

Menu Calendar Report - November, 2018

Generated on: 11/6/2018 1:02:06 PM by Shannon Sintek

Site: ALL
 Meal Type: Lunch
 Site Group: Did You Know Café
 Menu Line: Garden Bar

Monday	Tuesday	Wednesday	Thursday	Friday
29 Oct	30 Oct	31 Oct	1 Nov	2 Nov
Apple (13.95 g) Apple Crisp (25.21 g) Blueberries Frozen (12.58 g) Baby Carrots (5.84 g) Celery Sticks (1.92 g) Edamame (7.35 g) Mixed Salad Greens (1.04 g) Potato Roasters (25.48 g) Roasted Broccoli (5.40 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.84 g) Baked French Fries (17.42 g) Bean Refried Beans W/Cheese (24.00 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Red Bell Pepper Strips (1.49 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Banana (26.95 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.84 g) Baby Spinach (1.29 g) Blue Ribbon Slaw (10.38 g) Cucumber Coins (2.23 g) Green Peas (9.13 g) Hash Brown Casserole (35.65 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.84 g) Cauliflower (2.66 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Scalloped Potatoes (3.82 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Pasta Salad w/ Veggies (18.76 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Baby Carrots (5.84 g) Cauliflower w/Cheese (3.42 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Whipped Potatoes (16.27 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)
5 Nov	6 Nov	7 Nov	8 Nov	9 Nov
Apple (13.95 g) Apple Crisp (25.21 g) Blueberries Frozen (12.58 g) Baby Carrots (5.84 g) Celery Sticks (1.92 g) Edamame (7.35 g) Mixed Salad Greens (1.04 g) Potato Roasters (25.48 g) Seasoned Carrot Coins (7.47 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.84 g) Baked French Fries (17.42 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Red Bell Pepper Strips (1.49 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Banana (26.95 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.84 g) Baby Spinach (1.29 g) Blue Ribbon Slaw (10.38 g) Cucumber Coins (2.23 g) Hash Brown Casserole (35.65 g) Mixed Salad Greens (1.04 g) Vegetarian Baked Beans (29.60 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.84 g) California Blend (5.22 g) Cauliflower (2.66 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Scalloped Potatoes (3.82 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Pasta Salad w/ Veggies (18.76 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Baby Carrots (5.84 g) Celery Sticks (1.92 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Roasted Green Beans (5.11 g) Whipped Potatoes (16.27 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)
12 Nov	13 Nov	14 Nov	15 Nov	16 Nov
Apple (13.95 g) Blueberries Frozen (12.58 g) Baby Carrots (5.84 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Oven French Fries (16.77 g) Potato Salad (28.00 g) Red Tomato Wedges (1.66 g) Vegetarian Baked Beans (53.23 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Mixed Fruit (17.33 g) Orange Smiles (11.28 g) Baby Carrots (5.84 g) Baked Potato (33.34 g) Cauliflower w/Cheese (3.42 g) Chilled Black Beans (15.55 g) Green Peas (9.13 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Banana (26.95 g) Jell O Cherry Fruit Mix (19.47 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.84 g) Baby Spinach (1.29 g) Blue Ribbon Slaw (10.38 g) Mixed Salad Greens (1.04 g) Potato Roasters (25.48 g) Seasoned Carrot Coins (7.47 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Apple (13.95 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.84 g) Celery Sticks (1.92 g) Chilled Corn (16.41 g) Green Bean Casserole (10.45 g) Mixed Salad Greens (1.04 g) Whipped Potatoes (16.27 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Pasta Salad w/ Veggies (18.76 g) Banana (26.95 g) Diced Peaches (15.24 g) Baby Carrots (5.84 g) Broccoli (Fresh) w/Cheese (3.91 g) Cucumber Coins (2.23 g) Mixed Salad Greens (1.04 g) Sweet Potato Fries (23.19 g) Zucchini Sticks (1.76 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)

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Monday	Tuesday	Wednesday	Thursday	Friday
19 Nov	20 Nov	21 Nov	22 Nov	23 Nov
Cinnamon Applesauce (15.95 g) Fruit and Yogurt Side Salad (27.70 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.84 g) Broccoli (Fresh) w/Cheese (3.91 g) Celery Sticks (1.92 g) Mixed Salad Greens (1.04 g) Pinto Beans (20.75 g) Tater Tots (15.97 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Mixed Fruit (17.33 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.84 g) Baked French Fries (17.42 g) Cauliflower (2.66 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Steamed Corn (16.41 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Banana (26.95 g) Blueberries Frozen (12.58 g) Baby Carrots (5.84 g) Bean Refried Beans W/Cheese (24.00 g) Cucumber Coins (2.23 g) Kale & Raisin Side Salad (20.12 g) Mixed Salad Greens (1.04 g) Potato Roasters (25.48 g) Red Bell Pepper Strips (2.97 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Apple (13.95 g) Diced Peaches (15.24 g) Baby Carrots (5.84 g) Baby Spinach (1.29 g) Mixed Salad Greens (1.04 g) Red Tomato Wedges (1.66 g) Roasted Green Beans (5.11 g) Sour Cream & Chive Mashed Potatoes (16.73 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Peach Crisp (32.43 g) Fresh Oranges (11.28 g) Strawberries (6.87 g) Baby Carrots (5.84 g) California Blend (5.22 g) Celery Sticks (1.92 g) Green Bell Pepper Strips (2.29 g) Mixed Salad Greens (1.04 g) Oven French Fries (16.77 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)
26 Nov	27 Nov	28 Nov	29 Nov	30 Nov
Apple (13.95 g) Blueberries Frozen (12.58 g) Cinnamon and Sugar Sliced Apples (12.21 g) Au Gratin Potatoes (44.00 g) Baby Carrots (5.84 g) Fresh Broccoli Florets (2.12 g) Mixed Salad Greens (1.04 g) Red Bell Pepper Strips (2.97 g) Roasted Green Beans (5.11 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Mixed Fruit (17.33 g) Red Seedless Grapes (16.42 g) Baby Carrots (5.84 g) Baked French Fries (17.42 g) Cauliflower w/Cheese (3.42 g) Chilled Black Beans (15.55 g) Green Peas (9.13 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Banana (26.95 g) Jell O Cherry Fruit Mix (19.47 g) Unsweetened Applesauce (14.38 g) Baby Carrots (5.84 g) Baby Spinach (1.29 g) Chilled Corn (16.41 g) Mixed Salad Greens (1.04 g) Potato Roasters (25.48 g) Seasoned Carrot Coins (7.47 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Apple (13.95 g) Pineapple Tidbits (16.43 g) Baby Carrots (5.84 g) Bean Refried Beans W/Cheese (24.00 g) Cauliflower (2.66 g) Celery Sticks (1.92 g) Mixed Salad Greens (1.04 g) Sweet Potato Fries (23.19 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)	Pasta Salad w/ Veggies (18.76 g) Banana (26.95 g) Diced Peaches (15.24 g) Baby Carrots (5.84 g) Blue Ribbon Slaw (10.38 g) Broccoli (Fresh) w/Cheese (3.91 g) Cucumber Coins (2.23 g) Italian Mashed Potatoes (16.27 g) Mixed Salad Greens (1.04 g) 1% Milk (13.00 g) Chocolate Skim Milk (20.00 g) Skim Milk (13.00 g)

Carbohydrate values in grams follow the Menu Item name