Skyline Elementary

STALLION NEWS

May/June 2017

Upcoming Events

Tuesday, May 2	PTO Meeting	7:00 pm
Wednesday, May 3	Third Grade Field Trip	All Day
Friday, May 5	5th Grade Track & Field	Afternoon
Monday, May 15	5th Grade Visit to Elkhorn Valley View	1:30 pm
Thursday, May 18	Kindergarten Field Trip	All Day
Friday, May 19	Kdg-5th grade Fun Day	9:45 am – 2:00 pm
Thursday, May 25	Last Day of School	11:30 am dismissal

Staff Changes for 2017-18

Skyline continues to experience growth in student enrollment for next school year. A lot of it is due to the new home construction south of Pacific Street. As a result, we will be adding additional sections to grade levels to accommodate the growth. We have added three new teachers for next year. We are excited to have Kaylee Sorensen, Miranda Mull and Katie Ehle join us.

Skyline will be reducing a section of Kindergarten due to the smaller number of students. There will be three sections of Kindergarten at this time but we will continue to monitor the number with the potential to add a section if needed. Mrs. Nielsen, one of our longtime Kindergarten teachers has volunteered to move to 2nd grade next year. Mrs. Lisko, Mrs. McLaughlin and Mrs. Killeen will remain in Kindergarten.

We will be adding a fourth section of 1st grade, 2nd grade, 4th grade, and 5th grade for next year. At the beginning of second semester this year we added a fourth section of 3rd grade too. Ms. Baumert is our newest 3rd grade teacher and will remain in that position. That means that every grade level except for Kindergarten will have four sections.

To accommodate the growth, the district is providing us with another portable building with two more classrooms. Currently, two 3rd grade classes are in the existing portable. Next year, two 3rd grades and two 4th grades will be out in the portables.

Here are the staff assignments for next year with the changes in **bold**.

Kindergarten: Amanda Lisko, Katie McLaughlin, Jessica Killeen
1st Grade: Brynn Stelk, Jacquie Mack, Michelle Katt, **Kaylee Sorensen**
2nd Grade: Carrie Weis, Traci Scott, Carol Akers, **Tracy Nielsen**
3rd Grade: Jamie Pepper, Leslie Martinec, Melissa Sorensen, Amy Baumert
4th Grade: Tammy Hynek, Heather Christiansen, Carlie Bull, **Miranda Mull**
5th Grade: Lindsey Carlson, Troy Stoller, Tatum Hartvigsen, **Katie Ehle**

Important Dates for 2017-2018
Back-To-School Events

August 2nd and 3rd - New Student Registration
8:00 am to 4:00 pm

(This is only for families new to the district.)

Wednesday, August 9th – Back to School 101 from 10:00 am to 7:00 pm
It is highly encouraged that everyone participates in this event. During Back to School 101, stations will be set up for the following items: turn in all completed paperwork, have Lifetouch fall pictures taken, deposit money in lunch accounts, order yearbook, order directory, sign up for volunteer opportunities, order Skyline apparel, and find out who your teacher is for 2017-2018!

Tuesday, August 15th – Open House from 6:00 pm to 7:00 pm
Come meet your new teacher, see your new classroom and drop off your school supplies.

Thursday, August 17th – First Day of School!!

Curriculum Nights
Kindergarten and 5th grade will be on Thursday, August 24th from 6:00 pm to 7:00 pm
Grades 1st thru 4th will be on Tuesday, August 29th from 6:00 pm to 7:00 pm

DI News from Mrs. Kramer

Congratulations to our Destination Imagination teams for their performances in April's state tournament! Team names and members include:

Skyline 4th Grade: Kelsey Gress, Ethan Haughawout, Christian Jones, Cadence Quick, and Zevren Randazzo.
KABAM Dreamers: Ashton Bird, Alexis Feist, Kylie Meadows, Brianna Robinson, and Michelle Swanson.
Neon Smarties: Shaylee George, Brynn Marsh, Julia Ringenberg, Lena Seavey, and Briella Thompson.
CEIKS: Elizabeth Barton, Anabel Bedlan, Morgan Castle, and Elly Thiem

A special congratulations goes to the CEIKS for placing first in their challenge and being invited to participate in the global competition. Way to go, teams!

From the Nurse…

~ Medication Pick-up ~

The school is not able to store medication over the summer. So please remember, all student medications *must be picked up by a parent/guardian*, from the health office by Thursday, May 25, or it will be properly disposed of.

~ Medication for the 2017-2018 school year ~

If your student requires any medication (over-the-counter and/or prescription) while at school, each medication must have a Medication Authorization form (link below) signed by the parent and a physician, before we can administer. All medications must be non-expired and provided in the original packaging and/or pharmacy container.

Link to print blank medication authorization form:
http://www.elkhornweb.org/parents/student-medication-form/

~ Students with Asthma, Severe Allergies, Diabetes, and/or Seizures ~

If your child has asthma, severe allergies, diabetes, and/or seizures, please submit an emergency action plan signed by your physician. Plans must be updated annually. Blank forms can be obtained at the school office, clicking on link below, or your physician's office can use whatever form they prefer.

Link to print blank Asthma/Anaphylaxis Action Plan:
http://nebula.wsimg.com/7d14993b3a9805164b188eb0a9e8dd01?AccessKeyId=32029651ABFAD3DBF315&disposition=0&alloworigin=1

~ Incoming Kindergarteners ~

Please remember that all incoming Kindergarteners are required by the State of Nebraska to have a physical exam, vision exam, and fully vaccinated according to state regulations. Vaccine requirements are outlined on the Nebraska Department of Health and Human Services website.

Summer Activity Camps

Each summer Elkhorn coaches and sponsors offer a variety of sports/activity camps for students of all ages. Available camps will be posted online at **elkhornweb.org/antlers** and **elkhornweb.org/storm** by April 1, 2017. Parents can go online to browse camps and download registration flyers. ***Please note:*** *Elkhorn Public Schools only posts summer camp information for camps hosted by an EPS coach or sponsor as related to his or her duties within the school district.*

Are You Moving???

The time has come for us to begin preparing for the 2017-2018 school year. Please notify the office at 402-289-3433 if you have moved OR if you will be moving over the summer, either <u>within</u> the Elkhorn School District or <u>out</u> of the Elkhorn School District. This information helps us to accurately prepare for classes and materials for next year.

Lost and Found

The lost and found is overflowing! Please have your child check the cafeteria counters for any missing items that might be theirs. Anything left after Thursday, May 25, will be donated to charity. Two pairs of glasses were turned in to the office. If your child is missing his/her glasses, please contact the office.

NeSA (Grade 3-5) and MAP (Grades 2-5) Testing Schedule

Each spring all District students in grades third, fourth, and fifth complete the Nebraska State Accountability (NeSA) assessments. Plus, all students in grades second through fifth are administered the MAP assessment. Results from the NeSA and MAP assessments are used to identify strengths and areas of need across the District, as well as for each individual student. It is important that your student(s) be present during these assessments in order to get an accurate snapshot of their level of mastery in relation to state standards. These results will also allow our teaching staff to guide classroom instruction based on areas of need. Listed below are the scheduled dates for the NeSA and MAP assessments at Skyline. Please be mindful of these dates when scheduling appointments, vacations, etc.

	Second Grade	Third Grade	Fourth Grade	Fifth Grade
MAP-R	May 3 9:00	May 2 1:00	May 10 10:30	May 2
MAP-M	May 1 9:00	May 4 1:00	May 11 10:30	May 4
MAP-S	Not administered	Not administered	Not administered	May 9

As the school year winds down, we would like parents to check the balance(s) on their student(s) lunch accounts. If an account is **negative**, ***please make a payment.*** We ask that no account is left negative over the summer. Positive accounts will carry over to the next school year.
If you have a graduating Senior their account must be paid if it is negative, in order to be cleared and signed off on May 17, 2017. If there is a remaining balance, you can request a refund or balance transfer after May 19, 2017. ***Please be sure to cancel automatic payments to prevent additional deposits before requesting a refund.**
We ask that you pay close attention to your accounts and keep them funded to avoid your child missing a meal. There is NO charging allowed at Secondary levels. When an account reaches $0.00 the student will need to pay for meals in cash or have funds deposited to their account prior to receiving a meal.
Emails are sent on a daily basis for students at $5.00 and below and at the end of each month regardless of the balance. Parents are encouraged to go online and set up their accounts to receive emails prior to going negative.
If you have not received an email from us, please contact your school to make sure they have a correct email address on file, or check your spam folder.

Lunch accounts can be set up and viewed through our District website at www.elkhornweb.org.
Click on Login Links on top left corner, scroll down and click on Parent/Student then Lunch Account.

Access Lunchtime Online under the red lettering, click on: https://www.schoolpaymentportal.com/

You will need to create an account, using your students pin number, birthdate and zip code to your student's school. Please set up your email reminders so that you receive an email prior to your student going negative by clicking the view/set reminder box.

You will need your student id numbers which are available at our office or from your student.

*A students Lunch Account will continue with them while in attendance with Elkhorn Public Schools.

If you have any questions regarding your account, please call our office at 402-289-0443.
Thank you,
Shannon Sintek
Sodexo
Food Service Director
Elkhorn Public Schools
402-289-0443

As many of you may already know, the Elkhorn Public Schools partners with Arbor Family Counseling. Any student can see them for two free sessions per situation or struggle that they are trying to work through. Arbor Family Counseling has lots of great resources such as the one include in this newsletter entitled "Talking To Your Teen". Many of you have a teen in your family or soon will have. While the tips in this article do pertain to teens, there are pieces that can be pulled out and used when talking with children of any age. Never hesitate to reach out to Arbor Family Counseling for any need that you or your child may have. They are great people that will provide the support you need and are looking for!

Talking to Your Teen

Below are suggestions. Your School System has provided a confidential, free resource for you to call for any additional questions or help. Call Arbor Family Counseling at 402-330-0960 24 hrs a day

The following may be helpful to improve the level of conversation:

1. Don't be afraid to ask your teen about current provocative shows or events in the media. They are responding.
2. Hold an important conversation about the difference between what is portrayed on TV and real life, asking them to tell you the difference.
3. Remember that your teen will decide. He or she can tell you a lot or a little. You can accept the good moods and ignore the bad ones.
4. Validate your teen's feelings without going overboard. "I can really understand how you must have felt" is better than "Wow! That must have been SO embarrassing!"
5. Knowing how to acknowledge and respond to your teen who shares their thoughts of emotional distress or suicide with you is important. Don't judge them or their thoughts. Listen. Be caring and kind. Offer to stay with them.
6. If your teen tells you they are suicidal, take them seriously and get help. Contact your school counselor or call us at Arbor, 402-330-0960.
7. If they exhibit any warning signs, don't be afraid to ask if they are anxious, depressed or have thought about suicide or if someone is hurting them. Raising the issue of suicide does not increase the risk or plant the idea. On the contrary, it creates the opportunity to offer help.
8. Ask your child if they think any of their friends or classmates exhibit warning signs. Talk with them about how to seek help for their friend or classmate. Guide them on how to respond when they see or hear any warning signs.
9. Tell your teen what's going on with you. Over time your teenager may come to see that volunteering a report is acceptable.
10. Share your own memories on specific subjects. Tell your teen how you survived particularly stressful events yourself.
11. Keep things light. If you can get your teen to laugh at you or at his or her self, your relationship will go far - because it's fun and safe.

ARBOR FAMILY COUNSELING

11605 Arbor Street, Suite 106, Omaha, NE 68144
PH: 402-330-0960 or 800-922-7379 FAX: 402-330-8815
WEB: www.arborfamilycounseling.com

Parent-Speak Teenagers Hear

The following may be helpful in getting your teenager to hear what you're saying:

1. Make statements describing how you feel (use "I" a lot).
2. If you need to discuss something important, think it through (you can even make notes if you need to).
3. Be clear and concise in your messages. If you don't approve of teenage drinking, say so.
4. Convey love in all your messages.

How NOT to Talk to Your Teen

Here's what not to do when you talk to your teen:

1. Deliver a lecture or a monologue with no opportunity for you teen to respond.
2. Take an authoritarian approach.
3. Open with an accusation.
4. Fail to take into account your teen's perspective.
5. Yell to get your point across.
6. Nag. It doesn't work anyway.
7. Criticize. There may be circumstances you wish to express your opinion, and that's okay. Just say how you feel in a non-accusatory way.

Listening to Your Teen

Listening is more than just being quiet while someone else talks. Here are some guidelines for listening:

1. Pay attention to the trivial as well as the important.
2. Give your undivided attention to your teen if he or she is telling you something that is important to them.
3. Teens share intimacies at some of the most awkward times. If you can, try to clear time to listen right then; if you can't, let your teen know that you really do want to talk and suggest another time.
4. Ask questions to clarify, but not to criticize.

Some Final Thoughts on Communicating With Your Teen

1. Though your teen wants to talk on his or her terms, they still want to communicate with you.
2. Find activities you can do together to foster opportunities for talking.
3. Listen more than you talk.
4. Don't nag, lecture, or criticize. These do not promote communication.
5. Try to resist bringing up touchy issues you and your teen spoke about previously.
6. While you must still be the parent in this relationship, try treating your teen with the respect and tact you would use with a good friend.

Adapted from The Complete Idiot's Guide to Parenting a Teenager, by Kate Kelly

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