

Menu Calendar Report - December, 2018

Generated on: 11/26/2018 4:57:42 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: BRKFST-Café Classics

Monday	Tuesday	Wednesday	Thursday	Friday
3 Dec	4 Dec	5 Dec	6 Dec	7 Dec
Dutch Waffle (45.42 g)	Bacon & Egg Biscuit (27.00 g)	Breakfast on a Stick (17.84 g)	Ham, Egg and Cheese Bagel (36.17 g)	Mini Pancakes (36.00 g)
Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	Apple Cinnamon Nutrigrain Breakfast Bar (30.00 g)	Chocolate Chip Gripz (20.00 g)	Purple Daze Smoothie (38.48 g)
Raspberry Rainbow Yogurt (15.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Strawberry Banana Bash Yogurt (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
String Cheese (2.02 g)	Chocolate Mini Donuts (41.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Chocolate Mini Donuts (41.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Triple Cherry Yogurt (20.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)
Cheerios (20.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Froot Loops (24.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Froot Loops (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)
Cocoa Puffs Cereal (25.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Frosted Mini Wheats (24.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Frosted Mini Wheats (24.00 g)	Graham Crackers (16.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Mini Wheats (24.00 g)
Froot Loops (24.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)
Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Powdered Mini Donuts (41.02 g)	Rice Chex Cereal (24.00 g)	Lucky Charms (23.00 g)	Muffins (30.50 g)
Frosted Mini Wheats (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)	Powdered Mini Donuts (41.02 g)	Rice Chex Cereal (24.00 g)
Graham Crackers (16.00 g)	Rice Chex Cereal (24.00 g)	Strawberry Nutrigrain Breakfast Bar (30.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Lucky Charms (23.00 g)	Rice Krispies Cereal (23.29 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Chex Cereal (24.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Rice Krispies Cereal (23.29 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Fresh Oranges (11.28 g)	Whole Wheat Toast (16.00 g)
Trix Cereal Bar (30.00 g)	Apple (13.95 g)	Banana (26.95 g)	Unsweetened Applesauce (14.38 g)	Apple (13.95 g)
Trix Cereal reduced sugar (24.00 g)	Blueberries Frozen (12.58 g)	Diced Peaches (15.24 g)	Apple Juice (14.00 g)	Strawberries (6.87 g)
Whole Wheat Toast (16.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)
Diced Bartlett Pears (12.75 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)
Orange Smiles (11.28 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)
Apple Juice (14.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)
Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)
Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)		Skim Milk (13.00 g)
1% Milk (13.00 g)		Syrup Cups (29.00 g)		Syrup Cups (29.00 g)
Chocolate Skim Milk (20.00 g)				
Skim Milk (13.00 g)				
10 Dec	11 Dec	12 Dec	13 Dec	14 Dec
Egg & Cheese Biscuit (28.00 g)	French Toast Sticks (27.90 g)	Mini Cinnis (39.00 g)	Sausage & Cheese Croissant (35.00 g)	Maple Mini Waffles (37.00 g)
Cheddar String Cheese (1.00 g)	Chocolate Chip Gripz (20.00 g)	Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	Mini Blueberry Waffles (35.00 g)
String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Apple Jacks Cereal (24.00 g)
Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Apple Jacks Cereal (24.00 g)	Cheerios (20.00 g)	Cheerios (20.00 g)
Cheerios (20.00 g)	Chocolate Mini Donuts (41.00 g)	Cheerios (20.00 g)	Chocolate Mini Donuts (41.00 g)	Chocolate Crescent (37.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)

Menu Calendar Report - December, 2018

Generated on: 11/26/2018 4:57:42 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: BRKFST-Café Classics

10 Dec	11 Dec	12 Dec	13 Dec	14 Dec
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)	Cocoa Puffs Cereal (25.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)	Froot Loops (24.00 g)
Frosted Blueberry Pop Tart (38.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)
Frosted Brown Sugar Cinnamon Pop Tart (37.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)
Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)	Lucky Charms (23.00 g)
Frosted Fudge Pop Tart (38.00 g)	Powdered Mini Donuts (41.02 g)	Muffins (30.50 g)	Powdered Mini Donuts (41.02 g)	Rice Chex Cereal (24.00 g)
Frosted Mini Wheats (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Rice Krispies Cereal (23.29 g)
Frosted Strawberry Pop Tart (38.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Scooby Graham Sticks (10.63 g)
Lucky Charms (23.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Rice Chex Cereal (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Rice Krispies Cereal (23.29 g)	Apple (13.95 g)	Whole Wheat Toast (16.00 g)	Apple (13.95 g)	Banana (26.95 g)
Trix Cereal Bar (30.00 g)	Blueberries Frozen (12.58 g)	Mixed Fruit (17.33 g)	Mandarin Oranges (13.75 g)	Unsweetened Applesauce (14.38 g)
Trix Cereal reduced sugar (24.00 g)	Apple Juice (14.00 g)	Orange Smiles (11.28 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)
Whole Wheat Toast (16.00 g)	Orange Juice (14.00 g)	Apple Juice (14.00 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)
Diced Bartlett Pears (12.75 g)	Strawberry Kiwi Juice (15.00 g)	Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)
Fresh Oranges (11.28 g)	1% Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)
Apple Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Orange Juice (14.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Chocolate Skim Milk (20.00 g)
Strawberry Kiwi Juice (15.00 g)		Skim Milk (13.00 g)		Skim Milk (13.00 g)
1% Milk (13.00 g)				Syrup Cups (29.00 g)
Chocolate Skim Milk (20.00 g)				
Skim Milk (13.00 g)				
17 Dec	18 Dec	19 Dec	20 Dec	21 Dec
Ham & Cheese English Muffin (28.50 g)	Breakfast on a Stick (17.84 g)	Cinnamon Creamy Cheese Mini Bagels (41.00 g)	Egg & Cheese Bagel (36.00 g)	Maple Mini Waffles (37.00 g)
Cheddar String Cheese (1.00 g)	Animal Cookies (21.51 g)	Strawberry Creamy Cheese Mini Bagels (41.00 g)	Animal Cookies (21.51 g)	Mini Blueberry Waffles (35.00 g)
String Cheese (2.02 g)	Apple Jacks Cereal (24.00 g)	Raspberry Rainbow Yogurt (15.00 g)	Apple Jacks Cereal (24.00 g)	Raspberry Rainbow Yogurt (15.00 g)
Cheerios (20.00 g)	Cheerios (20.00 g)	Strawberry Banana Bash Yogurt (20.00 g)	Cheerios (20.00 g)	Strawberry Banana Bash Yogurt (20.00 g)
Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Chocolate Mini Donuts (41.00 g)	Triple Cherry Yogurt (20.00 g)	Chocolate Mini Donuts (41.00 g)	Triple Cherry Yogurt (20.00 g)
Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Apple Jacks Cereal (24.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Chocolate Chip Gripz (20.00 g)
Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cheerios (20.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Apple Jacks Cereal (24.00 g)
Cocoa Puffs Cereal Bar (30.00 g)	Cocoa Puffs Cereal (25.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)	Cocoa Puffs Cereal (25.00 g)	Cheerios (20.00 g)
French Toast BeneFIT Bar (48.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)	Cocoa Puffs Cereal Bar (30.00 g)	Cinnamon Toast Crunch Cereal reduced sugar (22.00 g)
Froot Loops (24.00 g)	Froot Loops (24.00 g)	Cocoa Puffs Cereal (25.00 g)	Froot Loops (24.00 g)	Cinnamon Toast Crunch Cereal Bar (30.00 g)
Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Froot Loops (24.00 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Cocoa Puffs Cereal (25.00 g)
Frosted Mini Wheats (24.00 g)	Frosted Mini Wheats (24.00 g)	Froot Loops (24.00 g)	Frosted Mini Wheats (24.00 g)	Cocoa Puffs Cereal Bar (30.00 g)
	Lucky Charms (23.00 g)		Lucky Charms (23.00 g)	Froot Loops (24.00 g)

Menu Calendar Report - December, 2018

Generated on: 11/26/2018 4:57:42 PM by Shannon Sintek

Site: ALL
 Meal Type: Breakfast
 Site Group: The Clubhouse
 Menu Line: BRKFST-Café Classics

17 Dec	18 Dec	19 Dec	20 Dec	21 Dec
Lucky Charms (23.00 g)	Powdered Mini Donuts (41.02 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)	Powdered Mini Donuts (41.02 g)	Frosted Flakes Cereal multigrain reduced sugar (24.00 g)
Rice Chex Cereal (24.00 g)	Rice Chex Cereal (24.00 g)	Frosted Mini Wheats (24.00 g)	Rice Chex Cereal (24.00 g)	Lucky Charms (23.00 g)
Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)	Lucky Charms (23.00 g)	Rice Krispies Cereal (23.29 g)	Rice Krispies Cereal (23.29 g)
Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)	Muffins (30.50 g)	Trix Cereal Bar (30.00 g)	Trix Cereal Bar (30.00 g)
Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Rice Chex Cereal (24.00 g)	Trix Cereal reduced sugar (24.00 g)	Trix Cereal reduced sugar (24.00 g)
Whole Wheat Toast (16.00 g)	Blueberries Frozen (12.58 g)	Rice Krispies Cereal (23.29 g)	Apple (13.95 g)	Banana (26.95 g)
Apple (13.95 g)	Fresh Oranges (11.28 g)	Trix Cereal Bar (30.00 g)	Mandarin Oranges (13.75 g)	Mixed Fruit (17.33 g)
Pineapple Tidbits (16.43 g)	Apple Juice (14.00 g)	Trix Cereal reduced sugar (24.00 g)	Apple Juice (14.00 g)	Apple Juice (14.00 g)
Apple Juice (14.00 g)	Orange Juice (14.00 g)	Red Seedless Grapes (16.42 g)	Orange Juice (14.00 g)	Orange Juice (14.00 g)
Orange Juice (14.00 g)	Strawberry Kiwi Juice (15.00 g)	Strawberries (6.87 g)	Strawberry Kiwi Juice (15.00 g)	Strawberry Kiwi Juice (15.00 g)
Strawberry Kiwi Juice (15.00 g)	1% Milk (13.00 g)	Apple Juice (14.00 g)	1% Milk (13.00 g)	1% Milk (13.00 g)
1% Milk (13.00 g)	Chocolate Skim Milk (20.00 g)	Orange Juice (14.00 g)	Chocolate Skim Milk (20.00 g)	Chocolate Skim Milk (20.00 g)
Chocolate Skim Milk (20.00 g)	Skim Milk (13.00 g)	Strawberry Kiwi Juice (15.00 g)	Skim Milk (13.00 g)	Skim Milk (13.00 g)
Skim Milk (13.00 g)	Syrup Cups (29.00 g)	1% Milk (13.00 g)		Syrup Cups (29.00 g)
		Chocolate Skim Milk (20.00 g)		
		Skim Milk (13.00 g)		
24 Dec	25 Dec	26 Dec	27 Dec	28 Dec
31 Dec	1 Jan	2 Jan	3 Jan	4 Jan

Carbohydrate values in grams follow the Menu Item name