

upcoming dates...

Aug. 27th-Sept. 7th
MAP testing (2nd-5th)

September 3rd– Labor Day
No School

September 8th
1st Grade Field Trip to Apple Orchard

September 12th
Mid-quarters go home

September 14th
Walk-a-Thon

September 17th
Teacher In-service/No School

September 24th
PTO Meeting, 7:00 PM

October 3rd-4th
Outdoor Ed-5th Grade

October 10th
Picture Retakes

October 11th
Fall Fest 6:00-8:00

October 12th
Teacher In-service/No School

October 15th-18th
Book Fair

October 16th-17th
Parent Teacher Conferences
2:06 Dismissal

October 19th
No School

Principal's Note:

We are off to a fantastic start in the 2018-19 school year! The students have been learning the rules and procedures of their classrooms and the school. Our school rules are Be Safe, Be Respectful and Be Responsible. We also practiced our safety drills which included a fire drill, tornado drill, and lock down. Ask your child what we do in each of these situations. We have changed our lunchroom cone system to encourage the children to eat and then socialize. We have a red cone, green cone and yellow cone to give the students a visual cue of lunchroom expectations. The first five minutes of lunch begins with the red cone which signals the students to eat without talking. The cone turns to green which signals time for eating and socializing quietly. The yellow cone signals five remaining minutes of lunch. The students have expressed they like the change! We have been learning lunchroom routines and appreciate your cooperation with refraining from visiting at lunch. We welcome lunch dates after Labor Day! Please contact me with any concerns or questions!
Deb Knutson

The staff participated in “Minute to Win It” games at the Walkathon Assembly. Mrs. Young, Miss Smith and Miss Hansen get ready for the race!





WALKING CLUB FUN!

All students are invited to join Walking Club. Walking Club begins at 7:55 a.m. and ends when the first bell rings at 8:10 a.m. Students should meet on the east playground and wait for direction from Mr. Dahl. For those who do not want to participate in Walking Club, please arrive at 8:10 a.m. Please remember there is not supervision before 7:55 when Walking Club begins. During inclement weather, Walking Club will take place inside.

TRAFFIC REMINDERS

Please keep the following things in mind during drop off and pick up times:

- Slow down, watch for safety patrol members
- Right turn only out of front loop
- Make sure kids can buckle and unbuckle independently
- **Pull forward**
- Kids enter and exit car curbside only
- Do not walk across front loop entry
- Come to a full stop at the 4 way stop behind the crosswalk

Office Reminders:

- Please call the office by 9 AM if your child is going to be absent.
- If your child is tardy for school, a parent needs to come in to the office to sign in.
- If you are picking your child up early, please call the office 10-15 min. before you plan to arrive and we will have your child waiting in the office.
- If your child is getting to school before 7:55 AM, there is no supervision during their wait outside. One option would be for your child to eat breakfast. Breakfast begins at 7:30 AM. At that time, students will be allowed to come in through the front doors.

No Dogs on School Grounds

Just a reminder that dogs are not allowed on school grounds when school is in session. Even the most well-mannered dogs, when surrounded by little hands and loud voices of children, may react in a way that we would not expect. In addition, some of our children have pet allergies. Thank you for your help with this!

PTO NEWS

- Thank you to all who attended the first PTO meeting. We learned about all of the committees. If you are interested in volunteering, go to www.fireridgepto.com
- The Walkathon kick-off assembly was held on August 24th.
- All Walkathon packets are due at noon on September 13th.
- All parents are invited to walk with their children the day of the Walkathon on Sept. 14th. Please see the PTO website for the grade level walking schedule. We hope to see you there!
- Join us for the next PTO meeting on September 24nd at 7:00 in the library.



HAS A NEW APP...

So Happy lets you know what's on the menu in the cafeteria. So Happy provides full nutritional information on what you eat, including calories and allergens. It's an easy way to stay connected and make better choices for a healthier future.

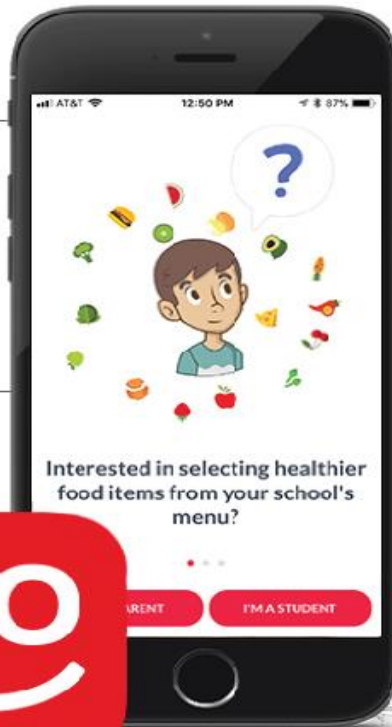
Breakfast • Lunch • Nutrition • Allergens
- So Happy by Sodexo.



EARN POINTS FOR HEALTHY HABITS
Log your food and activity to earn points within the app. The more points you earn, the more Monster Characters you can meet.



KNOW YOUR FOOD
Not only can you see the menu items, but you have access to the nutritional and allergen information, too.



VIEW WHAT'S ON THE MENU
The So Happy app allows you to see what's on the menu in your cafeteria.



BURN THOSE CALORIES
So Happy provides suggested activities to burn off your calories.



ALEXA ENABLED
Easily hear what's being served today, just say, "Alexa, ask So Happy what's for lunch today?"



Download on the App Store

AVAILABLE NOW FOR DOWNLOAD!



GET IT ON Google Play



Reminders From Your School Nurse...

If you haven't done so already, please get those required kindergarten physical and vision exams turned in, and copies of updated vaccines. We want to take great care of your child, and one way to help us do that is to provide the health office with current health information and medication needed for your child.

If your child has any health needs such as Asthma, Severe Allergy, Diabetes, Seizures, etc. we must have an *action plan* on file that is signed by the doctor and the parent. This information is very important, so we know exactly what is best to do for your child, in the event of an emergency.

Please remember if your student has any medications such as an inhaler, Epi-Pen, Benedryl, etc to be used in an emergency situation, we need to have those available at school, with a signed medication authorization, so trained staff can administer.

If your child requires **any** medication while at school, this includes all prescription and/or all over-the-counter (e.g. ibuprofen, acetaminophen, cough drops, etc)

ALL MEDICATION requires a medication authorization, signed by the physician and the parent. All medication must be unexpired and provided in the original store packaging or pharmacy labeled container.

Links to blank forms, or your doctor may use their preferred version.

Medication Authorization

<http://www.elkhornweb.org/wp-content/uploads/2011/05/Med-Auth-Form-Front-Only.pdf>

AireNebraska Asthma/Allergy Action Plan

<http://nebula.wsimg.com/cfbaa74b1585069c3e62e082be27a34c?AccessKeyId=32029651ABFAD3DBF315&disposition=0&alloworigin=1>

I do travel during the week to several buildings in the district, so please feel free to contact me via email alaughlinhardick@epsne.org or leave a message for me at your school's office, and I will get back to you as soon as possible. I look forward to a great school year!

Amy Laughlin-Hardick, BSN, RN
VNA School Nurse
ESHS
ERMS
Fire Ridge Elementary
West Ridge Elementary



PRINTED DISTRICT CALENDAR CHANGES

In an effort to ensure families are receiving the most up-to-date and accurate information, the District has discontinued the printing and distribution of a District-wide events and activities calendar.

Visit <https://www.elkhornweb.org/calendar> to view the most current activities and events information on the District calendar or to choose an individual building calendar to view.

SCHOOLMESSENGER MESSAGING AND ALERT SYSTEM

Both the EPS District and each individual building regularly use a parent messaging system called SchoolMessenger to send emails and phone calls to parents, including monthly information about building happenings, as well as school closings.

SchoolMessenger also allows recipients the option to “unsubscribe” from its mailing list; please understand that by “unsubscribing” you are completely removing your email address from ALL lists, including both District and building specific emails.

If, at any time, you unsubscribe then later decide you would like to begin receiving emails again, please let your building secretary know.

TECH SAVVY PARENT TIPS

As students and parents get back into the school year, it’s important to remember to prioritize time and focus on schoolwork. For students, procrastination generally takes on the form of “multitasking”, which often leads to distractions and wasted time. In order to curb this occurrence prior to it becoming a bad habit that will move with them into adulthood, take a look at a few options for apps and plugins that help reduce the instances of this current trend.

RescueTime: this plug-in tracks how much time is being spent on specific sites and generates reports showing the results. By reviewing these reports, you and your child can see exactly where the majority of their time is being wasted.

Work Mode: *Work Mode* blocks access to all social media feeds during any time frame that the plug-in is turned on. What better way to ensure your child is focused solely on the task at hand than by making the distractions they typically default to inaccessible during the time they need to be focusing on other important things?

For more information on these and other time saving options, visit www.common sense media.org.

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children’s Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents.



DISTRICT SOCIAL MEDIA

To better serve our communication needs and ensure that all EPS students, families, faculty, staff, and the surrounding community receive necessary information and District updates, all EPS buildings have launched social media accounts. The links to all EPS accounts are below and can be followed for regular updates from the District and buildings.

<i>School</i>	<i>Social Platform Links</i>
Elkhorn Public Schools	https://twitter.com/ElkhornPS https://www.facebook.com/ElkhornPS
EPS Young Adult Program	https://www.facebook.com/ElkhornPSYAP https://twitter.com/ElkhornPS_YAP
Elkhorn High School	https://twitter.com/ElkhornPS_EHS https://www.facebook.com/ElkhornPSEHS
Elkhorn South High School	https://twitter.com/ElkhornPS_ESHS https://www.facebook.com/ElkhornPSESHS
Elkhorn Grandview Middle School	https://twitter.com/ElkhornPS_EGMS https://www.facebook.com/ElkhornPSEGMS
Elkhorn Middle School	https://twitter.com/ElkhornPS_EMS https://www.facebook.com/ElkhornPSEMS/
Elkhorn Ridge Middle School	https://twitter.com/ElkhornPS_ERMS https://www.facebook.com/ElkhornPSESMS/
Elkhorn Valley View Middle School	https://twitter.com/ElkhornPS_EVVMS https://www.facebook.com/Elkhorn-Valley-View-Middle-School-557415441267940/
Arbor View	https://twitter.com/ElkhornPS_AV https://www.facebook.com/ElkhornPSAV
Blue Sage	https://twitter.com/ElkhornPS_BSE https://www.facebook.com/ElkhornPSBS
Fire Ridge	https://twitter.com/ElkhornPS_FR https://www.facebook.com/ElkhornPSFR
Hillrise	https://twitter.com/ElkhornPS_HR https://www.facebook.com/ElkhornPSHR/



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