



Hillrise Huskies...Teamwork Makes the Dream Work!

Happy Friday Hillrise Families!

Where is the time going? It is just flying! Look to the right at all the fun activities coming up! It's going to be a fabulous month! Please be sure to read the attachments included in this newsletter for some important information!

From The Hillrise Student Council

The Hillrise Student Council has been busy fulfilling its "Kindness Matters" motto for the year. In addition to our Hats for Houston fundraiser that brought in nearly \$1,000 for a Houston elementary school, members also raked leaves in the fall for a Hillrise neighborhood family, organized a food drive in the winter and most recently sponsored the #GiveMeABreak fundraiser. Over \$400 in books and other supplies will be donated to the Children's Hospital. The Hillrise Student Council would like to thank everyone who has donated to any of our causes this year!

Congratulations to this week's Allstar winners:

Kindergarten: Annabelle Mark First Grade: Hailey Haberling Second Grade: Gavyn Petrick Third Grade: Derek Kinney Fourth Grade: Jack Metschke Fifth Grade: Ignacio Vidal Have a great weekend! Deb Madden Principal Hillrise Elementary 402-289-2602 dmadden@epsne.org

May 4, 2018

[SUNDAY] MAY 6 1000 Degrees Pizzeria FNO 3-8 PM

> [MONDAY] MAY 7 PTO Meeting 6:30

[MONDAY] **MAY 10** Jimmy John's 4:00-9:00 PM

[FRIDAY] MAY 11 First Grade to Lauritzen Gardens

> [TUESDAY] **MAY 15** Fourth Grade to Lincoln

[WEDNESDAY] **MAY 16** Kindergarten to Gifford Farms

> [FRIDAY] MAY 18 K-2 Fun Day!

[MONDAY] **MAY 21** 3-5 Track Day! Second Grade to Morrill Hall

[FRIDAY] **MAY 25** Last Day! Fifth Grade Graduation 9:30 Dismissal 11:30

Hillrise Huskies Teamwork Makes the Dream Work!

The following students were chosen by their teachers as showing great character this past month! They will be recognized at a "Paws Party", receive a sign to place in their yard for a week, and earn a star to be placed on our "Wall of Sportsmanship" (by the Music room).

Congratulations to these outstanding students!

<u>Kindergarten</u> Charlie Moore James Bostwick Luke Douglas Gabe Griffin

<u>Third Grade</u> Sam Franco Adison Sant Sammie Nelson <u>First Grade</u> Elaina Arensdorf Dean Beyer Easton Obbink

<u>Fourth Grade</u> Alex Uchtman Kaydence Fritz Anna Suh <u>Second Grade</u> Quade Carraher Kaylin Shanahan Liza Gross

<u>Fifth Grade</u> Tatum Zegers Jacob Leyda



School Hours: 8:15-3:06 Breakfast: 7:35-7:55 Walking Club: 7:55-8:10

Lunch Times: Kindergarten: 11:15-11:40 1st Grade: 11:30-11:50 2nd Grade: 11:50-12:10 3rd Grade: 11:55-12:15 4th Grade: 12:15-12:35 5th Grade: 12:25-12:45 **recess is prior to lunch**

Our Mission

The mission of Hillrise Elementary is to inspire lifelong learners, to foster a belief in one's ability to succeed, to nurture respect and appreciation of self and others, and to encourage contributions to an everchanging world. Hillrise School Improvement Goal All students will

improve Math computation and concept skills. Order your annual end-of-year

"Autograph" T-shirts Only available NOW!!!

51

Don't miss the chance to collect your friends' autographs!

Pre-orders only through our new online store

Order by Sunday, May 13th, 2018!!!

(NO LATE ORDERS WILL BE ACCEPTED)

White shirts with red ink

Go to the online store at:

https://cishirts.com/shop/stores/hillrise-elementary

Or go through www.cishirts.com (look for "Team Stores") and find our school name there.

Show Your Hillrise Spirit!!!

Proceeds will help fund the Elkhorn Elementary D.I. Teams participating in Global Finals in May.



Each "Paw Power" bundle includes one handmade Hillrise 2018 Spirit Loom Bracelet, featuring a silver paw and 2018 charm, and one Paw Squishy Ball.

QTY

ITEM

_____ x \$5

Paw Power Bundle includes one bracelet and one

randomly selected colored paw squishy

_____x \$3 ADDITIONAL bracelets

additional bracelets may only be ordered with the purchase of a Paw Power Bundle

NAME: _____

TEACHER: _____

GRADE: _____

TOTAL ENCLOSED: _____

Cash or checks, made payable to Hillrise Elementary. **Deadline is Wednesday, May 9**, so all product can be delivered by Friday, May 11.

Bracelets are handmade by the Hillrise Elementary Destination Imagination Team The Brain Benders. Proceeds benefit the team's trip to represent Hillrise at DI's Global Finals in Knoxville, Tenn. Seven individual bracelets are pictured to the right. This is not a PTO fundraiser.

HILLE HUSKIES PARA OVER Spirit Burdle



District Info for Building Newsletters - May 2018

Last Day of School Information

The last day of school for EPS students for the 2017-18 school year will be Friday, May 25th; all students will dismiss at 11:30 a.m.

Looking ahead for important dates for next school year? The EPS calendar for 2018-2019 can be found here: <u>https://www.elkhornweb.org/calendar/</u>

Apps Parents Should Know—Apps that Encourage Outdoor Activity

With the end of the school year in sight, parents are beginning to think about new and exciting ways to keep students busy, without losing them to the constant temptation of mindless technology use. The following apps allow individuals to utilize their tech instruments, while also being recommended by Common Sense Media (www.commonsensemedia.org) for encouraging outdoor activities.

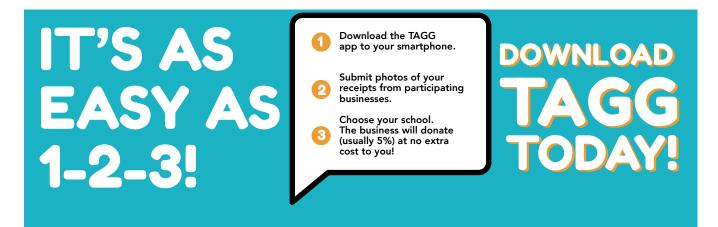
- Plum's Photo Hunt: this free app, sponsored by PBS, is a great way to engage elementary-aged children and their parents in outdoor activity. Users are given a list of objects and observations that can be found in nature of which to take photos. Finding things like signs of animal life, tiny things in nature, and patterns found in nature gives children a sense of adventure while learning new exploratory skills and improving their observation skills.
- Geocaching: Geocaching is a great family activity that inspires outdoor activity in conjunction with family time. The app gives users a list of GPS locations where others have stashed hidden treasures, and provides hints and directions on locating it. While geocaching is a great family activity, it is suggested that users always have adult supervision and is not recommended for individual use by children.

For more ideas on apps that encourage kids to get up, get out, and explore, check out <u>https://bit.ly/1RrdBs9</u>.

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children's Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents.

SPRING INTO SUMMER April 15 - May 15 ALL SCHOOL CONTEST When the school wins, EVERYONE wins!





View all businesses on the app by category or online at **togetheragreatergood.com**

A little birdie told us there are over 350 businesses in 50 categories, so you can TAGG almost anything!

	Food & Drink	Cleaning Services
	Family Fun	Dry Cleaning
•	Salons	Sporting Goods
	Retail	Insurance
	Real Estate	Mortgage Lending
	Home Improvement	Vision Care
	Auto Care	Web Design
	Pet Care	Phone Repair
	Catering	Computer Services
γ , M	Dental Care	Photography
	Direct Sales	Accounting & Legal
	Chiropractors	Fitness
	Physical Therapy	& More!
A few great examples:		



\$300 donation for

a mortgage loan



\$100 donation for new car & 5% donation, up to \$100, on services



Advanced aesthetic services, hormone replacement therapy, & much more

5% donation, up to \$10



Hillrise Elementary School Parent Teacher Organization

Family Night Out with:



Where: 1405 S. 204th St. Ste. 104 Omaha, NE 68130 When: Sunday May 6, 2018 3pm – 8pm Proceeds: 10% of All Paying Customers – Hillrise people please place teacher's name of your child on a slip of paper and place in the jar at checkout to see which teacher's class represents best





SUPPORT YOUR SCHOOL AND ENJOY DELICIOUS JIMMY JOHNS FOR DINNER ON **MAY 10Th** FROM 4:00-9:00 PM!

LET THE STORE KNOW YOU ARE WITH **HILLRISE ELEMENTARY** AND WE WILL GIVE 15% OF PROCEEDS BACK TO THE SCHOOL!

YOU MUST VISIT OR CALL THE LOCATION AT 801 N 204th Street in Elkhorn. INSHOP, DRIVE-THRU, OR DELIVERY is accepted.

HOPE TO SEE YOU THERE!

ARBOR FAMILY COUNSELING

PERSPECT

Student Assistance

NEWS

School Edition, May, 2018 Summer Vacation—What is there to do?

Sometimes this dilemma hits by week two of the summer break. School days are regulated, and summer traditionally has been a time of more laid back and relaxed activities. As a result of the structured ten months preceding the break, it is important to plan some activities and responsibilities so young people maintain structure while still having the possi-

bilities of non-structure and adventure. You might consider some of the following ideas to help your child (and yourself) to enjoy the summer with a minimal amount of boredom.

Develop a Plan-Engage your children, especially older ones, in making a working calendar. What activities are of interest? Is there an opportunity to do some volunteer work—as a family or individually? Consider the advantage of encouraging reading and reviewing of the previous year's math, spelling, and language studies. This will help your children be on the top of their game and more prepared for next year's class schedule.



to keep the family safe. Tornado warnings frequently hit in the afternoon. Do your children know where they should be if a siren goes off? Do you have food, water, and a first aid kit in the "safe" space? Do your children realize that the sirens are really meant for the outside and are not easily heard indoors? Do you have a weather alert radio? Be sure to remind them

> that local TV and radio stations are a good tool to use to monitor possible weather problems. Cable and other sources of TV entertainment are not set up to cover local areas.

Enjoy the Summer-Do things as a family when possible. Take walks, go on mini-vacations, Have a camp-out in the back yard if you are unable to head for the hills. Have your kids and yourself plan for a party-family, friends, or neighborhood, depending on your likes. These things are good to look forward to, and they help keep the focus on the wonderful

long break summer affords.

If you plan ahead, set a realistic schedule, develop a way to prepare for emergencies, and just have fun, you will reap the benefits of summer.

Student Assistance Program for You!

Your Student Assistance Program is a benefit of the school district. Please contact our office for an appointment. You are eligible to have two free counseling visits in our office at 11605 Arbor St. in Omaha. Please call (402)-330-0960 to set an appointment or visit with a counselor — 24 hours a day—7 days a week. Also, please visit our website at www.arborfamilycounseling.com.

Set a Schedule—Although it is likely your children will want to rise late and go to bed late, determine a time frame so they are actually awake and engaged during the day. Allow for some flexibility, but keep it within a general time frame. Determine age-appropriate chores for them. Have a check list so it is less easy to "forget" what needs to be done. Include a proper eating schedule and some exercising activities. Be aware of local park and recreation things they can do. Take advantage of free concerts and other programs offered in the evenings.

Keep an Eye on Safety-Remember this part of the country is prime target for inclement weather. Develop a safety plan

If Your Budget is Tight, You Can Still Enjoy Great Summer Activities

In the local area there are lots of low cost and free activities you can enjoy this summer—even if the cash flow is low. Not only are the activities plentiful, but they are across the spectrum of interests. You can enjoy music, movies, theatre, sports activities, festivals, and a whole lot more.

Beginning early in the summer, and continuing throughout, nearly every weekend there is a concert that is FREE. Some of these are completely family oriented while others are designed for specific age groups. Check out lists on local newspaper and TV websites for dates, times and locations. You may be surprised by both the quantity and quality of the concerts. Movies and theatre opportunities abound. There are outside productions of both classical and more modern theatre productions. Some of the parks also offer movies on big screens which frequently are "family friendly." These activities also tend to suggest packing a picnic lunch, lawn chairs, and blankets.

If music and theatre are not your thing, consider the vast array of sports activities. Baseball at various age levels are played almost nightly. Most of the leagues are free for spectators, and they welcome people who just want to watch "America's pastime." Toward the end of summer, many local swimming pools have swim meets, and again lots of them are open to the public for minimal or free admission. If you prefer more adventurous athletics, consider going fishing and/or hiking in the different local parks, streams, and wooded areas. Again, you can keep costs down by bringing along a lunch.

Churches and local organizations offer lots of gathering opportunities. There are kid festivals, family festivals, ethnic festivals, and others. These are a source for games, activities, and good food at family friendly prices. Again, a good place to check out times and locations are your local papers and TV listings and websites. These activities will not only afford you and your family fun and enter-tainment, but they are avenues to building new and lasting friendships.

Think it over! Local free and low cost activities and entertainment are available. Consider the great opportunities. Remember, these are likely to really reduce your cash outlay for things to do this summer, and this can help you keep your budget from stretching to the breaking point. Finally—many of these activities add a very special finality to the end of their evenings—door prizes, more tickets to other events, and *LOTS AND LOTS OF BEAUTIFUL FIREWORKS DISPLAYS!!!!!!!!*

WHAT DOES ARBOR STUDENT Assistance have for YOU?

Professional, caring counselors who offer one-on-one confidential counseling for you and your family members for:

- School Problems
- Suicide Prevention
- Bullying Concerns
- Stress/AnxietyDepression
- Drug/Alcohol Concerns
 Family Conflict
- Internet/Social Networking Issues

Initial visits are free, and confidential paid for by your school system.



CALL TODAY! 1605 Arbor Street, Suite 106 | Omaha, NE 68144 | (402) 330-0960 | (800) 922-7379

www.arborfamilycounseling.com

