

West Bay Elementary



UPCOMING EVENTS:

MARCH

- 1st 2019 Kindergarten Round Up
-No school for current Kindergarten students
- 4th PTO 6:30
- 11th Lifetouch Spring Picture
- 15th Inservice-No School
- 18th-22nd **SPRING BREAK :)**
- 27th Family Circles

APRIL

- 4th 6:00 Kdg Music Program
7:00 1st Grade Music Program
- 8th 6:30 PTO
- 12th PTO Spring Fundraiser
- 19th Inservice-No School
- 24th Family Circles

MAY

- 1st PTO Planning Meeting
- 2nd ART SHOW
- 16th 5th Grade Track and Field Day
- 22nd FUN DAY
- 24th Last Student Day Dismiss 11:30

FROM THE PRINCIPAL

West Bay Families,

Spring Break is just around the corner. I hope that means the spring-like weather is too! The spring season also brings Nebraska State Testing and MAP testing. Your child's teacher will communicate specific testing schedules to help avoid absences on these days if possible. You can help your child "show what they know" by encouraging a good night's rest and good breakfast in the morning. Our students and teachers have worked so hard this year, I'm excited to see the results of their efforts!

As always, please feel free to call or email with any questions or concerns.

Jen Coltvet-Principal
jcoltvet@epsne.org
 402-289-9045

Reminder! You can drop your clothing donations here at school before or after school the week of MARCH 11th-14th. All donations will go to Elkhorn Womenade helping families in need in our community!

SODEXO-Lunch

<https://www.elkhornweb.org/parents/lunch/lunch-account/>

WEST BAY WEB PAGE:

<https://www.elkhornweb.org/westbay/>

Please go to the West Bay website to check the online calendar. [Click here: West Bay Website](#)

February Artist Challenge Winners

Ryan Sumner - 1st Grade
Aubree Peterson - 2nd Grade
Grant Volzke - 2nd Grade
Sterling Anderson - 3rd Grade
Emma Charvat - 3rd Grade
Sophia Dizona - 3rd Grade
McCaden Houng - 3rd Grade
Layla Bowers - 3rd Grade
Kaeson Schooley - 3rd Grade
Aubrey Stolp - 3rd Grade
Adelyn Stater - 4th Grade
Callie Deegan - 5th Grade
Arina Shaposhnikova - 5th Grade
Lucy Walter - 5th Grade



Sterling Anderson - 3rd Grade

Paws-itively Awesome Students

These students were caught being safe, respectful and responsible! As a part of our Positive Behavior System at West Bay we recognize students for their actions with TIGER TICKETS.

Liam Eisele	Kaylee Boll	Greyson Farmer	Sam Jahn
Mia Rowe	Rylin Auch	Stella Roberts	Kaden Bachman
Eleanor Arnold	Dylan Neal	Henry Thompson	Summer Phillips
Liam Searcy	Pyper Songster	Mackenzie Frans	Sam Hall
Gavin Bachman	Charlie Kershke	Avery Borkowski	Mason Fehringer
Audrey Kim	Jamison Lightener	Sloan Smith	Ryan Sumner
Aditya Thirumalareddy	Julia Sceals	Cella Guthmiller	Nikhil Singh
Lila Murphy	Jana Alsaleem	Leyton Michaelis	Siddharth Rai
Jovi Thomalla	Graham Parsons	Macy Kerres	Landon Polzin
Vianna Maes	Isabelle Hill	Olivia Grennan	Hadley Fox
Sarah Pappalil	Cooper Smith	Kate Wanzek	Eisley Rich
Bella Miller	Asher Elliott	Evelyn Thompson	Emma Charvat
Harrison Hunt	Cale Jackson	Ayla Peterson	Hayden Richter
Campbell Hoeft	Makinley Daugherty	Emma Moore	Matthew Pappalil
Addison Safford	Kaitlyn Willman	Sam Vollmuth	Grace Volzke
Charlie Hill	Brock Savage	Thanishka Inti	Musawar Abdulrahimzai
Liam Acosta-Trejo	Trey Madsen	Matthew Huh	Cole Critster
Harper Keber	Callan Guthmiller	Savanna Bradley	Lamees Abdalla
Paris Zurn	Topher Tsai	Callie Deegan	Jamison Lightener
Gavin Lance	Garrett Fogle	Aubree Peterson	Charles Lanoha
Sydney Ferzely	Hunter Conkey	Trevor Pecha	Kaylee Witt
Trey Schieber	Ellie Brown		
Elijah Stumme	Ellie Beyer		
Mustafa Gungor	Addison Safford		
Sameer Chandra			
Landon Searcy			



District Reminders

Summer Enrichment Program

For the second year, EPS will host a Summer Enrichment Program, available to students in grades 1-8 for the 2019-2020 school year.

The Summer Enrichment Program will be offered in two separate week-long sessions. Session dates include: June 10-14 and July 8-12. Registration for the Summer Enrichment Program will open online on Wednesday, March 6th at 5:00 p.m.

To view the full list of course offerings, schedule, and registration information, please visit summerenrichment.elkhornweb.org.

Tech Savvy Parent Tip: Device Usage Reports

Currently, both Apple and Android provide reporting features on the usage of a device in the form of Apple's "Screen Time" report and Google's "Digital Well-Being" report. Both options provide parents with an opportunity to better understand their child's device usage, from a broad report detailing the amount of time spent on the device, down to the number of minutes spent on a specific app. In addition, both platforms also allow the ability to limit time spent on specific apps, and the ability to create downtime by setting specific times of the day where the device is unable to be used for anything other than the specific requirements you put in place.

For more information, check out Common Sense Media's breakdown of "Screen Time" and "Digital Being" by following the appropriate link below.

[Apple "Screen Time" report information](#)

[Google "Digital Well Being" report information](#)

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children's Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents.

FIND US ON



Open to incoming
1st-8th grade students in the
Elkhorn Public Schools District.

Registration for all courses
opens online on
Wednesday, March 6, 2019.

Now offering 2-day
Red Cross Certified Babysitter
course!



SUMMER ENRICHMENT PROGRAM

June 10-14, 2019 | July 8-12, 2019



NEVER
STOP
LEARNING

For additional information or to register,
please visit
summerenrichment.elkhornweb.org

A **HUGE** thank you to these amazing people who helped to make our West Bay Spring Book Fair a success!

Cammie Neal

Dina Gungor

Suzi Hoeft

Lynn Griffis

Karen Palmer

Lisa Fochler

Danielle Geiger

Tara Arnold

Jill Reikofski

Brooke Gruwell

Amy Toffle

Shelly Fisher

Melissa Acquazzino

Michelle Kankousky

Clara Tsai

Christy Lovewell

Liz Borkowski

Aishwarya Kadam

Rebecca Gerrity



Another thank you to our PTO for helping to purchase our new library furniture! We are still waiting on the shelving, but the tables and rockers are a big hit with our kids!

WEST BAY PTO INFORMATION



Stay Connected with West Bay's PTO

- Website: www.westbaypto.com
- Facebook: West Bay PTO
- Email: westbaypto@gmail.com

President: Katy Bode
Vice President: Tara Arnold
Treasurer: Stacey Mathis
Secretary: Kate Parsons
Community Liaison: Amy Swartz

PTO MEETING

Next Meeting: **Monday, March 4th @ 6:30pm** (Free daycare for all ages in the cafeteria) - 3rd grade teachers presenting and discuss nominations for open PTO board positions.

NOTHING BUNDT CAKES FUNDRAISER

Support West Bay PTO and take a beautifully decorated & delicious bundt cake to your Easter gathering. Sales begin March 8th with a flyer sent home with students in their Friday Folder (information is also posted to www.westbaypto.com). All order forms and payment is due to the school on Friday, March 29th. Pick-up is from 3:00-5:00pm in the West Bay Media Center on Thursday, April 18th, just in time for Easter!

DID YOU KNOW?

West Bay Elementary's recycling program is fully funded by the PTO paying \$500 annually and the Student Council gathering recycling bins twice per week.

Every student at West Bay receives a birthday book they personally pick out from a shelf in Mrs. Coltvet's office. The birthday books are paid for by West Bay PTO.

WEST BAY BINGO & FAMILY FUN NIGHT

Save the Date! Friday, April 12th from 5:00-7:30 join your fellow West Bay students & families at the Spring Fundraiser. The evening is filled with games, bingo, prizes, dinner and a silent auction. An informational flyer will be sent home soon with students about pre-purchasing dinner, buying game wristbands, bingo cards and pre-printed raffle tickets. Contact Katy Bode with questions, katy.bode@gmail.com.

TANNERS FAMILY FUN NIGHT

Don't miss the March Family Fun Night at a West Bay favorite, Tanner's on **Tuesday, March 12th, 5-close!** 10% of the proceeds will be donated back to the West Bay PTO!

OPEN PTO POSITIONS

Your time is precious and we would appreciate your consideration to give a bit of yours to a rewarding, fun & welcoming cause...West Bay PTO. For the 2019-2020 school year we need to fill the following board positions:

Vice President (2 year commitment with year 2 as President)

Treasurer (2 year term)

Community Liaison (1 year term)

Committee chairs, co-chairs and committee members are also needed. Please go to www.westbaypto.com under "Committees and Volunteers" to find descriptions of positions. Board position nominations will be presented at the March 4th PTO meeting with elections at the April 8th PTO meeting. If interested in a board position or committee please email Amy Swartz at amyscardina@yahoo.com.

TEACHER & STAFF APPRECIATION WEEK

Secret Agent Training will take place March 4-8th with students & West Bay families treating the staff to meals, snacks & activities! The school will be on a "Top Secret Mission...Celebrating Our Teachers!". A fun week has been planned for staff & students as a THANK YOU for all of their hard work & dedication. Sign-up genius links are available at www.westbaypto.com for you to donate towards the meals & snacks planned. (Please take note of the drop off dates for donated items. They are not always on the day needed.). Thank you in advance!

Monday, March 4th: Top Secret Lunch! Staff will be treated to soup, salads & sandwiches.

Tuesday, March 5th: Celebrate your teacher! Please make a handmade card/note for your teacher & bring to class. Staff will be treated to breakfast.

Wednesday, March 6th: Secret Agent Training! Students are encouraged to dress up as a Spy/Detective & will celebrate the Specials Teachers. Italian lunch provided to staff.

Thursday, March 7th: Strictly Confidential Snacks! Staff snack bar provided & Support Staff celebrated.

Friday, March 8th: Mission Accomplished! Students encouraged to wear West Bay spirit gear. Staff will be treated with Jo on the Go and sweet treats.

MONDAY

Student Breakfast: \$1.50
Student Lunch: \$2.50

TUESDAY

**Gluten Free option (listed at the bottom of each day)
Fresh Fruit & Vegetable Bar offered daily

WEDNESDAY



THURSDAY

FRIDAY

1
1 - Pepperoni Kidzable*
2 - Hot Dog
3 - Pancakes & Green Eggs & Ham
4 - Turkey & Cheese Sandwich**
**GF Pancakes & Eggs
A

4
1 - Ham Kidzable w/Crackers*
2 - Cheese Pizza**
3 - Hamburger
4 - Chicken Ranch Wrap
*Cheese Pizza
B

5
1 - Pepperoni Pizza Kidzable*
2 - French Toast Sticks
3 - Crispy Chicken Sandwich
4 - Banana Split Parfait**
**Banana Split Parfait
C

6
1 - Turkey Kidzable
2 - Chicken Nuggets**
3 - Grilled Cheese & Tomato Soup
4 - Chicken BLT Salad
**Chicken Nuggets
D

7
1 - Cinnamon Roll Kidzable
2 - French Bread Pizza
3 - Hot Dog**
4 - Blueberry Parfait
**Hot Dog
E

8
1 - Pepperoni Kidzable*
2 - Fish Sticks
3 - Beef & Cheese Nachos
4 - Turkey & Cheese Sandwich**
**Turkey & Cheese Sandwich
A

11
1 - Ham Kidzable*
2 - Pepperoni Pizza*
3 - Cheeseburger**
4 - Sunbutter & Jelly Sandwich
**Cheeseburger
B

12
1 - Sunbutter & Jelly Kidzable**
2 - Mini Corn Dogs
3 - Dutch Waffle w/Eggs
4 - Double Berry Parfait
**Sunbutter & Jelly Kidzable
C

13
1 - Turkey Kidzable
2 - Chicken Nuggets**
3 - Cheese Quesadilla w/Salsa
4 - Fruit Bowl w/Muffin
**Chicken Nuggets
D

14
1 - Cinnamon Roll Kidzable
2 - Walking Taco**
3 - Meatball Sub
4 - Strawberry Banana Parfait**
**Walking Taco
E



18
Spring Break



20
Spring Break



22
Spring Break

25
1 - Ham Kidzable*
2 - Pepperoni Pizza**
3 - Cheeseburger
4 - Sunbutter & Banana Wrap
**Pepperoni Pizza
A

26
1 - Pepperoni Pizza Kidzable*
2 - Grilled Cheese
3 - Corn Dog
4 - Strawberry Parfait**
**Grilled Cheese
B

27
1 - Turkey Kidzable
2 - Chicken Nuggets**
3 - Pancakes & Cheesy Eggs
4 - Fruit Bowl w/Muffin
**Chicken Nuggets
C

28
1 - Chicken Popper Kidzable
2 - Walking Taco
3 - Mozzarella Sticks w/Marinara
4 - Banana Split Parfait**
**Banana Split Parfait
D

29
1 - Pepperoni Kidzable*
2 - Hot Dog**
3 - Fish Sticks
4 - Turkey & Cheese Sandwich
**Hot Dog
E

National Nutrition Month: Savor The Flavor of Eating Right

March is National Nutrition Month. It's a time to remind us that how, when, why and where we eat is just as important as what we eat. With our busy lives, people tend to eat out of habit and rarely savor the experience of the food being consumed. Making sure to enjoy the sight, sounds, memories and interactions associated with eating are essential to developing an overall healthy eating plan. This is so important for children as they are growing and creating the foundation for a future of healthy eating. We should be encouraging them to sit down to a healthy breakfast, whether at home or in school.

Taking time to sit down together for meals at home may be tough, but it's critically important for creating these lasting food experiences where we are teaching children to pause for a moment and truly enjoy their food. Impulsive eating that leads to over consumption of empty calories is not the path towards a healthy future and can lead to unwanted weight gain. Take time to share food traditions with children and find creative, healthful and nutritious ways to add flavor to food. An eating pattern based on the 2015-2020 Dietary Guidelines for Americans and MyPlate recommendations can help you plan healthy meals for your family. Check out these resources at www.choosemyplate.gov.



Sodexo is committed to promoting healthier food choices and encourages students and families to use the USDA MyPlate to build healthy and balanced meals.

www.liftoffsplayground.com

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Fresh Fruit offered daily		1% white & chocolate milk offered daily	1 - Cinnamon Toast Crunch Pastry 2 - Chocolate Crescent 3 - Assorted Cereal
1 - Dutch Waffle 2 - Assorted Yogurt 3 - Assorted Cereal	1 - Bacon & Egg Biscuit 2 - Mini Donuts 3 - Assorted Cereal	1 - Warm Glazed Donut 2 - Nutrigrain Bar 3 - Assorted Cereal	1 - Sausage Pancake Sandwich 2 - Mini Donuts 3 - Assorted Cereal	1 - Mini Confetti Pancakes 2 - Purple Daze Smoothie 3 - Assorted Cereal
1 - Egg & Cheese Biscuit 2 - Poptart 3 - Assorted Cereal	1 - French Toast Sticks 2 - Mini Donuts 3 - Assorted Cereal & Cereal Bars	1 - Cinnamon Toast Crunch Pastry 2 - Assorted Muffin & Yogurt 3 - Assorted Cereal	1 - Sausage & Cheese Croissant 2 - Mini Donuts 3 - Assorted Cereal & Cereal Bars	No School
No School	No School	No School	No School	No School
1 - Fruit Frudel 2 - Assorted Yogurt 3 - Assorted Cereal	1 - Bacon Breakfast Pizza 2 - Mini Donuts 3 - Assorted Cereal	1 - Warm Glazed Donut 2 - Nutrigrain Bar 3 - Assorted Cereal	1 - Sausage, Egg & Cheese Biscuit 2 - Mini Donuts 3 - Assorted Cereal	1 - Cinnamon Toast Pastry 2 - Chocolate Crescent 3 - Assorted Cereal

Fresh Pick Recipe

TOMATO MOZZARELLA SALAD

- 1 avocado, sliced into large chunks
- 2 large tomatoes, large dice
- 1 cup celery, 1" slices
- 1 cup fresh mozzarella, large dice
- 1/2 cup basil, tom
- 4 teaspoons extra virgin olive oil
- 1 teaspoon lemon juice
- 1 teaspoon balsamic vinegar
- salt and pepper, to taste

1. Place salad ingredients in medium bowl.
2. Mix oil, lemon juice and balsamic vinegar, salt and pepper in small bowl.
3. When ready to serve, mix the salad with the dressing using just enough to coat the salad.

Non-discrimination Statement

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Nutrition Information is available upon request.



Womenade Clothing Drive Community Clothing drive benefiting Elkhorn Families

It's time to clean out our closets and get rid of those unwanted clothes!

Womenade of Elkhorn is once again sponsoring a **Clothing Drive for Elkhorn families in need** and we can sure use your help!

Drop off your gently used clothing items to your school between Monday, March 11th and Thursday, March 14th 2019. Due to limited storage and volunteer organizers, please drop off your items only on these dates.

Items will be hung on racks and sorted by size giving families a true shopping experience. Everything is donated from the clothes, racks, hangers, facility, marketing, and volunteer labor. That's right . . . it costs "0" dollars.

Families in need will then be invited to come and shop for FREE on March 23rd at the Elkhorn Teacher Training Center! They will get the first pick in the morning and then the facility will be open to the general public in the afternoon. All remaining items will be donated to other charities.

This is an amazing opportunity for Elkhorn families to help other Elkhorn families. We are happy to report that all of our elementary, middle, and high schools are participating.

If you or your children would like to help, please go to the following Signup Genius: <https://www.signupgenius.com/go/20f084fafaf2ea02-womenade1>

Please contact Theresa Johnson at mommatathome@cox.net or at 402-290-9293 with any questions.