Frudel Stick (36.00 g)				

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10 Dec	11 Dec	12 Dec	13 Dec	14 Dec
Cherry Frudel Stick (37.00 g)	Chocolate Mini Donuts (41.00 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Bacon Egg & Cheese Biscuit (28.00 g)	Bacon Breakfast Pizza (41.63 g)
Ham & Egg Flatbread (30.50 g)	Dutch Waffle (45.42 g)	Double Berry Parfait (53.40 g)	Breakfast Tacos (46.23 g)	French Toast BeneFIT Bar (48.00 g)
Cheddar String Cheese (1.00 g)	Egg & Cheese English Muffin (29.00 g)	Sausage Breakfast Boat (26.00 g)	Chocolate Mini Donuts (41.00 g)	Mini Cinnis (39.00 g)
String Cheese (2.02 g)	Powdered Mini Donuts (41.02 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Powdered Mini Donuts (41.02 g)	Cheddar String Cheese (1.00 g)
Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	String Cheese (2.02 g)
Cheerios (20.00 g)	Cheerios (20.00 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Chocolate Crescent (37.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Frosted Blueberry Pop Tart (38.00 g)	Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Frosted Cinnamon Pop-Tart (38.00 g)	Honey Nut Chex (27.90 g)	Froot Loops (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)
Frosted Fudge Pop Tart (38.00 g)	Lucky Charms (23.00 g)	Frosted Mini Wheats (24.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Frosted Mini Wheats (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Honey Nut Chex (27.90 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Frosted Strawberry Pop-Tart (38.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)
Honey Nut Chex (27.90 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Lucky Charms (23.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)
Reese's Puffs (21.00 g)	Scooby Graham Sticks (10.63 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)
Rice Chex Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)
Trix Cereal reduced sugar (24.00 g)	Banana (26.95 g)	Apple (13.95 g)	Banana (26.95 g)	Whole Wheat Toast (16.00 g)
Whole Wheat Toast (16.00 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)	Diced Peaches (15.24 g)	Apple (13.95 g)
Apple (13.95 g)	Unsweetened Applesauce (14.38 g)	Fresh Oranges (11.28 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)
Banana (26.95 g)	Apple Juice (14.00 g)	Mandarin Oranges (13.75 g)	Apple Juice (14.00 g)	Fresh Oranges (11.28 g)
Fresh Oranges (11.28 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Strawberries (6.87 g)
Strawberries (6.87 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Apple Juice (14.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Orange Juice (14.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Strawberry Kiwi Juice (15.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim MIlk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim MIlk (13.00 g)	1% Milk (13.00 g)
1% Milk (13.00 g)		Skim MIlk (13.00 g)		Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)				Skim MIlk (13.00 g)
Skim MIlk (13.00 g)				
17 Dec	18 Dec	19 Dec	20 Dec	21 Dec
Chocolate Crescent (37.00 g)	Chocolate Mini Donuts (41.00 g)	Banana Split Parfait (125.95 g)	Chocolate Mini Donuts (41.00 g)	Bagel w/Cream Cheese (37.28 g)
Cinnamon Roll (36.00 g)	Egg & Cheese Croissant (35.00 g)	Egg & Cheese Flatbread (30.00 g)	French Toast Eggo Bites (37.00 g)	Egg & Sausage English Muffin (30.00 g)
Sausage & Cheese Biscuit (28.00 g)	Food Court Smoothie (33.67 g)	Mini Eggo Pancake Bites (35.00 g)	Ham & Swiss Bagel (36.00 g)	Maple Mini Waffles (37.00 g)
Cheddar String Cheese (1.00 g)	Powdered Mini Donuts (41.02 g)	Mini Pancakes (36.00 g)	Powdered Mini Donuts (41.02 g)	Mini Blueberry Waffles (35.00 g)
String Cheese (2.02 g)	Animal Cookies (21.51 g)	Cheddar String Cheese (1.00 g)		

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17 Dec	18 Dec	19 Dec	20 Dec	21 Dec
Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	String Cheese (2.02 g)	Triple Berry Mini French Toast (37.00 g)	Raspberry Rainbow Yogurt (15.00 g)
Cheerios (20.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Animal Cookies (21.51 g)	Strawberry Banana Bash Yogurt (20.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Triple Cherry Yogurt (20.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cheerios (20.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Honey Nut Chex (27.90 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)
Multigrain Frosted Flakes Cereal (24.00 g)	Muffins (30.50 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)	Frosted Mini Wheats (24.00 g)
Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)	Honey Nut Chex (27.90 g)
Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)	Lucky Charms (23.00 g)
Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)	Multigrain Frosted Flakes Cereal (24.00 g)
Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)	Reese's Puffs (21.00 g)
Trix Cereal reduced sugar (24.00 g)	Scooby Graham Sticks (10.63 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Chex Cereal (24.00 g)
Whole Wheat Toast (16.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)	Rice Krispies Cereal (23.29 g)
Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)	Whole Wheat Toast (16.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal Bar (30.00 g)
Banana (26.95 g)	Apple (13.95 g)	Apple (13.95 g)	Apple (13.95 g)	Trix Cereal reduced sugar (24.00 g)
Fresh Oranges (11.28 g)	Banana (26.95 g)	Banana (26.95 g)	Banana (26.95 g)	Apple (13.95 g)
Strawberries (6.87 g)	Fresh Oranges (11.28 g)	Diced Bartlett Pears (12.75 g)	Fresh Oranges (11.28 g)	Banana (26.95 g)
Apple Juice (14.00 g)	Red Seedless Grapes (16.42 g)	Fresh Oranges (11.28 g)	Pineapple Tidbits (16.43 g)	Fresh Oranges (11.28 g)
Orange Juice (14.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Unsweetened Applesauce (14.38 g)
Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)
		Grape Jelly (8.89 g)		Skim Milk (13.00 g)
		Margarine Cup		
		Strawberry Jelly (9.00 g)		
<b>24 Dec</b>	<b>25 Dec</b>	<b>26 Dec</b>	<b>27 Dec</b>	<b>28 Dec</b>
<b>31 Dec</b>	<b>1 Jan</b>	<b>2 Jan</b>	<b>3 Jan</b>	<b>4 Jan</b>

Carbohydrate values in grams follow the Menu Item name