

Fire Ridge

April 2022



FROM THE PRINCIPAL

Fire Ridge Families-

The staff would like to THANK YOU for the amazing Staff Appreciation Week. Each day there were special meals, treats and gifts along the way! We are truly blessed to have such a supportive community of families.

We look forward to warmer weather and spring events. I encourage families to cheer on the fourth and fifth graders at our Track and Field Day at ESHS. Our K-3rd graders will be participating in Fun Day so we hope to see families at Fire Ridge for that event too!

Please contact me if I can answer any questions!
Deb Knutson



District Calendar Link:

- [21-22 Calendar](#)

Fire Ridge Web Page:

- [FR Website](#)

Fire Ridge PTO Website:

- [FR PTO](#)

District COVID Updates:

- [EPS Covid-19 Information](#)

Lunch Menus

- [Sodexo Link](#)

April

1st-Kindergarten Round Up 9:00 am-11:00 am

11th-PTO Meeting

15th-Teacher Inservice-No School

21st-Kindergarten Music Program 6:00 PM

First Grade Music Program 7:00 PM

May

9th-5th graders visit EVVMS/ERMS

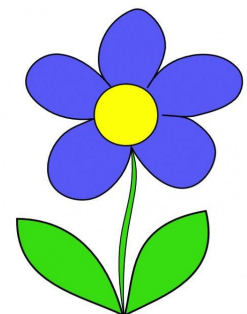
10th-Fire Ridge Gym Polling Location

12th-Track and Field Day ESHS-4th/5th

19th-5th Grade Celebration-Mahoney

20th-K-3rd Fun Day

26th ***Currently marked as the last day of school. The last day will move to the 24th if there are less than 2 more days missed due to inclement weather. School Board decision on this will be coming at the April 11th meeting.



Lunchroom News

This week we will begin transitioning the lunchroom back to more traditional seating arrangements. Students will be seated next to friends they choose to line up by for lunch. They will also be seated three students to a bench and facing peers across the table. We are excited to allow students the opportunity to interact socially in a more normal cafeteria setting enjoying conversations with a wider variety of peers. We are also excited to again welcome parents in to eat lunch with their child. Prior to joining your child in the cafeteria, please note the following:

1. Parents may bring outside food into the cafeteria for themselves or their own child.
2. Parents will be invited to sit at the guest table with their child in the cafeteria.
3. If planning to eat a school-provided meal, orders should be called into the school office no later than 9:00 AM on the day of the visit. Meals will be charged at a rate of \$3.85/adult and \$2.65/child (for any non-school children) to your child's lunch account. Please ensure that sufficient funds are available in your child's lunch account prior to your visit. Cash payment cannot be accepted.
4. Upon arrival, all visitors must first go to the main office to sign in and receive their visitor badge.

Lunch Schedule:

Kindergarten: Lunch 10:45-11:10 Recess 11:10-11:30

Fourth Grade: Recess 10:45-11:10 Lunch 11:10-11:30

Third Grade: Recess 11:35-11:55 Lunch 11:55-12:20

First Grade: Lunch 11:35-11:55 Recess 11:55-12:20

Second Grade: Lunch 12:25-12:55 Recess 12:55-1:15

Fifth Grade: Recess 12:25-12:55 Recess 12:55-1:15





ATTENTION PARENTS/GUARDIANS AND VISITORS

If you are taking photos or video during school hours (including class trips and events), please note these are allowed for personal use only. Videos and images should not be shared in any form without appropriate consent from the student's parent/guardian. Obtaining consent is the sole responsibility of the person taking the photos or video.

Elkhorn Public Schools is not responsible for obtaining consent or for controlling how such images are shared.

Please be respectful of all students and families in our school community by not taking or sharing photos or videos of students other than your own.

COMMUNITY AGENCY SHOWCASE



Tuesday, April 26, 2022

6:00-7:30pm

Millard North High School

1010 S. 144th Street, Omaha, NE 68154

Millard Public Schools invites ALL metro area families with students in special education to join us for a Community Agency Showcase.

Opportunities to Learn About and Connect With:

- **Community Resources**
 - **Organizations**
 - **Agencies**
-

For more information, contact:

Staci Raddish

sraddish@epsne.org

(402-289-2579) Ext 10021

Fire Ridge Falcon Flyer Recognition-March

These students showed positive behavior and were caught doing something extraordinary!

Kindergarten

Adeline Freiberg
Sid Parthasarathy
Olivia Kiene
Ashton Jordan
Lauren Bachmann
Parker Loehr
Tatum Shaw
Jack Rohwer

Third Grade

Avery Classen
Cole Narducci
Cora Danielson
Graham Millsap
Elise Cole
Lucy Smith
Parker Ziemba
Hazel Naber

First Grade

Magnolia Chartrand
Olivia Prochnow
Maryn Lura
Mark McFadden
Sawyer Xie
Colin Sury
Abby Armitage
Leah Park
Bryson Hoagland
Muskaan Mahaptra

Fourth Grade

Cindy Lin
Kingston Dunham
Kori Lucoff
CJ Schmith
Caidan Mattsen
Londyn Foster
Maddie Dvorak
Casen Van Voltenberg

Second Grade

Ella Park
Leo Weakland
Amelia Blake
Beckett Anderson
Skylar Hill
Noah Drews
Pearl Gih
Maheen Oripova
Sloane Criger
Prajin Raj
Brynn Killeen

Fifth Grade

Dom Drazic
Haylee Johnson
Nolan Rossman
Kenzie McDonnell
Genevieve Rouse
Jacob Haner
Celia Hunter
Amy Song

A Note from the Nurse...

- If you received a **health screen referral letter** within the last few months please visit the appropriate medical professional and have them complete the bottom portion of the letter and return it to school with your child.
- Please continue to notify the office if your student has had an exposure to someone with COVID-19 or is symptomatic and follow [district guidelines](#).

It's time to start scheduling your child's school and sports physicals!

- Students who will be entering **Kindergarten** in the fall or who are **new students from out of state** will need to submit a **physical exam and vision exam** (including test for strabismus, amblyopia, and acuity) dated on or after **February 17, 2022**, as well as a current immunization record including the Kindergarten booster shots. Here is the [Summary of the School Immunization Rules and Regulations](#)
- Students entering middle school and wanting to participate in a sport at the middle school level, must have a **sports physical** completed sometime after **May 1, 2022** and uploaded to [rschool](#).

Forms can also be uploaded to PowerSchool during the registration process in August but please click "Actual Size" or use the scan feature when uploading with a smartphone.



Thank you!
Elizabeth Page, RN, BSN
epage@epsne.org





WOMENADE CLOTHING DRIVE

Please drop off your donations at any Elkhorn Public School during the week of May 2nd through May 6th.

This is a great opportunity to go through your closet, to move on your gently used garments, and to help families in our Elkhorn community.

If you would like to help, we need volunteers to transport donations from the schools to the COPE facility, to help set up the clothing "store", and to staff the Grand Opening.

Transport Clothes: www.signupegenius.com/go/20f084fafaf2ea02-womenade1

Set up "Store": - <https://www.signupegenius.com/go/20f084fafaf2ea02-womenade2>

Staffing for Grand Opening:

<https://www.signupegenius.com/go/20f084fafaf2ea02-womenade3>

District Reminders

Tech Savvy Parent Tip: Balancing Technology Use

Parents often look for new ways to create a balance between learning and using technology appropriately, and participating in other activities that are essential to a child's development. Finding that balance between the two can be the difference between a healthy relationship and an unhealthy reliance. Several strategies exist to ensure that a healthy relationship with technology is built beginning with the early stages of use.

Understand your pattern of use and create boundaries:

Most people don't realize the amount of time they spend using technology unless it is pointed out to them. Take an inventory of your family's use and understand when, why, and how you're using technology. Is all of it necessary? Are you and/or your family benefiting from that time spent with technology? Understanding your pattern of use is the first step in creating boundaries that both you and your family can stick to.

Be intentional in determining downtime: Being constantly connected can hinder active learning, as one becomes passive in taking in new information because he or she is constantly "learning" new things. Taking a step away from technology and the absorption of information allows one's brain a needed break and creates an active learning environment. By being intentional in determining technology downtime, you are giving your brain that break to be able to focus on other things.

Be the example and set the expectation: Kids learn by following an example - following the same technology use rules you set for your children is the best way to show them a healthy relationship with technology. Setting usage time limits, creating intentional face-to-face opportunities, and implementing device-free zones are all ways to ensure too much time isn't spent on technology for entertainment purposes.

SmartGen Society:

Smart Digital Family Plan

SmartGen Society is an Omaha-based organization focused on bringing preventative and proactive resources to offset negative implications of social media use in youth.

One feature of their resources is a Smart Digital Family Plan, which encourages families to have meaningful conversations about the use of technology in their homes and guides those conversations through several social media and technology issues.

View the full plan [here](#).