

October 2017



MOUNTAIN LION TIMES

UPCOMING EVENTS

MONDAY, OCT. 2ND	PTO MEETING 9AM
WED. OCT. 4TH & THURS. OCT. 5TH	5TH GRADE OUTDOOR ED
FRI. OCT. 6TH	SMENCIL & SUCKER SALES
TUES. OCT. 10TH	FALL PICTURE RETAKES
THURS. OCT. 12TH	END OF FIRST QUARTER
FRI. OCT. 13TH	NO SCHOOL-TEACHER IN-SERVICE
TUES. OCT. 17TH & WED. OCT. 18TH	PARENT/TEACHER CONFERENCES 3-7PM **2:06PM DISMISSAL ON BOTH DAYS
FRI. OCT. 20TH	NO SCHOOL
MON. OCT. 23RD- FRI. OCT. 27TH	RED RIBBON WEEK
THURS. OCT. 26TH	KINDERGARTEN FIELD TRIP TO FONTENELLE FOREST 2ND GRADE MUSIC PROGRAM 6:00PM & 3RD GRADE MUSIC PROGRAM 7:00PM
FRI. OCT. 27TH	SMENCIL & SUCKER SALES & FALL PARTIES AT 2:00PM

PRINCIPAL'S MESSAGE

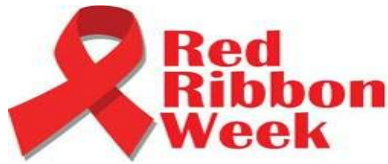
Welcome to the beautiful days of fall! It's hard to believe that conferences will take place this month. We will once again be using the online site called Pick-A-Time for parents to select a time to meet with the teacher. Detailed information about this process is available in this newsletter. Conferences will be conducted on Tuesday, Oct. 17th and Wednesday, Oct. 18th. Students will be released at 2:06 p.m. on both days.

This year, our professional development during in-service time will focus on the gradual release of responsibility components of effective instruction, which are part of Elkhorn's instructional model. Gradual release is a progression in which teachers gradually do less of the work and students gradually assume increased responsibility. This is sometimes referred to as Focused Instruction (I do it.), Guided Instruction (We do it.), Collaborative Learning (You do it together), and Independent Practice (You do it alone.).

A HUGE thank you goes out to everyone involved in making our Walk-A-Thon and the Fall Family Festival such amazing events! We wouldn't be able to do all of the things we do at Manchester without your time, talents, and financial support. It is such a blessing to be part of such a giving and supportive community.

Please know that throughout the school year my door is always open. Never hesitate to set up a time to meet with me. You can also email me at achrist@epsne.org or you can call me at 402-289-2590.

Mrs. Christ



On Wednesday of Red Ribbon Week, RESPECT, a small theater group, will present a couple of their shows. One of the presentations they will be performing for our 3-5 grade students is called "Between the Lines." The presentation addresses multiple forms of bullying--verbal, physical, social, and cyber--especially within social groups. The program shows the impact on kids who are put in the middle of conflicts between their own friends. Our K-2 students will get the opportunity to watch their "Stop and Think" presentation. This program focuses on the identification of many bullying behaviors and prevention techniques. Students will learn how situations can change and how a person can become empowered if they "stop and think." This program includes interactive scenes in which the students are asked to participate by providing suggestions exercising impulse control to lead to a happy ending.



Regular attendance by students at school is essential for children to obtain the maximum opportunities from the education program offered at Manchester. Parents and students are encouraged to ensure regular and timely attendance at school. Absences from school should be minimized whenever possible.

This year, parents or guardians will receive letters from the school when their child has exceeded 5 absences per quarter. Letters will also be sent home when a child exceeds 10, 15, and 20 days for the entire school year. Meetings with the teacher, counselor and principal maybe set up throughout the year to help solve problems with attendance.

Letters will also be sent home for late arrivals at 10, 15, 20, etc. We know regular school attendance helps to develop habits of punctuality, self-discipline and responsibility along with helping to ensure student success. It is our goal to have all kids accounted for and fully present at the beginning of each school day.

We ask for your cooperation with attendance. Contacting the office when your child is sick or has an appointment is always appreciated.

is it BULLYING?

How can you tell if someone is being bullied?

Joking Around (Not Bullying):

- Everyone is having fun.
- No one is getting hurt.
- Everyone is participating equally.

One Time Thing (Not Bullying):

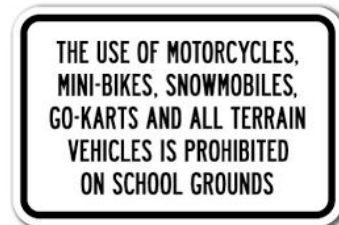
- Someone is being mean on purpose.
- It's a reaction to a strong emotion or feeling.
- It happens once and doesn't repeat itself.

Conflict (Not Bullying):

- Two people with a balance of power that have a fight, argument, or disagreement.
- A solution can usually be found.

Bullying:

- Repeated, unwanted aggressive behavior towards someone.
- Someone is being hurt on purpose.
- It was done intentionally.
- Can be social, verbal, physical, or cyber.
- Imbalance of power.



As the improvements to the open space (baseball field, soccer field, paved path) on school grounds are nearing completion thanks to our community support, I want to remind everyone that no unauthorized motorized vehicles are allowed on school grounds. Yes, this also includes golf carts. Thanks for being respectful and keeping these items off property.



SPIRIT DAYS AT MANCHESTER

Every Friday is spirit day at Manchester, wear your Manchester gear or our school colors (red, white, black) to show your mountain lion pride!

PICK A TIME--CONFERENCE SCHEDULING **DIRECTIONS FOR PARENTS**

Manchester uses Pick-a-Time to schedule Parent Teacher Conferences. The online scheduler **opens at 10:00 a.m.** on Monday, October 2. This is a first-come first-serve scheduling software. As a result, the sooner you register the more likely you are to get your preferred time. In addition, if you have more than one student, it will not allow you to schedule them back-to-back. It will require a fifteen-minute travel time between the two conferences. This allows for travel time and for conferences that have gotten behind schedule. The one exception is if you have children who have the same teacher.

Follow the directions below to get to the Parent Teacher Conference scheduler.

Web address: <https://pickatime.com/client?ven=11605156>

Sign In

If you've previously registered, all you need to do is enter your email address and password. The system will know about your appointments and the children you have added to your account.

Register (kindergarten or students new to Manchester)

1. Enter your email address and push "Login/Create Account".
2. Fill in the required fields and register.
3. For each child, enter your child's first and last name for the student. ID. (example: JohnSmith) and birth date (example: 12/15/2005)

Scheduling

1. Each colored square represents an available meeting time. The legend/key shows you what each color means. **Click on a square to book that time.**
2. As an option, you have the choice of setting a time when you would like a reminder email delivered.
3. Click "**Create Appointment**" to finalize.

Repeat until you have a time for each of your children.

- *At any time, you can click on "**printable schedule**" and print the resulting web page to get a hard copy of your schedule. You will also have the option to email your schedule to yourself.
- *You have the ability to change your conference time through Sunday, October 15th. You will need to log in with the email address and password you used to create your account. If you need to make a change after October 15th, you will need to contact the office at 402-289-2590.
- *Click on "**Your Schedule**" to display and hide your appointments. There will be links to change the time or cancel the appointment.

Please Note: The art, music, PE, and media teachers are also available for conferences during these times. Our HALE teacher will be at Manchester on Tuesday night only, as she will be at the other building she provides services to on Wednesday. Please feel free to stop in and visit with them during the conference days and times.



Please turn in your Hy-Vee receipts in the designated Manchester Elementary slot at your local 156th and Maple store. \$1 is given back for each \$200 spent up to \$2000! The program runs September 1 to December 31. **Don't forget to turn in your **GAS** receipts, too. You can also have your child drop off the receipts at the Manchester office.



BEFORE SCHOOL

Please remember, students are not supervised (or let into the building when it is indoor walking club) until 7:55, when walking club starts. Teachers do not report until 7:45 and then they are setting their things down to get to their posts by 7:55. Please do not drop your child off before 7:55 unless they are having breakfast, working with a teacher, or on safety patrol. Our tardy bell rings at 8:15. Thank you!

CLASSROOM TREATS & PARTY INVITATIONS



Just a friendly, but important reminder: due to various student allergies, any treat/snack brought to the classroom needs to be store bought with the ingredients clearly labeled.

Invitations to birthday parties and other events must be mailed or distributed away from the school grounds to students for out of school parties, according to district policy. Please also do not ask teachers to provide other students' addresses. Please check out the school directory available on the Manchester PTO webpage to find students' addresses.

MANCHESTER RECYCLINGS



At Manchester, every classroom has a container where recyclables are placed. Then on a weekly basis, student council members collect the bins and put the items into our larger containers. The main items we recycle in the building are paper and cardboard. Thanks to the PTO for paying for the monthly recycling bill.



Halloween is fast approaching which means it's time to review some guidelines. On Friday, October 27th, the students will have the opportunity to walk in a school parade to show off their costumes. If the weather permits, we will be walking outside around the school. We invite you to come and see the parade. Please line the sidewalks and wait for our little trick-or-treaters to come around the building. After the parade, they will return to their classrooms for their Halloween celebration.

Students may choose to wear or not wear a costume for the parade and party. If they choose to wear a costume, they will be given time to dress prior to the parade. Parents may come to assist with putting on costumes. Students will start putting on costumes at 1:45p.m. We ask that parents not go to the classrooms until that time. The parade will start at approximately 2:00p.m.

If your child chooses to wear a costume, he/she must adhere to these guidelines:

- No face make-up even for the parade.
- No weapons, real or pretend, such as knives, guns, hatchets, swords, etc.

If you would rather your child not participate in the parade, please give me a call. We will figure out an alternative plan for your child. Most importantly, if you do decide to come up for the parade/Halloween parties and park in the drop-off/pick-up lane, you must be in your vehicle by 3:06p.m.



TAGG-Download the app, visit participating businesses and "TAGG" your purchases. The business will donate up to 5% of the purchase to Manchester PTO when you choose our school. See more information at www.togetheragreatergood.com/demo

SUPPORT OUR SCHOOL AS YOU EAT, DRINK + SHOP!

NOW ON TAGG!



Use TAGG at these two locations only:

76th & Pacific
(Aksarben)

Brandeis Building
(Downtown)



IT'S AS EASY AS 1-2-3

- 1 Download the TAGG app
- 2 Visit participating businesses and snap a photo of your receipt within 7 days
- 3 Choose our school. The business will donate 5% at NO extra cost to you!



STUDENT COUNCIL

CONGRATULATIONS TO THE 2017-18 STUDENT COUNCIL MEMBERS!

3RD GRADE

Jenkins: Kade Miller & Kaylee Lake

Lee: Olivia Cemer & Keegan Driever

Meske: Harper Wills & Austin McMurtry

Stabenow: Andrew Urbano & Jade Young

4TH GRADE

Meissner: Chloe Cannon & Emerson DePew

Krohn: Brooke Franzen & Evan Olijnek

Conley: Lydia Connolly & Asher Christo

Sittler: Audra Brabec & Chris Westphalen

5TH GRADE

Becker: Sydney Wallace & Jett Tingelhoff

Donahue: Ben Bailey & Ava Kloster,

McMurtry: Mason Miller & Payton Brummels

A MESSAGE FROM STUDENT COUNCIL

Thank you to everyone that donated to help students affected by the recent hurricanes. We raised \$1,455.02 as an entire school. Fifth grade collected over \$400 and earned a popcorn party! Thank you again to everyone that contributed!

SCHOLASTIC SUMMER READING CHALLENGE

Children who do not read during the summer months can lose up to three months of reading progress. To help prevent this "summer slide", this past summer our Manchester students were invited to participate in the Scholastic Summer Reading Challenge. Students were challenged to read 1,500 minutes or more between May 22nd and September 3rd. Twenty-seven Manchester students met or exceeded this goal and were rewarded with a frozen treat from Kona Ice.

Congratulations to the following students for reading 1,500 minutes or more:

1st grade

Noah Freeland

Britton Falk

Reid Morgan

2nd grade

Nora Morgan

Karlie Burnett

Adrija Adhikary

Grant Metschke'

Brayden Ruhlman

Addison Thies

3rd grade

Jace Carney

Will Freeland

Kade Miller

Calen Zarkowsk

Ryne Zarkowski

Joe Lake

Grant Sutko

4th grade

Carter Thies

Chase Vokt

Harrison Vokt

Alyssa Zagurski

Sai Samaran Araveti

Naomi Ford

Kason Krings

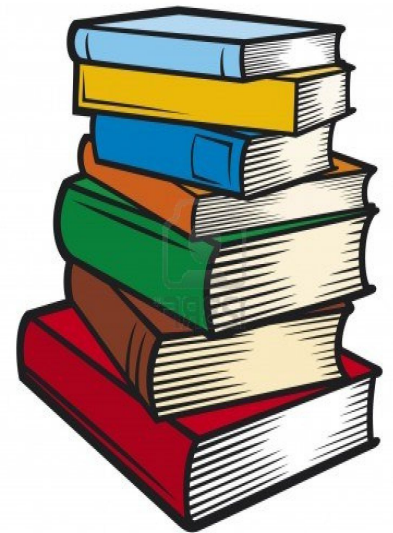
5th grade

Sidney Weddell

Natalie Brand

Abby Rosterman

Morgan Lake



CONGRATULATIONS MANCHESTER PAWSITIVE PRIDE STUDENTS!



Emme Foral
Brooke Sporhase
Keegan Kasner
Halley Foy



Pierce Berger
Brayden Reynolds
Natalie Brabec
Leah Jefferson
Korynn Clark



Brayden Ruhlman
Regan Freeman
Chloe Holmquist
Ceaná Bhakta



Charlie Abrahamson
Camille Peterson
Carson Driever
Grant Sutko



Landen Triplett
Parker Burnham
Naomi Ford
Ian Paulsen



Malayna Nave
Kamryn Kasner
Addison Rutter



Breccan Campney

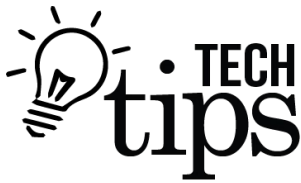


Elena Shook



Henry Cohen

Students will enjoy their lunch with Mrs. Christ on Tuesday, October 3rd.



SchoolMessenger - Are You Up to Date?

EPS uses a parent messaging system called SchoolMessenger to send emails and phone calls to parents. To ensure you are receiving important messages from your school, be sure to let the office know of any changes to your email addresses or phone numbers.

YouTube - A Guide to Understanding Your Child's Video Watching

YouTube is a common video watching platform used by many youths to find content on subjects that they find interesting or enjoyable to watch. In order to have a better understanding of what your child is watching on YouTube, below is a list of questions that you can ask:

- 1) *What's trending today?* Trending videos appear on YouTube's home page and show the most recent viral videos, what's funny, and what's being shared. Knowing what's trending will give parents a better understanding of the type of content your child is being exposed to by them simply going to the YouTube home page.
- 2) *What channels do you subscribe to?* If a child is taking the time to subscribe to a specific channel, it's a guarantee that the content being shown is something of interest to them. Get involved and find out what those channels are, so you can get a better idea of what specific content your child finds interesting and why. This could turn out to be a significant subject area interest for your child and a good common ground topic for conversations.
- 3) *What's in your library?* One's YouTube library is the place where videos that the user has liked or shared are stored. This too, is a way to discover content that your child finds interesting.
- 4) *What was the last video you shared?* Youth share things with others only when they find them to be interesting or enjoyable, or they feel that others will enjoy them as well. Get a glimpse into what videos are catching their attention by asking this question.

MANCHESTER PTO
NEWS, EVENTS, ANNOUNCEMENTS



DATES TO REMEMBER

October 2017

- 2 PTO Meeting 9:00am
- 10 Family Dinner Night: Runza (5-9pm)
- 17/18 Parent Teacher Conf. Donate Food
- 24 Family Dinner Night: Tanners (All Day)
- 27 Fall Parties: Volunteers in Classroom!

Let's Make it a Great Year!

Get Active in the PTO!

All parents are automatically members of the Manchester Elementary PTO, so there are no dues to pay! We have several committees asking for additional volunteers (a partial list is below). This parent community is part of what makes Manchester so great – and we would love to have you actively participate!

PTO Meeting: Monday October 2, 9:00am.

Committees Looking for Volunteers: Yearbook, , Winter Service Project, NeSA Pep Rally, Teacher Appreciation Week, etc.

PTO Website <http://www.manchesterpto.com/>

PTO Email manchesterpto1@gmail.com

PTO Facebook

<https://www.facebook.com/#!/ManchesterPTO>

School Directory

<https://www.myschoolanywhere.com/>

FALL PARTIES AND FALL CONFERENCES

Look for emails from your Room Coordinator for Fall Party Volunteer Opportunities!
A Sign Up Genius will be distributed for donation requests for Staff Dinners for Fall Conferences.
Be sure to sign up!

FUNDRAISING



Walk-A-thon Update

The Manchester Community raised over \$19,000 in our Walkathon Fundraiser.

Miss Nelson's 1st grade class won the Chick-fil-A Party and Pitch Gift Card

A HUGE THANK YOU to volunteers Renee Vokt, Jeremy Vokt, Shanna Beachy, Betsy Peters, LeeAnn Esch, Jenn Bohlsen, and Mary Metshcke for all your hard work! A GINORMOUS Thank You goes out to students, parents, and staff for raising the most ever student donations!

Be sure to look on the Manchester PTO Website to recognize the 2017 Corporate Sponsors.

Family Dinner Night

Do you want a night free of cooking and an easy way to raise money for Manchester? Join us for Family Dinner Nights!

October 10:



October 24:



Box Top\$ For Education

We will be submitting the first collection of Box Tops to Box Tops 4 Education in late October! Each month the class with the most Box Tops will receive an extra surprise! Your kids can bring the Box Tops in a plastic bag and give them to their teacher ... we will take care of the rest!

OCTOBER COUNSELOR CORNER

Counseling:

- Arbor Family Counseling (Every Elkhorn Public School student may have 2 free visits) Phone: 402-330-0960
Website: www.arborfamilycounseling.com
- Nebraska Family Helpline: 1-888-866-8660 or www.nebraskafamilyhelpline.ne.gov

Families in Need:

- Celebration of Giving Project: This program provides families with gifts around the holidays.
(Please contact me at: swiley@epsne.org if you would like to be a part of one of these programs)



NATIONAL RED RIBBON CAMPAIGN

October 23rd-27th

THEME: "Our School Has SWAG"

"Students Who Achieve Goals"

Manchester Elementary will join with schools all over the country in celebrating Red Ribbon Week from October 23rd through the 27th. This week is a reminder of making healthy life decisions and responsible choices, free of drugs.

We will be celebrating the week with the following themes: (Wear your Red Ribbons all week)

- **Monday (10/23)** "My Future is Bright No Drugs in Sight" Wear fun sunglasses/hat.
- **Tuesday (10/24)** "Real Heroes Don't Do Drugs" Dress up as your favorite Superhero or Real life Hero.
- **Wednesday (10/25)** "Our School Has SWAG:" wear your favorite outfit/express yourself.
RESPECT Assembly: K-2 (1:00-1:50) and 3-5 (2:00-2:50)
- **Thursday (10/26)** "United Against Bullying and Drugs" Wear Red, White, and Blue colors today.
- **Friday (10/27)** "Believe Achieve Succeed: Bully and Drug Free": Wear Manchester Shirts or Colors.

It is also National "SOCKTOBER" we will be collecting socks all week for the Siena Francis house

Thanks to Our Fall Family Festival Volunteers

Thank you to our amazing parents and staff that helped with the various stations/activities at the Fall Family Festival. What a great way to spend a Friday night!

Lindsay Moore	Alicia Clark	Lori Guffey	Kathi Scherzberg
Tom Hope	Megan Thom	Heather Stroh	Courtney Anderson
Aaron Ripley	Ginny Ripley	Shana Taylor	Katie Nelson
Billie Stabenow	Laura Jarrett	Diane Thies	Emily Conley
Candice Milone	Diana Meyer	Katie Knust	Prabakaran Narayanasamy
Anne Revers	Sharon Ross	Jason Moore	Lauren Ackermann
Patty Bleich	Lindsey Anderson		

Thanks to Our CHIP Volunteers

Thank you to our team of parents who help with the Child Identification Program. It was a full two days, and we wouldn't have been able to do it without your help!

Shaini Carney	Lori Guffey
Sara Bird	Nicole McMahan
Katie Horner	Jenna Cavalieri
Kamiya Mehla	Shana Taylor
Tiffany Evans	Beatriz Wieseman
Jen Czak	Pvan Kumar Tandra



NOTES FROM THE NURSE...

ERIN BRYANT, RN
ebryant@epsne.org

HEALTH SCREENING TIME IS COMING!

On Monday, November 6th, we will be screening all students in K-4 and 5th grade students who are new to Elkhorn Public Schools for: Height/Weight, Vision, Hearing, and Dental. If a potential issue is identified at the screening, an Elkhorn school nurse will rescreen, and a referral will be sent home at that time. A summary of your student's screening results will be sent home at the end of the school year. We will be sending out at SignUp Genius the first part of this coming week for volunteers to help with the screening.

FLU VACCINES

The CDC recommends getting a flu vaccine before flu begins spreading in your community. It takes about two weeks after vaccination for antibodies to develop in the body that protect against flu, so make plans to get vaccinated early in fall, before flu season begins. CDC recommends that people get a flu vaccine by the end of October, if possible. Getting vaccinated later, however, can still be beneficial and vaccination should continue to be offered throughout the flu season, even into January or later. <https://www.cdc.gov/flu/index.htm>

Select the Link Below to View the Menus

[October Breakfast Menu & Lunch Menu](#)

OUR PROGRAM

The Elkhorn Public Schools Partners in Education Mentoring Program differs from other mentoring programs in two key ways:

1) **Academically-focused:** the primary goal of mentors in our program is to assist students with their academic needs and curriculum understanding.

2) **Based at school:** all mentoring sessions occur during school hours. This ensures that the focus remains on academics. Mentors are welcome to meet with their mentees outside of school hours if permission is granted by the mentee's guardians.

By focusing primarily on academics, our students are regularly reminded of the importance of education.

THE MENTORING IMPACT

Mentors help keep students in school - studies show that students who meet regularly with their mentors are 52% less likely than their peers to skip a day of school and 37% less likely to skip a class.

Mentors can improve academic skills by assisting in developing positive study habits and growing a passion for learning. The development of these skills increases the likelihood of students going on to pursue a higher education and improves attitudes towards education and learning.

Youth who meet regularly with their mentors see them as role models and are generally 46% less likely than their peers to start using illegal drugs and 27% less likely to start drinking due to a mentor's positive influence.

MENTOR RESPONSIBILITIES

- Provide academic support at the appropriate level
- Be a positive role model
- Provide guided/independent practice
- Reinforce classroom objectives, skills, and strategies
- Follow confidentiality guidelines
- Attend weekly sessions with mentee
- Come prepared and be on time

Make a difference in a child's life
by becoming a mentor today!

For additional information or to get an application to become a mentor, please contact Kara Perchal at (402) 289-2579 or kperchal@epsne.org or visit www.elkhornweb.org/programs/mentoring-partners.

ELKHORN PUBLIC SCHOOLS

PARTNERS IN
EDUCATION

MENTORING PROGRAM

1ST
ANNUAL



5K RUN & SATURDAY STROLL



A CROSS COUNTRY RACE TO BENEFIT SPECIAL EDUCATION FOR ELKHORN YOUTH



Bring your family and come race with us! We are offering a professionally timed 5k cross-country race and a Saturday Stroll with a 100 yard Kids Dash! The 5k race will take place on the EHS Campus, beginning and ending in the football stadium. All minors participating in the 5K must be accompanied by an adult registered for the event. Saturday Strollers is an option for our parents with young kids who just want to stroll some laps around the track while other family members race! We will also hold a 100 yard Kids' Dash on the football field (12 years and under). Awards given for 5K by category.

SAT. OCT 21, 2017

Elkhorn High School Football Stadium

Registration: 7:00 AM

Start Time: 8:00 AM

PRE-REGISTRATION

Deadline: OCTOBER 7

5k: \$30 Fee w/T-shirt

Saturday Stroll or Kids Dash (12&U): \$15 Fee w/T-shirt

DAY OF EVENT:

5k: \$40 Fee

Saturday Stroll & Kids Dash: \$20 Fee



A PARTNERSHIP AIDING
ELKHORN SOCCER CLUB'S
TOPSOCCER PROGRAM
AND EPSF'S CLASSROOM
GRANTS PROGRAM FOR
SPECIAL EDUCATION IN THE
ELKHORN PUBLIC SCHOOLS
DISTRICT

For More Info or to Register Online, visit:

www.elkhornsoccer.org or www.elkhornfoundation.org