



Freshman Academic Planning Registration

Meet the counselors:

Mrs. Merrihew	A-E
Mrs. Dowd	F-K
Mrs. Crnkovich	L-Rom
Mrs. Zimmerman	Ron-Z

In your packet:

- **Academic Plan with recommendations written in/sophomore course selections on back**
- **Current Schedule with Powerschool codes on label (take a photo of the codes)**
- **Curriculum Powerpoint Slides--see email**

**FRESHMEN HIGH SCHOOL PLAN AND
REGISTRATION FOR SOPHOMORE YEAR**

«Last_Name», «First_Name»

Future Career Plan: _____

Career Exploration: _____

Student Signature: _____

Possible Post-Secondary Training (Please circle one)

4 Yr. College 2 Yr. College Technical School Military Work

Credit Requirements: 8 English 6 Social Studies 6 Mathematics 2 Physical Education 6 Science 1 Personal Finance 13 Electives
A minimum of 42 total credits is required to meet graduation requirements.

Grade 10	First Semester	Second Semester	Credits
ENGLISH			2
MATH			2
SCIENCE	Biology	Biology	2
SOCIAL STUDIES	World History	World History	2
ELECTIVE			
ELECTIVE			
ELECTIVE			
ALTERNATE			
ALTERNATE			

Grade 11	First Semester	Second Semester	Credits
ENGLISH			2
MATH			2
SCIENCE			
SOCIAL STUDIES	American History	American History	2
ELECTIVE			
ELECTIVE			
ELECTIVE			
ALTERNATE			
ALTERNATE			

Grade 12	First Semester	Second Semester	Credits
ENGLISH			2
MATH			
ELECTIVE			
ELECTIVE			
ELECTIVE			
ELECTIVE			
ELECTIVE			
ALTERNATE			
ALTERNATE			

NOTES:
 Circle AND Enter on computer if interested: Summer Personal Finance Online
 (For the upcoming year only) Healthy Lifestyles Summer

- On the top of High School Plan page:
 - Circle Possible Post-Secondary Training
 - Write in Future Career Plan
 - Write in any career exploration you have participated in
 - Sign Document

Career Awareness Program

Why is career exploration so important?

The goal of early career exploration is to encourage you to explore a variety of careers to find out what you like, or what you don't like. Seeing what careers are out there, connecting with employers, talking to human resource departments to learn what they look for in their applicants, spending time immersed in those careers! "Having an initial road map, and changing course after thoughtful consideration, far outweighs getting on the road with no clear direction!" -Thalia Thompson

Think about it this...what is your favorite food? How did you decide that was your favorite food? YOU TRIED IT! The same holds true for careers, how do you know that career is your favorite career if you've never tried it? Try a variety because you never know, until you try!

How can I explore careers?

- Career Camps, Fairs, & Tours
- Career Exploring Program
- Job Shadow
- Career Internship
- Teacher Cadet
- Part-Time Jobs

	AM	PM
Monday	EHS	ESHS
Tuesday	EHS	ESHS
Wednesday	EHS	ESHS
Thursday	ESHS	EHS
Friday	ESHS	EHS

Phone 402.289.0616 Ext 16112

Sign-up for Remind notifications to know when new opportunities are added.
Text @capbuurman to 81010.

Who do I contact to explore careers?

Ms. Buurman, dbuurman@epsne.org

EHS-CAP Office (By Mr. King's office)

Elkhorn Public Schools

Career Awareness Program



Through partnerships with local businesses, students can link their core curriculum with the world of work and develop skills, habits, and attitudes that will prepare them for future employment success. Students engaging in Career Awareness Program activities with these business partners can enhance their personal growth and gain assistance with making wise career choices. The Career Awareness Program is a natural partnership between the classroom and the workplace.

Where do I go to see what opportunities are available?

- **Go to the school's homepage**
- **Academics**
- **Career Awareness**

CONTACT INFORMATION

Dana Buurman

Elkhorn Public Schools

Career Awareness Adviser

dbuurman@epsne.org



You must earn 42 credits to graduate

- **A student can earn 14 credits a year.**
- **If a student passes a semester class with a grade of 4 or better, one credit is earned. (If you earn a 5, you do not receive credit.)**
- **Study hall is not worth a credit.**





EHS Graduation Requirements	UNL Admission Requirements
English→4 years 8 credits	English→4 years
Social Studies→3 years 6 credits	Social Studies→3 years
Mathematics→3 years 6 credits	Mathematics→3 or 4 years
Science→3 years 6 credits	Science→3 years
PE→ 2 credits	Foreign Language→2 to 4 years
Financial Literacy→ 1 credit	

*****Some colleges require other courses.**

Main Objective:

Complete Sophomore Year Schedule.
Course choices can be adjusted during
the week of Feb. 3-7.

Secondary Objective: Pencil in ideas
for Junior/Senior Year. Will be
finalized in January of your
sophomore and junior year.

«Last_Name», «First_Name»				FRESHMEN HIGH SCHOOL PLAN AND REGISTRATION FOR SOPHOMORE YEAR			
Possible Post-Secondary Training (Please circle one)				Future Career Plan: _____			
4 Yr. College 2 Yr. College Technical School Military Work				Career Exploration: _____			
				Student Signature: _____			
Credit Requirements: 8 English 6 Social Studies 6 Mathematics 2 Physical Education 6 Science 1 Personal Finance 13 Electives							
A minimum of 42 total credits is required to meet graduation requirements.							
Grade 10				Grade 11			
	First Semester	Second Semester	Credits		First Semester	Second Semester	Credits
ENGLISH			2	ENGLISH			2
MATH			2	MATH			2
SCIENCE	Biology	Biology	2	SCIENCE			
SOCIAL STUDIES	World History	World History	2	SOCIAL STUDIES	American History	American History	2
ELECTIVE				ELECTIVE			
ELECTIVE				ELECTIVE			
ELECTIVE				ELECTIVE			
ALTERNATE				ALTERNATE			
ALTERNATE				ALTERNATE			
Grade 12							
	First Semester	Second Semester	Credits				
ENGLISH			2				
MATH							
ELECTIVE							
ELECTIVE							
ELECTIVE							
ELECTIVE							
ALTERNATE							
ALTERNATE							
NOTES: Circle AND Enter on computer if interested: Summer Personal Finance Online (For the upcoming year only) Healthy Lifestyles Summer							

- English/Math/Science: Natural Progression (Any change will go through teachers.)
- Social Studies: World History or AP World History.
- ESLA/ESAT/ESIG cannot be changed at this time. Teachers will finalize in May.
- Electives: Band/Choir/Foreign Language
- Please fill in remaining electives with classes of your choice. (May want to consider a study hall.)
- Alternates: If we are not able to fit your first choice electives into your schedule, we will substitute with your second/third choices. (Especially for PE)
- Study Hall
- Summer School: If you are interested in Summer PE or Personal Finance online, circle on sheet and enter in computer..

ACHIEVE Scholarship Minimum Requirements

ACHIEVE Level	AP Classes Taken	AP Tests Taken	Years in Extracurricular Activities	Hours of Community Service	Scholarship Amount
Gold	7	4	4	100	\$1,350
Silver	5	3	3	75	\$900
Bronze	4	2	2	50	\$500

Visit <http://www.elkhornfoundation.org/> for more details

Graduation recognition of top 5% will be replaced with recognition of Achieve recipients beginning with class of 2022



Prerequisite Classes: **PLAN AHEAD**

A prerequisite is a class or skill that you have to have **BEFORE** you can take a certain class.

Class	Prerequisite
Geometry	Algebra I
Spanish II	Spanish I



English → 8 semester requirement

English 10 or Honors English 10

ESLA 10 or 11
(not English credit)

English 11 or AP English Language/Comp

Senior English Choices:

AP English Literature/Comp **OR**

*Composition.....and **ONE** of the following:

* **American Literature-American authors**

* **British Literature-British authors (Shakespeare)**

* **Creative Writing—poems, short stories: by permission only**

* **semester classes**



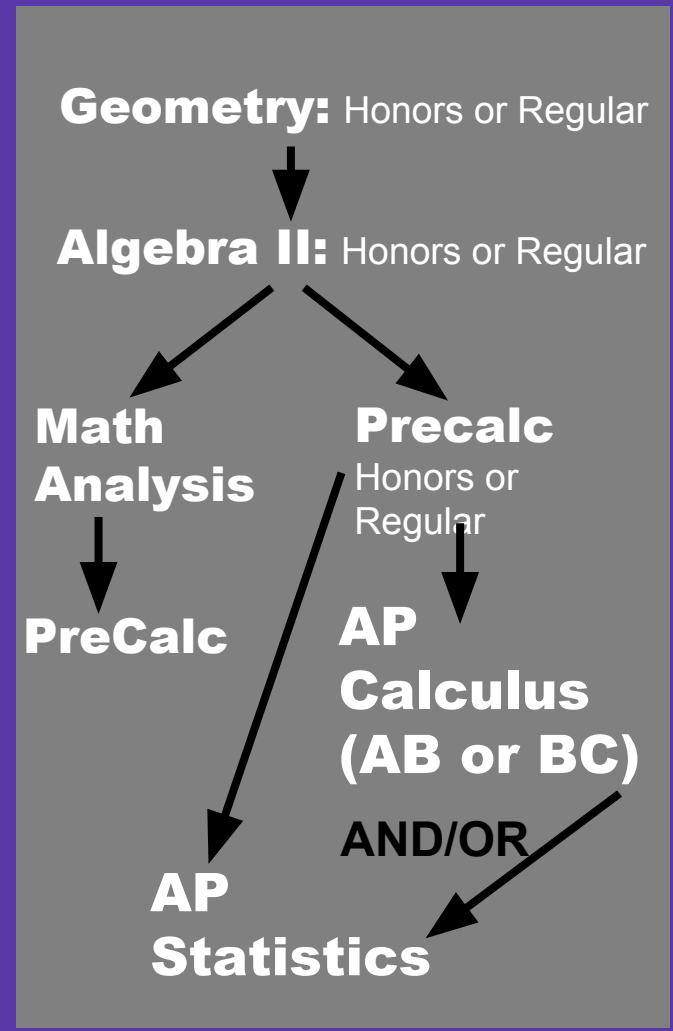
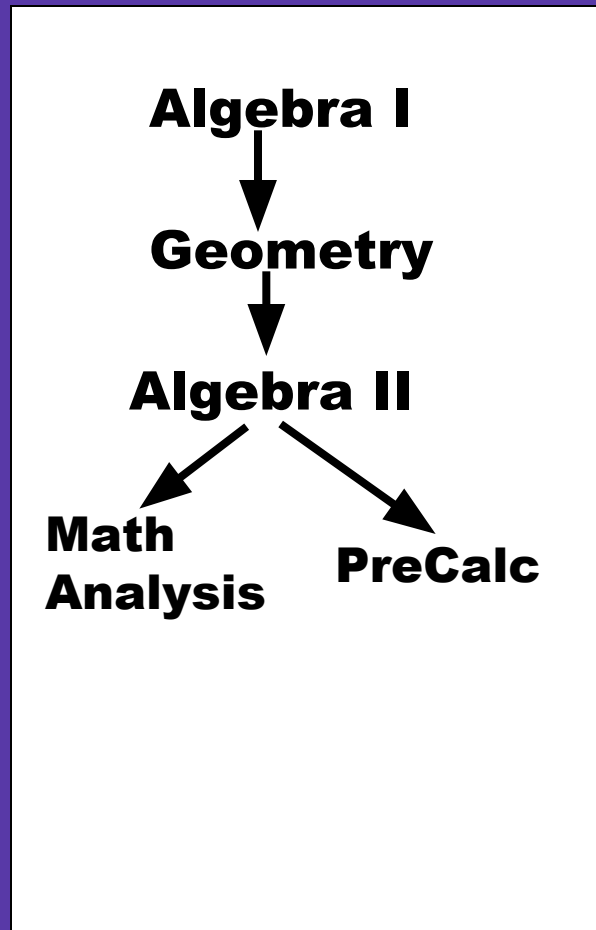
Mathematics → 6 semester requirement

*** Algebra required

ESAT ↔

ESIG ↔

ESAT II ↔
(not math credit-permission only)



*semester class



Science → 6 semester requirement



9th Grade: Physical Science

10th Grade: Biology

11th Grade: Chemistry **OR**

Anatomy (Study of human body) **OR**

***Adv. Earth Science/*Adv. Physical Science**

12th Grade: AP Biology—medical field

AP Chemistry—Engineering/medical

AP Physics—Engineering/medical

**Any 11th grade choice can also be
taken this year**

***semester class**



Social Studies→6 semester requirement

*****Civics and American History required**

9th Grade: *Civics AND *World Geography

10th Grade: World History or AP World History

11th Grade: American History or AP U.S. History

11th and 12th Grade CHOICES:

***Current Problems—current events**

***AP American Government**

***Economics--economy, stock market**

***Sociology—cultures of the world**

AP Psychology—study of human mind

***semester class**



Financial Literacy Credit:

1 semester requirement

All students must complete:

**Personal Finance and
Careers**



PE Credit: Need 2 Credits

***9th Grade: PE and Health**



**Upperclassmen Choices
(need one more):**

***Weight Lifting—Focus on Lifting**

***Lifetime Activities—Cardio, Strength, Game on Friday**

***Fitness for Life—Cardio, Strength, Nutrition**

***Healthy Lifestyles--This needs to go outside of grid.
Will need to sign a contract.**

PE classes can be taken more than once for credit.

Should list at least one alternate for PE classes.

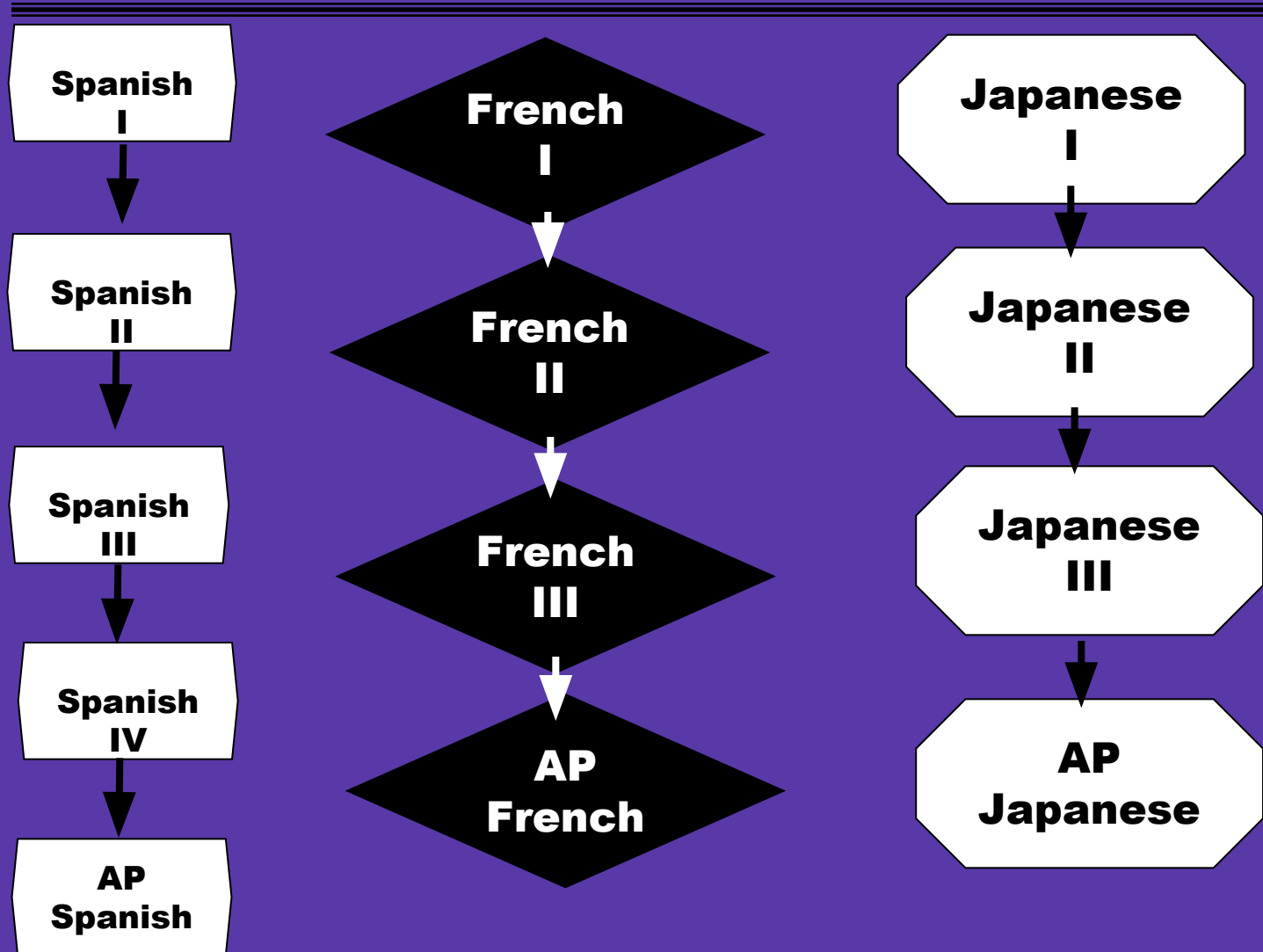
***semester class**



Electives



Foreign Language



***Most 4 year colleges require at least 2 years of same language

The Arts



Music

• *Music Theory—**read/write music**

• Band

• Mixed Chorus

• Concert Choir

If in freshmen or mixed, must sign up for mixed. Will be adjusted after tryouts.

- *Acting (Sem 1)—**hands on acting**
- *Performance Theatre (Sem 2)—**study of acting**
- *Speech/Debate (sem 1 & 2)
give speeches
- *Dramatic Production (sem 1 & 2)
lights, sound, sets, behind the scenes

All drama/acting classes are repeatable

Level 1	*Art 1 (Can't take as a senior)
Level 2	*Art II → *Art III *Ceramics → *3-D Concepts *Computer Graphics Illustrator *Computer Graphics Photoshop
Level 3	*Creative Techniques (Permission Only)

***semester class**



Practical Arts: Business Electives

Computer based courses

***Computer Applications**

9-12

***Multimedia/Web Page Design**

9-12

***Programming I**

10-12

Grade of 1 or 2 in Algebra I & Geometry and taking Algebra II

**Cisco I
(Networking)**

11-12

Good reading skills

Algebra

AP Computer Science

11-12

*** Programming II**

Cisco II

***semester class**



Practical Arts: Business Electives

Note prerequisites & grade levels

**Marketing I
(Advertising)
10-12**

***semester class**

**Accounting I
(Bookkeeping)
10-12
Good math
background**

***Advanced
Marketing**

***Sports
Marketing**

**Accounting II
10-12**

General Business Courses

***Personal Finance/Careers**

***Personal Finance and
Careers--Summer
Will need to sign contract.**

10-12
***Business Mgmt**
***Economics**
***Personal/Bus Law**
***Financial Wealth Mgmt**
(Must take Per Fin first)

***Career Prep
Internship
(2 periods,
no study hall)
12**



Industrial Arts

***semester class**

***Woods I**
Can't take as a senior

Woods II

Advanced Woods
(may be repeated)

***Consumer Home Maintenance**
@ESHS

***Small Engines I**
@EHS

***Small Engines II**
@EHS

***Welding I**
@ENHS

***Welding II**
@ENHS

***ICAD**
(Intro to computer aided drafting)

***Architectural Engineering-**
Learn the construction process: good for a student that has an interest in home design, architecture, engineering, or careers in construction

***Computer Home Design-read, understand, and create home floor plans**

***Architectural studies**
(Grades 10-12)-
Explore the various fields of engineering, study the "Architectural Process" and research/study the construction industry

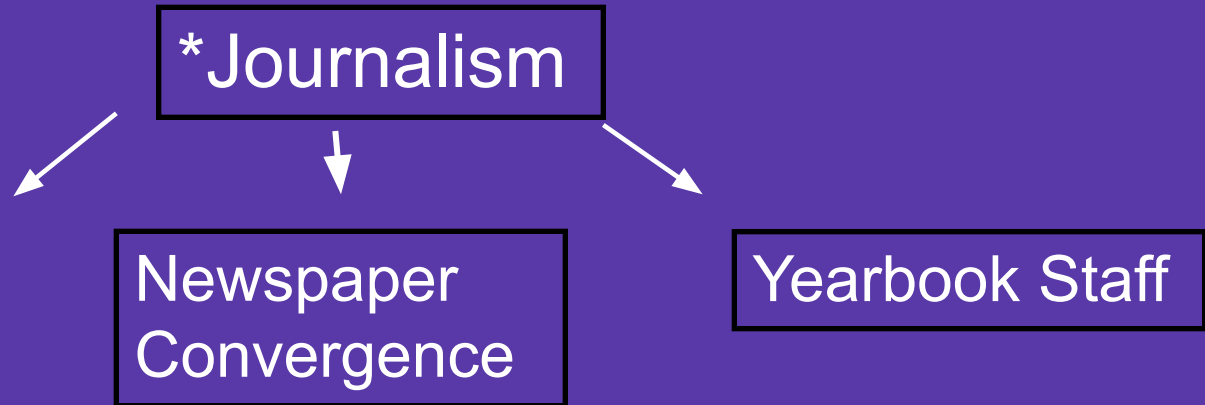
Family & Consumer Science

Class Offered	Prerequisites
* Foods & Nutrition I	10th-12th
* Foods & Nutrition II (must take Foods I first)	10th – 12th
* Culinary Arts (must take Foods I first)	10th - 12th
* Scientific Nutrition	11th & 12th
* Textiles, Clothing, & Design (repeatable)	9th – 12th
* Housing & Interior Design	9th – 12th
* Child Development	9th – 12th
* Human Development & Relationships	10th – 12th
* Career Life Essentials	11th & 12th
* Health Care Careers	11th & 12th
* Teacher Cadet (2 periods, no sh)	12th





Special Programs



HALE OPTIONS (10th or 11th Grade):

***HALE Seminar I—have not taken Hale Freshmen Seminar**

***HALE Seminar II—have taken Hale Freshmen Seminar**

Day 2

















- You will receive a copy of your worksheet in the mail in January.
- Review it with your parents.
- If you select a summer class, you will receive a contract in January so you can review dates with your parents. Final decision does not have to be made until March 13th.
- All students will review their course requests during the week of February 3-7 to make any changes to their sophomore year course requests. No changes will be made until that time.
- Parents will sign sophomore registration sheet at February P/T Conferences.
- A parent registration presentation will be offered both nights during conferences.

SUMMER CONTRACTS DUE March 13th!

Log onto Powerschool

- Use Google Chrome
- www.elkhornweb.org
- Click on Login Links, Parent/Student
- Click on Powerschool, then Powerschool Login
- Type in username and password from label (on 2nd page in packet, transcript)
- See your grades on screen :)
 - Don't lose the username/password, you can keep using it!
- Click on Class Registration

1. Click on pencil on right side to add classes.
2. Make sure you are selecting year or semester as appropriate















10th grade English requirement Please select the English course indicated on the student registration sheet. Number of requests to generate: 2	English 10 0010 - 0 credits	 
10th grade Math requirement Please select the Math course indicated on the student registration sheet. Number of requests to generate: 2	Geometry 0214 - 0 credits	 
10th grade Math Year Please select the Math course indicated on the student registration sheet. Number of requests to generate: 2	Click the edit button to request a course →	 
10th grade Science requirement Please select the Science course indicated on the student registration sheet. Number of requests to generate: 2	Biology I 0311 - 0 credits	 
10th grade Social Studies Please select the Social Studies course indicated on the student registration sheet. If none, leave blank. Number of requests to generate: 2	World History 0412 - 0 credits	 
10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank. Number of requests to generate: 2	Click the edit button to request a course →	 
10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank. Number of requests to generate: 2	Click the edit button to request a course →	 
10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank.	Click the edit button to request a course →	 

Skip this one

Be very careful with electives:

-Select Year or Semester as appropriate.

-If you want a study hall for a year, it must be entered twice—Sem 1 and Sem 2. (See Below)

10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank.	Click the edit button to request a course →	 	
10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank.	Click the edit button to request a course →	 	
10th grade Electives Year Please select the Elective year course indicated on the student registration sheet. If none, leave blank.	Click the edit button to request a course →	 	
10th grade Electives Semester Please select the Elective semester course indicated on the student registration sheet. If none, leave blank.	<table border="1"><tr><td>Lifetime Activities 0803 - 1 credits</td></tr></table>	Lifetime Activities 0803 - 1 credits	 
Lifetime Activities 0803 - 1 credits			
10th grade Electives Semester Please select the Elective semester course indicated on the student registration sheet. If none, leave blank.	<table border="1"><tr><td>Wt Lit 0810 - 1 credits</td></tr></table>	Wt Lit 0810 - 1 credits	 
Wt Lit 0810 - 1 credits			
10th grade Electives Semester Please select the Elective semester course indicated on the student registration sheet. If none, leave blank.	<table border="1"><tr><td>Study Hall 0999 - 0 credits</td></tr></table>	Study Hall 0999 - 0 credits	 
Study Hall 0999 - 0 credits			
10th grade Electives Semester Please select the Elective semester course indicated on the student registration sheet. If none, leave blank.	<table border="1"><tr><td>Study Hall (Sem 2) 0999 - 0 credits</td></tr></table>	Study Hall (Sem 2) 0999 - 0 credits	 
Study Hall (Sem 2) 0999 - 0 credits			

Numbers to Know

SEMESTER 1

- Study Hall – 998
 - Unless otherwise noted
- Weight Lifting – 809
- Lifetime Activities – 803
- Fitness for Life – 813
- Music Theory – 757
- Dramatic Prod - 0049
- Speech/Debate - 0051

• SEMESTER 2

- Study Hall – 999
 - Unless otherwise noted
- Weight Lifting – 810
- Lifetime Activities – 804
- Fitness for Life – 814
- Music Theory – 760
- Dramatic Prod - 0050
- Speech/Debate 0052

- Summer Classes
 - 0571 Personal Finance and Careers online
 - 0821 Healthy Lifestyles

Your final screen should look something like this!

Scroll to the bottom and select Submit when finished.

When you are finished, log out of your computer and bring your handwritten sheet to me.

You will keep your old plan, powerschool codes and transcript.

Requests

Course Number	Course Name	Credit Hours
0311	Biology I	1
0311	Biology I	1
0018	English 10	1
0018	English 10	1
0214	Geometry	1
0214	Geometry	1
0804	Lifetime Activities	1
0100	Spanish I	1
0100	Spanish I	1
0998	Study Hall	0
0999	Study Hall (Sem 2)	0
0412	World History	1
0412	World History	1
0809	Wt Lift	1

Credit Hours Requested: 12