

# WEST BAY



September 2021

## FROM THE PRINCIPAL

West Bay Families,

Thank you for your support as we've gotten off to a great start this year! Please take note of the important dates listed to the right. Did you know there are Google Calendars online for West Bay Events, ABCDE Events and District Events? If you choose to subscribe to these calendars you can get this helpful information on your phone. I've included other helpful links below this section of the newsletter as well. School picture day will be on Sept 13th, with retakes October 27th. Please email or reach out with any questions or concerns!

- **West Bay Events**  
(Google, iCal, Other)
- **ABCDE Events**  
(Google, iCal, Other)
- **District Events**  
(Google, iCal, Other)

Jen Coltvet  
jcoltvet@epsne.org

## September

- 6th Labor Day - No School!
- 13th Lifetouch Fall Pictures
- 24th PTO Fun Run Kick Off
- 28th Conferences - 2:06 dismissal
- 29th Conferences - 2:06 dismissal
- 30th Inservice - No school for students

## October

- 1st No School
- 4th 6:30 PTO
- 7th PTO Fun Run & Fall Social 5:00-7:30 PM
- 13th & 14th Fifth Grade Outdoor Ed
- 21st End of First Quarter
- 22nd Inservice - No school for students
- 27th Lifetouch Picture Retake Day
- 29th Report Cards Home

District Calendar Link:

- [21-22 Calendar](#)

West Bay Calendar:

- [West Bay Google Calendar](#)

West Bay Web Page

- <https://www.elkhornweb.org/westbay/>

West Bay PTO Website:

- <http://westbaypto.com/>

District COVID Updates:

- [EPS Covid-19 Information](#)

Lunch Menus: [Sodexo Link](#)

Every Friday is  
**SPIRIT DAY** @  
**WEST BAY!**

Students can wear WB gear or blue and orange to show their school spirit!

# Counseling Corner

## Guidance Topics in the Classroom

For the month of September, we will be focusing on skills for learning that help us be successful in the classroom. Some important concepts from our lessons:

- ♥ Thinking about how others want to be treated and treating them that way helps you be respectful.
- ♥ Listening with attention is a skill necessary for effective communication with others and academic success
- ♥ Knowing how to ask for help is an important skill for learning. The students who need the most help may be the least able to ask for it. The ability to communicate assertively not only contributes to academic success, it is also important for solving problems and standing up for oneself or others. Assertiveness can help children relate well to peers.
- ♥ Empathy and communication skills have been shown to increase school success and decrease youth involvement in problem behaviors, such as substance abuse and aggression. Empathy is a crucial foundation for healthy communication and interpersonal relationships. Students with empathy and perspective-taking skills have better peer relationships and offer more help and emotional support to others. These prosocial behaviors, in turn, are linked to better grades and higher achievement.

Empathy can be a hard skill to learn. Empathy is that feeling or understanding of what someone else is feeling. People can have different feelings about the same situation. Thinking about others' perspectives helps you have empathy for them.

### Parent Resources to Reinforce Concepts

- [5 Tips for Cultivating Empathy:](#)
- [Fighting for Focus](#)
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## *Note from the Nurse...*

### **~Sick Child Policy~**

Just a reminder to monitor your child for symptoms of illness and to keep them home if they have any of the following: **fever >100.0, vomiting, diarrhea, rash, head lice, eye infection, or symptoms of Covid.** Please refer to the Douglas County Health Department link to exclusion criteria for symptomatic students:

[Exclusion and Readmittance of Ill Students and Staff in Schools](#)

Ways to prevent illness include frequent handwashing, wearing a face mask (especially if unvaccinated), social distancing, eating healthy foods, drinking plenty of water, and getting plenty of rest and physical activity. **(Please remind your student to bring their water bottle to school each day.)**

Elizabeth Page BSN/RN  
VNA School Nurse Program



WEST BAY



# TIGER TICKET WINNERS

These students were caught doing something great at school! Students who follow the school rules 1. BE SAFE 2. BE RESPECTFUL & 3. BE RESPONSIBLE are rewarded and recognized with TIGER TICKETS. Each week these tickets are deposited in the office where we draw names for paw pencils or erasers and a certificate. Way to go Bengals!

## KINDERGARTEN

Harvey Hopkins	Lyla Hudson
Michael Ziemba	Kora Krumwiede
Laiken McKeon	Cal Feeney

## FIRST GRADE

Owen White	Anaya Mohanty
Graham Miller	Rosie Evans
Tori Trofholz	Miles Henriksen
Mackenzie Cizek	Conner Bachman

## SECOND GRADE

Gavin Stolp	Jordynn Gallinger
Barrett Snodgrass	Reid Feeney
Kate Acquazzino	Sienna Erdei
Charlotte Cizek	

## THIRD GRADE

Vanessa Irvin	Matthew Wanzek
Alexa Kothari	Brendan Hedges
Dylan Neal	Vanessa Goeller
Hudson McCoy	Weston Long
Mahat Duvasi	

## FOURTH GRADE

Mason Fehringer	Victoria Brown
Angie Kang	Adyson Erwin
Kayden Minton	Jeremiah Brown

## FIFTH GRADE

Presley Keber	Dempsey Richter
Siddharth Rai	Aiden Hautzinger
Grayson Goff	Ryan Valleley
Caitlyn Swafford	

# West Bay PTO Information



## Stay Connected

Website: [www.westbaypto.com](http://www.westbaypto.com)  
Facebook: West Bay PTO – Parent Teacher Org  
Email: [westbaypto@gmail.com](mailto:westbaypto@gmail.com)  
Remind: Text @wбайpto to the number 81010

## West Bay PTO Board

President: Amy Snodgrass  
Vice President: Ashima Choudhary  
Treasurer: Katie Palmer  
Secretary: Melissa Erdei  
Community Liaison: Crystal Swofford

## PTO MEETING

**Monday, October 4th 6:30pm - West Bay Library** Join us at the October PTO meeting to stay in the know on all things PTO and get great updates on what's happening in our school. We hope to see you there!

## YEARBOOK

Families that place a yearbook order by **September 30th** will receive a discounted price of **\$30** per yearbook and free icons. Orders placed after this date will be **\$35**. Order online by visiting [www.westbaypto.com](http://www.westbaypto.com) and clicking on the link under **Yearbook** on the homepage.

## BENGAL FUN RUN

The West Bay Fun Run is back! We are excited to begin our major PTO fundraising event for the year. This is a fun event for West Bay students and a way to raise important funds for our school. This year the PTO is hoping to raise money for playground enhancements, Fun Day equipment, Field Day awards, teacher discretionary funds and staff lounge equipment updates. All students will receive a FREE Fun Run t-shirt and will be able to enjoy classroom incentives.

The Fun Run event will be held on **Thursday, October 7th**. Specific times for each grade level and parent volunteer opportunities will be sent from the PTO as the event approaches. Registration opens on Friday, September 10th and the fundraising campaign starts on Friday, September 24th. Please go to <http://mybooster.com> to register your student.

Thank you for supporting West Bay!

## VOLUNTEER OPENINGS

Would you love to assist our wonderful West Bay teachers? Please consider donating a bit of your time by volunteering for a PTO position. Immediate openings are:  
\*Library Aide - Monday afternoons 2:00-3:00pm  
More info: [www.westbaypto.com](http://www.westbaypto.com) or Crystal Swofford [crystalswofford@gmail.com](mailto:crystalswofford@gmail.com)

## PICKLEMAN'S FAMILY FUN NIGHT

**Tuesday, September 28th 5:00-9:00pm**

Grab dinner at Pickleman's Elkhorn (1317 S. 204th Street) and mention you're with West Bay PTO. 30% of the proceeds will be donated to back to our school!

## SHOPPING REWARDS - APPS THAT GIVE BACK

Need all the latest details for using TAGG, AmazonSmile, and Baker's Plus Community Rewards? Check the flyer on the website under Support West Bay PTO for the latest details. Help our school earn free \$\$\$\$!

## FALL FAMILY SOCIAL

**Thursday, October 7th 5-7:30pm**  
**West Bay Walking Path/Playground**

Please join us for an evening of outdoor (weather-permitting) fun to celebrate the Bengal Fun Run. This "tailgate" themed event will be **FREE** for all West Bay families to attend. A variety of food trucks will be at the event (on-site payments only) and **FREE** Kona Ice will be available for all kids in attendance. Other fun will include a giant, inflatable obstacle course, music, raffles, a selfie station and more!

Full details, including information to pre-purchase raffle tickets, food truck menus and the ability to RSVP for your attendance will be sent later in the month.

## APPAREL UPDATE

Apparel pre-orders ended August 25th. Delivery and production delays may push our shipment into late October/early November. We have a limited number of legacy apparel items available, contact Amy Snodgrass [snodgrassamy@gmail.com](mailto:snodgrassamy@gmail.com) for more information.

## SCHOOL SUPPLY PACKS

Thank you to all the families that purchased their student's school supply packs through the West Bay PTO at the end of the school year last year. A total of \$202.75 was donated to the Womenade of Elkhorn Backpack Program that provides school supplies & bags to students in the Elkhorn school district.

# District Reminders

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## **ONLINE CALENDARS INFORMATION**

EPS provides several different ways for parents to stay connected throughout the school year! Stay in-the-know on upcoming events by subscribing to both District and individual building calendars found at <https://www.elkhornweb.org/calendar/>.

## **EPS PHOTO PERMISSION EXPLANATION**

As part of the annual online registration process, all EPS students must elect their photo permission for the school year. A detailed explanation of the three options available for students to choose from is below.

- **YES:**
  - Student photo and video can be utilized by the District for purposes deemed appropriate under FERPA in print, digitally within EPS buildings, and electronically on the web or social media
  - Student video will be shown when utilizing distance-learning platforms such as Zoom
  - Student photo and video can be shared with and featured in local media sources
- **NO:**
  - Student photo and video will not appear or be shared in any format for any purpose
  - Student photo will not be included in school yearbook
  - Student video will not be shown when utilizing distance learning platforms such as Zoom
  - Student photo and video cannot be shared with local media partners including photos for extracurricular activities and groups
- **YEARBOOK ONLY:**
  - Student photo will be featured only in the school yearbook
  - Student video will not be shown when utilizing distance learning platforms such as Zoom
  - Student photo and video will not be shared with local media partners including photos for extracurricular activities and groups

After reviewing these explanations, if you feel that the option you originally chose for your student does not accurately reflect your desired choice, please contact your building administrative assistant to update it.

## **TEAMMATES OF ELKHORN: CALL FOR BOARD MEMBERS**

The TeamMates of Elkhorn Board is actively seeking additional members to fill 3-4 open seats. The commitment is a quarterly meeting, generally held on a weeknight between 5-7 pm and lasting about an hour. The TeamMates board handbook states a 3-year commitment to the board, with exceptions made for early departure if agreed upon between the member and the remaining board members. If you are interested in becoming a board member, please complete the form linked here: <https://forms.gle/bHny9DURYzi7C7KU8> by Friday, September 3. Please contact Kara Perchal at [kperchal@epsne.org](mailto:kperchal@epsne.org) with questions.

# Lunch Notes

## 2021-2022

Dear Parents,

We are pleased to announce from NDE Nutrition Services, the USDA has continued the **free meal program for the 2021-2022 school year**. All Elkhorn students can receive a free breakfast and lunch daily. This is a federally funded program from the USDA.

No paperwork is necessary to receive a free breakfast and/or lunch. Students will go through the normal school meal procedures and receive a complete meal meeting the USDA requirements.

**ITEMS NOT COVERED** under the funding:

- **Single MILK ONLY** (no meal) or **additional MILK purchase** (cost is .50 cents each) ▪

**Additional Entrées**

- **Snack and Ala-Carte Items**

**\*STUDENTS WILL NEED FUNDS TO PURCHASE THOSE ADDITIONAL ITEMS**

### **MAKING DEPOSITS**

- **SETTING UP AN ONLINE ACCOUNT** will allow you to make deposits, view the account, set reminders, add restrictions and add an auto-deposit option if preferred.

\*EPS now partners with **SchoolPay** for student lunch accounts. To add funds, go to **www.schoolpay.com** and log into to your user account. If you do not yet have a SchoolPay account, a link can be found on the EPS website under the Parents tab, select Lunch then scroll down to Lunch Account Portal for the instructions link.

- **MAIL CHECKS** payable to EPS, that **include your student name and student ID Number** to EPS Food Service, 1401 Veterans Drive, Elkhorn, NE 68022
- **SEND LUNCH MONEY WITH YOUR STUDENT TO SCHOOL**, **include your student name and student ID number** preferably in an envelope for elementary students to give to their teacher.

Any funds that are currently on a student account will remain on their account and carry over year to year while the student remains in the Elkhorn School District.

We look forward to continuing to serve our students healthy and nutritious meals during these unprecedented times!

Sodexo Dining Services/Elkhorn Public Schools  
1401 Veterans Drive  
402-289-0443  
Lunch@epsne.org



# FOOD & NUTRITION SERVICES HAS A NEW APP...

So Happy lets you know what's on the menu in the cafeteria. So Happy provides full nutritional information on what you eat, including calories and allergens. It's an easy way to stay connected and make better choices for a healthier future.

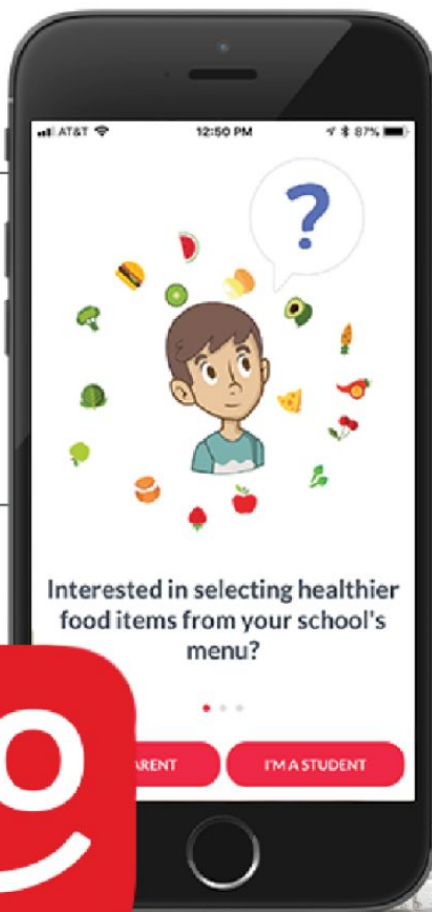
Breakfast • Lunch • Nutrition • Allergens  
- So Happy by Sodexo.



**EARN POINTS FOR HEALTHY HABITS**  
Log your food and activity to earn points within the app. The more points you earn, the more Monster Characters you can meet.



**KNOW YOUR FOOD**  
Not only can you see the menu items, but you have access to the nutritional and allergen information, too.



**VIEW WHAT'S ON THE MENU**  
The So Happy app allows you to see what's on the menu in your cafeteria.



**BURN THOSE CALORIES**  
So Happy provides suggested activities to burn off your calories.



**ALEXA ENABLED**  
Easily hear what's being served. Just say, "Alexa, ask So Happy what's for lunch today?"



AVAILABLE NOW  
FOR DOWNLOAD!





## Elkhorn Public Schools Child Nutrition Team

# MAKE AN IMPACT IN A STUDENT'S LIFE

- Full time, part time and sub positions available
- Excellent schedule – work when your kids are in school!
- Opportunity for advancement
- Competitive pay
- Medical, dental, vision insurance and 401K with FT positions

**Text ElkhornJobs to 82257 to  
Apply Today**

Max 10 text messages/month. Msg and Data Rates May Apply. Subscribers must be 13 years or older. Minors should check with Parents/Guardians before subscribing. By texting the keyword you agree to receive marketing text msgs from Sodexo to your mobile phone number. Text STOP to 82257 to unsubscribe at any time. Text HELP to 82257 or e-mail [support@mydtx.com](mailto:support@mydtx.com) for assistance. Mobile Terms and Conditions and Privacy Policy at [www.mydtx.com](http://www.mydtx.com).

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