

ELKHORN

ANTLERS



Elkhorn High School
1401 Veterans Drive
Elkhorn, NE 68022
402.289.4239

November Newsletter
2018

From the Principal..... Dan Radicia

Dear Parents:

It is November 2 and we still plenty of school left before the end of the first semester. Keep supporting your students to practice good academic habits which will help them finish strong in December.

Student dismissal time of 2:20 p.m., is set for Wednesday, November 21, 2018. Have a wonderful Thanksgiving break.

Elkhorn High School successfully completed its first quarter of academics and activities for the 2018-19 school year and we are in the 3rd week of the 2nd quarter. We will be checking our students grades with a mid quarter grade progress report and talking with students who are struggling to be successful academically. We will continue to serve our students with many opportunities that will help them become the adults they aspire to be. A well-rounded educational experience that focuses on academic rigor will assist our students as they navigate through many difficult decisions regarding future course study in high school, college planning, post-secondary institutions, and work place opportunities.

Preparing for the Future

The counselors have scheduled time with each Senior to discuss college and career plans and to make sure they are making progress towards the graduation criteria. The Juniors meet with counselors to discuss 4 year plans, college searches, Naviance, ACT testing and discussion of their PRE ACT results, career interests surveys, and the April 2 ACT test. The counselors met with the sophomores in their World History courses to complete the "Do What You Are" which helps students with a career focus that would help them prepare for their 4 year high school plan. The counselors will discuss college and career leading pathways along with providing course summaries for students interested in our elective classes and sequence. The counselors encourage our students to think about maintaining a rigorous transcript so at the end of the 4 years, the student will be college ready. In the middle of January, the counselors will begin their meetings with the freshmen to discuss next year's course offerings and Pre ACT testing in April. Our counseling department has a robust plan to meet the college and career needs of our students as they matriculate from 9th to 12th grade.

Vaping and Teenagers: Important Information

Elkhorn High School is similar to many other schools in the area which continues to deal with incidents involving student vaping. The purpose of this communication, is to inform you of the issue, give you resources if you feel your student is involved in this kind of behavior, as well as alert you to repercussions if your child engages in vaping on school property. We take this issue seriously due to the negative health effects vaping can have on our students. Vaporizers/e-cigarettes come in all different shapes. Some common styles we see look like a thick pen, a stylus for an iPad, a flash drive, or a small flask with a round chimney coming off the top. Some of the devices are very small and can easily be hidden on a person or blend in with normal backpack items.

The nicotine juices for these items are often fruit flavored. When used, the device produces a quick to dissipate vapor that does not smell smoky, rather a burst of strong, sweet or fruity scents. Like cigarettes, stores cannot sell vaping items to people under the age of 18; however, students report that they purchase the devices online or buy from older siblings, friends, etc.

Elkhorn Public Schools student discipline code treats e-cigs, vapes, and juuls in the same vein as tobacco products. Possession or use of tobacco, nicotine, or vapor products such as e-cigarettes or look-alike tobacco products, in any form, by students is prohibited on school property or premises or at school activities.



Consequences for possession or use are as follows:

First violation – two After Hours sessions

Second violation – two day Out of School Suspension

Third violation – five day Out of School Suspension with the possible recommendation of expulsion.

The Surgeon General reports that nicotine is addictive and can harm brain development, which continues until about age 25. We know that using nicotine may make it harder for school-related tasks such as learning and concentration. In conversations with students, it appears that many are not aware of the harmful effects of vaping.

If you feel your child has already developed an addiction to nicotine, we suggest you reach out to your health care provider. Another resource for parents to utilize is our contracted licensed mental health/chemical dependency counselors. Arbor Family Counseling (402-330-0960) is a wealth of information and support for families and due to the contract with the Elkhorn Public Schools, the initial consultation and follow-up visit are no charge to EPS families.

https://www.cdc.gov/tobacco/data_statistics/sgr/e-cigarettes/index.htm

https://www.bedfordma.gov/sites/bedfordma/files/file/file/nida-ecig_infographic2016.pdf

I encourage you to have a conversation with your child(ren) about this topic.

Parent Teacher Conferences Reflections

Elkhorn High School's October parent-teacher conferences illustrated the partnership between school and home that is critically important. I had the opportunity to meet and talk with parents about their student(s) and the reciprocal relationship between the school and parents which allows for common values and beliefs that are communicated to our students.

As a community, we value education. Throughout the learning process, our students are engaged in dealing with the intangible traits of hard work, persistence and perseverance. To that end, we must encourage our students to achieve in the classroom, through their coursework, in their activities and with their relationships with their teachers and peers. The parent-teacher conferences affirmed my belief that our community continues to value our children's education. Our attendance at first quarter conferences : 69% (freshmen), 66% (sophomores), 61% (juniors) and 48% (seniors) of our parents during this two day event that had an average of 61% of parents attending conferences. A special thank you to the parents arranging their schedules to accommodate EHS and ESHS' traveling teachers.

I would also encourage parents to communicate with their student regarding concerns that were discussed at conferences and then continue to monitor and communicate with teachers that improvement is happening. We can provide tutors before and after school, during study halls, and we can have quiet study time from 3:30 - 4:30 p.m. Monday thru Thursday in the media center. If concerns persist, please call the school academic counselors and me so that we can create a plan that could be successful for your learner.

Some Thoughts on the Value of Homework

The positive aspect of homework is that it can be used to reinforce learning at school. Homework provides students with time to reinforce learning and then apply it on their own. Once students have experienced an instruction, they should be expected to apply their knowledge independently. Homework can have an overall positive effect on a student's level of achievement, improvement in educational skills, and social skills when structured properly (Haas, 2008).

Today's learners will not only need critical thinking problem solving skills, but perseverance over a long period of time-GRIT. The ability to FOCUS and be conscientious about a task is why homework should be valued and encouraged at home to complete. Think about your student's study habits and if they are not desirable, what can be



different? Sometimes our students study in their bedroom with the distractions of cell phones and music. A twenty minute assignment turns into an hour because of off task behaviors that caused our students to spend more time in inactive study periods which may result in losing valuable sleeping time and an incorrect accounting on how long they actually spend studying a night.

School Engagement through Extra Curricular Activities

We have plenty of co-curricular and extra-curricular activities scheduled in the month of November. The high school musical "Newsies," NMEA All-State, Volleyball districts, Mock Trial, speech, winter sport preseason conditioning, One-Act performance and many other activities to engage our students. Please take the time to enjoy some of our co-curricular and extra-curricular activities that showcase the talents of these hard working students.

Thursday, December 20th and Friday, December 21st are Final Examination Days at EHS

In order to protect the integrity of the exams which are aligned across departments in both high schools, no finals will be proctored before the assigned times. Please make every attempt to ensure that your student is present for finals week to fully prepare and achieve at the highest levels. Please contact the administration in the extreme case that your student will not be in school for finals. Please note that these are full days with no early dismissal times. Students will have preparatory time built into this two day adjusted schedule, but please also communicate with your student the importance of being prepared for the cumulative final exams. Students may not be called out during finals periods, even if they are finished with their exam. Students are expected to be at school all seven periods both finals days. Please encourage your student to utilize study periods on finals days and help us curb students signing out during these periods. In most cases, student who miss finals will have to make up finals on Friday Jan. 4, 2019, during the staff in-service. Students return from winter break on Monday, Jan. 7, 2019.

Please call Dan Radicia at 402-289-4239 or email at dradicia@epsne.org if you have any questions or concerns.

Thank you!

Thank you to all the parents that graciously volunteered to assist with the Health Screening. It went so smoothly and we couldn't have done that with out you.

Additionally, thank you to all the parents that gave a financial donation and/or desserts, chips, and water for the Parent Teacher Conference meal. The staff really appreciated the delicious meal.

Hy-Vee's CASH FOR STUDENTS program began on September 1st, and continues through Monday, December 31, 2018.

Please save your Hy-Vee receipts and turn them into Ms. Pruse in the main office at Elkhorn High School.

Hy-Vee will donate to Elkhorn High School, \$1.00 for every \$200.00 spent.

Receipts from any of the 15 local area Hy-Vee's will be accepted.

Thank you!



COUNSELING CENTER STAFF (402) 289-4239, Ext. 2

Desiree Merrihew (A - E) Martha Dowd (F - K) Theresa Crnkovich (L - Rom) Makalla Fritz (Ron - Z)
Tracy Frevert, Secretary **WEBSITE: www.elkhornweb.org→EHS→Counseling Center**

Grades not where you want them?

8th Hour is available for all students Monday-Thursday from 3:30-4:30 in the library. 8th Hour is staffed by a teacher and student tutors are available. Students can use this time for homework completion, makeup tests, group projects, research, etc. Come check it out!

EHS Tutoring Program:

Free one-on-one peer-tutoring is available for students struggling in classes. Students can sign up in the Counseling Center.

Explore A Career! – The Omaha Exploring program is an awesome opportunity for 9-12th grade high school students to learn more about a particular career field. Activities are starting so register NOW. To find out how the program works, go to www.omahaexploring.org or stop in the Counseling Center to gather more information.

NAVIANCE

<https://student.naviance.com/ehsne>

Naviance is our college and career planning tool, complete with personality inventories, career information, college search tools, and more. All students at EHS have an account.

Students can access their accounts by using their user name and passwords used to log into the school computers.

Military Fair @ EHS

Friday, November 9th
11:15 a.m. – 12:38 p.m.

All branches of the United States Military will be hosting a table outside the counseling center during all lunches.



SENIORS: Start thinking about EPS Foundation Scholarships

Students will apply for scholarships online! Students will have access to the scholarship applications on December 3rd. Descriptions of scholarships and information about how many letters of recommendation each require are available on the website now.

Visit their website (www.elkhornfoundation.org) and read through the scholarship descriptions to get an idea for which scholarships you want to apply for. You should start thinking about who you would like to have write you a recommendation if one is required to give that person plenty of time to have it ready to go. You will need to provide the recommender's name and email on the application. Once you submit all of your applications, the recommender will receive an email with a URL where they can put their recommendation.

The deadline for scholarship applications to be submitted is February 1st.

If you have any questions regarding scholarships, please contact Genice Chochon at gchochon@epsne.org or 402.289.1727, or visit with your counselor.

Senior Reminders:

College visits can be set up by visiting the admissions website of the college. Pick up a college visit form from Mrs. Frevert and be sure to turn it in to Mrs. Frevert **BEFORE** you go for it to count as a college day.

Watch college application and scholarship deadlines: Many deadlines are on or before February 1.

Scholarship Information: Check Naviance regularly for scholarship updates. Individual colleges are the source of the most scholarship dollars, so apply early and meet with the Office of Financial Aid on your college visits to ask specific questions unique to your student and your family.

EducationQuest: EducationQuest Foundation is a nonprofit organization with a mission to improve access to higher education in Nebraska.

We fulfill our mission through **free** college planning services, outreach services, need-based scholarship programs, and college access grants.

Rockbrook Village
(108th and W. Center Road)
11031 Elm Street
Omaha, NE 68144
402.391.4033
888.357.6300
FAX 402.391.737

<https://www.educationquest.org/>

FAFSA: Remember to complete the FAFSA for college financial aid. This would include loans, grants and some scholarships. Go to fafsa.gov.



College Entrance Testing Information: Juniors

The ACT serves as Nebraska's standardized assessment for all public schools. This means that all juniors will be taking the ACT during the school day on April 2nd, 2019. This is at no cost to the student and the registration of the test will be completed during the school day. Details regarding schedules that day will be released at a later date.

Most students take the ACT at least twice -- once junior year and once senior year. If you would like to take the ACT a second time in the spring of junior year or summer before senior year, here are the National ACT test dates for Spring and Summer of 2018:

Feb. 9, April 13, and June 8, and July 13

Students register online at www.actstudent.org. Registration deadlines are approximately one month prior to the test date and are found at ACT's website.

Important note about score reporting: It is the student's responsibility to submit test scores to their college of choice. Upon registration for the test, students can select up to 4 colleges to receive their test scores. To avoid paying to send your scores at a later date, please ensure that you have selected 4 colleges of your choice at the time of registration.

College Entrance Testing Information: Seniors

Note to Seniors about December ACT: For seniors interested in improving an ACT score for scholarship purposes, the December ACT is the last date to do this. November 2nd is the deadline to register for the December 8th ACT.



FROM THE DESK OF THE ACTIVITIES DIRECTOR- Mark King

** Check out the Activities Department Website - www.easternmidconference.org **

2018 FALL COMPETITIONS:

Congratulations and thank you to all our fall sports teams for representing Elkhorn High School with a high caliber of play and just as important, a high caliber of class and sportsmanship. A special congratulations goes out to our girls softball team for winning the 2018 State Championship. They dominated the field going undefeated in the state tournament. Our girls and boys cross country teams had outstanding fall seasons as well. Our girls had a dominating season and finished 2nd in the state meet. Our boys were also outstanding and finished 3rd in the state. Our girls golf team had a great season finishing 3rd at the state meet as did our boys tennis team. Football competed in Class A and represented themselves well with a very competitive team. Volleyball is still in progress and we wish them well in districts and the state tournament. Congratulations to our marching band for running a 1st class and very successful 3rd annual Sounds of Excellence band competition and strong performances in their fall competitions. We are all looking forward to watching our student's performance in the musical "Newsies" on November 1 - 4.

WINTER SPORTS PARENT MEETING DATE:

Wednesday, Nov. 7th @ 6:30 p.m. in the Elkhorn High School Auditorium – All parents of winter sport athletes should attend. This is a very important meeting in which you will have a chance to ask questions of the coaches and all winter sport information will be given by the Activities Director, our Head Trainer, and the Coaches. Swimming will be the only coaches not at the meeting that night, and they will hold a parent meeting at Common Ground after their inter-squad meet at 9:00 a.m., Nov. 17. Parents of swimmers are still encouraged to attend the Nov. 7th meeting.

STUDENT AND ADULT ACTIVITY PASSES:

The Activities Office is continuing to sell both student (\$35) and adult (\$55) activity passes. These passes are good for ALL YEAR-ALL SPORTS and will permit the bearer to attend all home regular season. The only exception is EMC Conference and DISTRICT level games. Please stop by the Activities Offices to get your pass.

ELKHORN SPORTS/ACTIVITIES ARE ON THE WEB:

Patrons of the Elkhorn school district should access the most current information as related to high school and middle school athletics/activities/schedules, by logging on to www.easternmidconference.org.

SPORTSMANSHIP! Can't Play Games without it!

With district and state contests currently upon us, and Winter Sports just around the corner, I would like to take the time to express how important showing **GOOD SPORTSMANSHIP** is to our coaches, players, and administration. Thank You!

ONE ACT:

On November 19th, there will be a friends & family performance of the One Act. The One Act is a drama called "Digging Up the Boys".

Tickets will be \$2.00 at the door. Hope to see you!



HALE HAPPENINGS

HALE is Elkhorn Public Schools' High Ability Learner Education. Kim Johnson is the HALE teacher servicing both high schools and she is at Elkhorn High in the mornings (D107) and Elkhorn South in the afternoons. Visit the HALE webpage from the Elkhorn High School Activities website to learn more about services and to keep track of upcoming opportunities via the online HALE calendar.

Academic Decathlon

The Academic Decathlon Team is busy preparing to travel to Pius X High School for its first scrimmage on November 3 and the Gross High scrimmage on Dec. 1. Study sessions are in room C206 at EHS and in the F Wing Breakout area at ESHS. Members may attend meetings at both schools.

ESHS: November 1st and 15th/December 13th

EHS: November 8th and 20th/December 6th and 20th

Robotics

Robotic teams will test their designs at Brownell Talbot on November 3 and Elkhorn Grandview Middle School (Dec 1). Spectators are welcome!

Quiz Bowl

Congratulations to Mia Giandinoto, Trinity Thompson, Anna McCaslin and Carly Nichols who took 1st Place in the large school division at the Young Woman's Quiz Bowl on 10/17. Quiz bowl practice is daily during lunch in room D107. Even if you prefer to have lunch in the commons, you may sign up with Mrs. Johnson to compete at quiz bowls. Competitions are at Omaha Bryan (Nov 10) and our Elkhorn Quiz Bowl will be on December 15 at Elkhorn South.

UNL Math Day

Good luck to our Honors Algebra II, Honors Pre-Calculus and AP math students who signed up to attend the 29th annual UNL Math Day and take the PROBE (Problems Requiring Original and Brilliant Effort) exam in both individual and team competitions held on the UNL campus, November 15. For more information see: <http://www.math.unl.edu/programs/mathday/>

Upcoming Events

Saturday, November 3– Pius X Academic Decathlon Scrimmage

Saturday, November 3- Robotics Tournament at Brownell Talbot

Thursday, November 15- UNL Math Day

Saturday, December 1- Gross High Academic Decathlon Scrimmage

Saturday, December 1- EHS Robotics Tournament at Grandview Middle School

Saturday, December 15 - Elkhorn QB at ESHS



From the Nurse

Dear Parents/Guardians of EHS students,
 Last May, and again in September, I sent letters requesting forms to be filled out and returned that pertain to certain medical conditions:
 Annual Health Updates, Asthma Update and Self-carry Consent Forms (if student carries an inhaler at school), Seizure Updates, Severe Allergy Updates and Self-carry Consent Forms (if student carries an EpiPen at school), and Diabetic Emergency Action Plans with Self-Manage Consent forms.

If you have received these letters please fill out and return any forms as requested.

Hard copies of all forms are always available in the health office.

Thank you for your cooperation.

Joni Buzzell, RN

EPS Staff Directories and Email Addresses

Parents - as a reminder, please always double check the email address of any staff member you are attempting to contact, as some email addresses include a number in them. If you are not sure of the correct address, you can find all addresses and email all staff members directly by clicking their name on the following "Staff Listing" page on our website:

<http://www.elkhornweb.org/ehs/about/staff/>



Wednesday, November 21st

Early dismissal time - 2:20 p.m.

Thanksgiving Break will be
 Thursday, November 22nd
 & Friday, November 23rd

School will resume on
 Monday, November 26th

NOTICE OF NONDISCRIMINATION – EQUAL EMPLOYMENT OPPORTUNITIES

The Elkhorn Public Schools does not discriminate on the basis of sex, race, national origin, marital status, age, disability or any other basis prohibited by state and federal law in admission or access to, or treatment of, or employment in, its programs and activities.

It is the intent of the Elkhorn Public Schools to comply with both the letter and spirit of the law in making certain discrimination does not exist in its policies, regulations, operations or employment practices. Grievance procedures have been established for anyone who feels discrimination has been shown by Elkhorn Public Schools. These procedures can be obtained by the Assistant Superintendent.

Inquiries concerning the application of the Elkhorn Public Schools' policy of nondiscrimination should be directed to the Assistant Superintendent, 20650 Glenn Street, Elkhorn NE 68022, (402) 289-2579.



ATTENTION SENIORS!!!

Scholarships go online December 3rd!

Last year the Foundation awarded over \$264,000 in scholarships. Please visit our website at www.elkhornfoundation.org/scholarships for a listing of scholarships available to 2019 graduates.

Considering an end of year gift? A tax-deductible donation to the Elkhorn Public Schools Foundation will help further our mission in 2019 and beyond. Thank you for your continued support in enriching the education of our Elkhorn Public Schools students!

Mark your Calendar: Bids 4 Kids will be held on April 4, 2019. Join us for a fun evening of silent auction bidding! We are grateful for any and all donations! For donation information, please contact Stacey Selk at sselk@elkhornfoundation.org



EKC is hiring! Are you bright, energetic and creative? Do you like working with children? Then EKC is for you! Stop in to the foundation office for an application, or download it online at <http://www.elkhornfoundation.org/ekc/ekc-application/>. Email your completed application to awhorlow@elkhornfoundation.org

FUNDRAISING PARTNERSHIP!

GET YOUR UPPER LEVEL TICKETS TO THE FOLLOWING GAMES FOR ONLY



\$33.50 Each!

REGULAR SEASON GAMES

NOV. 11TH @ NOON – ARIZONA CARDINALS

NEWLY ADDED! LIMITED AVAILABLE

DEC. 9TH - BALTIMORE RAVENS

DEC. 13TH - CHARGERS

DEC. 30TH - RAIDERS

\$10 of every ticket purchased will go back to the Special Education Programs in Elkhorn Public Schools!

Purchase your tickets @
www.chiefs.com/ticketfundraiser/

USING PROMO CODE **EPSNE**



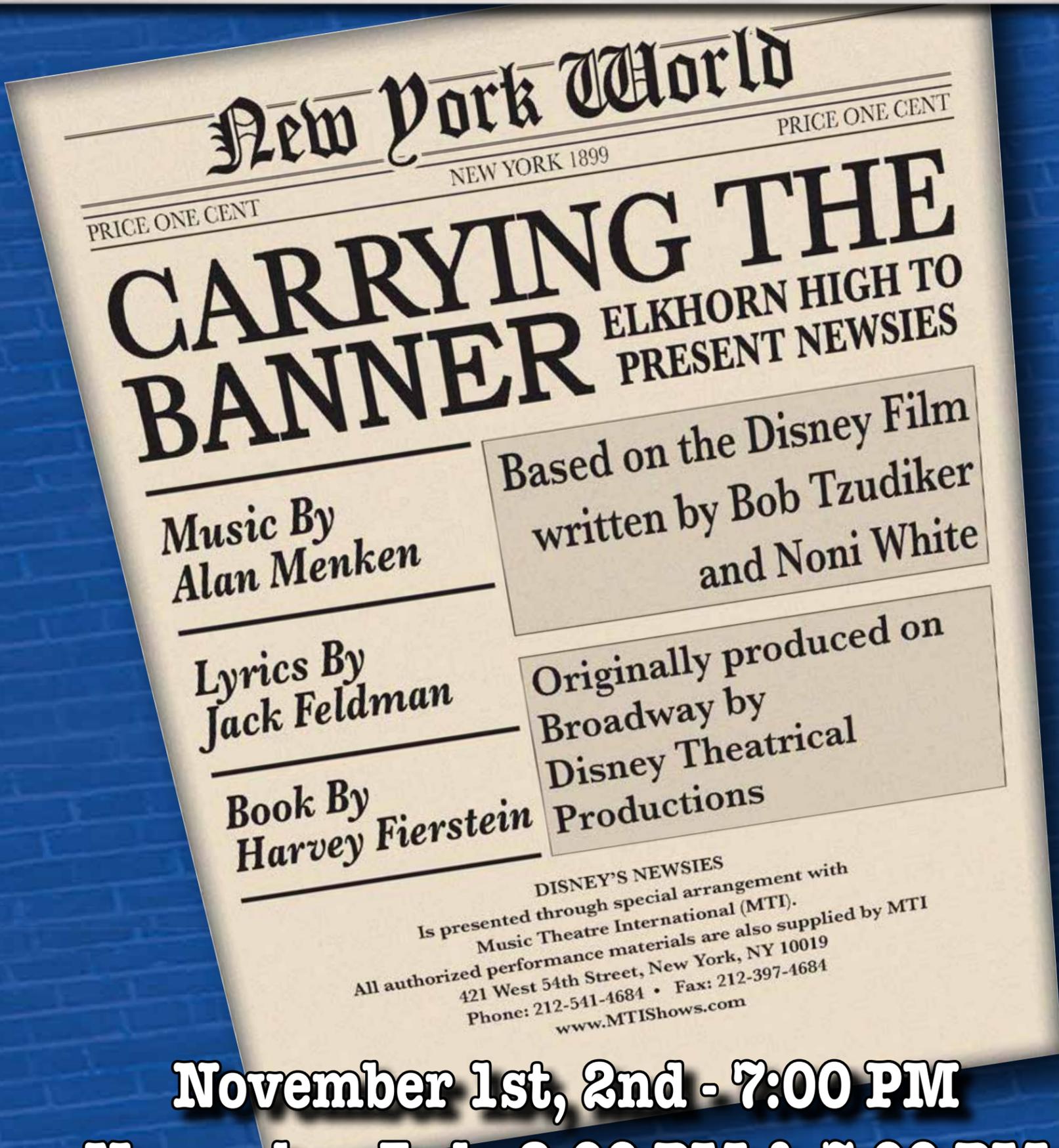


The Elkhorn High School
Production of

NEWSIES

THE BROADWAY MUSICAL

© Disney



November 1st, 2nd - 7:00 PM
November 3rd - 2:00 PM & 7:00 PM
November 4th - 2 PM

Elkhorn High School Auditorium
1401 Veterans Drive, Elkhorn, NE 68022

FOR TICKETS VISIT: SHOWTIX4U.COM OR CALL 402-289-4239

\$10 ONLINE (PLUS SHOWTIX FEES) OR \$12 AT THE DOOR



District Reminders

SCHOOL MESSENGER - ARE YOU UP TO DATE?

EPS uses a parent messaging system called SchoolMessenger to send emails and phone calls to parents, including information about school and events cancellations. To ensure you are receiving important messages from your school and the District, be sure to let the office know of any changes to your email addresses or phone numbers.

TECH SAVVY PARENT TIPS

Healthy Screen Relationships

Being constantly connected can hinder active learning, as one becomes passive in taking in new information because he or she is constantly “learning” new things. Taking a step away from technology and the absorption of information allows one’s brain a needed break and creates an active learning environment. By being intentional in determining technology downtime, you are giving your brain that break to be able to focus on other things.

Below are 5 questions you can ask to determine the health of your child’s relationship with screens:

- 1) Are they physically healthy and getting enough sleep?
- 2) Are they reported to be engaged and learning while in school?
- 3) Are they pursuing other hobbies and interests?
- 4) Can they interact socially with friends and family without the use of technology?
- 5) Does their digital life appear fun and positive?

For more information on youth and their use of technology, visit www.common sense media.org.

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children’s Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents.

FIND US ON



Elkhorn Public
Schools

Career Awareness Program

November 2018

CAREER EXPLORING

Click above to see current opportunities.



A career education program for ages 14-20. Most programs meet weekly, once a week for about 6-8 weeks in the evenings. For most programs, the fee to join is \$30, with a few programs that may have extra costs. Learning by doing. Do by exploring.

CAREER CAMPS & FAIRS

Click above to see current opportunities.



Career fairs provide the opportunity to meet with career professionals, learn more about a variety of careers, and even interview for open positions in some cases. Career camps provide students with hands-on exposure to different careers and the college majors that support them.

CAREER EXPLORATION DAY

Click above for more information.



A Career Exploration Day allows students an opportunity to gain knowledge about a specific career field. It is also a great way to begin making professional connections in their career field of interest. Students are allotted one (1) day per year for a Career Exploration Day.

MILITARY CAREER FAIRS

ELKHORN
HIGH

ELKHORN
SOUTH

FRIDAY,
NOVEMBER 9TH

FRIDAY,
NOVEMBER 16TH

By the Counseling Center

In the Cafeteria

Students will be able to visit with the military reps during their designated lunch period.

CAREER INTERNSHIP

Click above for more information.



Career Internship is a school and business partnership in which seniors develop workplace skills during an internship at a local business or agency. The goal of the program is to provide students with work site training that will empower them as they pursue their career goals. This course is a 2-4 credit course that combines career readiness assignments with the work site experience.

TEACHER CADET

Click above for more information.



Teacher Cadet allows a high school senior the opportunity to work in an elementary or middle school classroom to gain insight into the career field of education while developing the skills needed to be successful in a career working with youth. This course is a 1-2 credit course that combines career readiness assignments with the work site experience.

CAREER TOUR—OMAHA WORLD HERALD

Students from EHS and ESHS spent a morning at Omaha World Herald in October. Students were able to explore the following departments at Omaha World Herald:

- Human Resources
- Marketing
- Sports Broadcasting
- Newsroom
- Radio Broadcasting
- Printing/Production/Distribution Systems

Students were able to learn about the variety of careers within each of these departments, what human resource departments look for in potential employees, and what high school students can do to begin preparing for these careers.



Explore. Connect. Learn. Succeed.

Contact Dana Buurman for more career awareness opportunities such as job opportunities, career tours, and volunteer opportunities.

Email: dbuurman@epsne.org - Phone: 402.289.0616



988170 Nebraska Medical Center • Omaha, NE 68198-8170 • 1-800-222-1222 • www.NebraskaPoison.com

Serving Nebraska, Idaho, Wyoming, American Samoa, and Federated States of Micronesia

Be safe in the Season of Fall

Carbon Monoxide (CO): Carbon monoxide is a colorless, odorless, tasteless dangerous gas. It can be produced by:

- ✚ Burning charcoal indoors
- ✚ Gas-fueled water heaters
- ✚ Heating a home with a gas stove
- ✚ Improperly functioning gas furnace
- ✚ Vehicle exhaust
- ✚ Wood stoves

CO can mimic other illnesses such as the stomach flu or food poisoning. Early symptoms are headache and feeling sick to your stomach and/or vomiting. Other symptoms can also include drowsiness and dizziness. Always keep a CO detector in your home.

Antifreeze: Antifreeze is available as radiator antifreeze (often contains ethylene glycol) or windshield wiper solution (contains methanol). Both are highly toxic substances.

- ✚ The colors and sweet taste may be attractive to young children.
- ✚ Keep antifreeze products out of the reach of children.
- ✚ Always keep antifreeze in its original container and stored in locked cabinets.

Halloween: The Nebraska Regional Poison Center wishes you a happy and safe Halloween. Listed below are Halloween tips for parents with youngsters.

- ✚ Check treats thoroughly before allowing children to eat them.
- ✚ Check wrappers for holes, tears and signs of rewrapping or tampering.
- ✚ Throw away unwrapped candy or fruits if the source is unknown.
- ✚ Be watchful of glow sticks and jewelry. If one breaks, avoid skin, mouth and eye contact.
- ✚ If your children use make-up rather than a mask, watch out for possible skin irritation, such as a rash or itching. If this occurs, remove the make-up immediately and thoroughly cleanse the area with soap and water.
- ✚ Dress children in light-colored clothing, short enough to prevent tripping and apply reflective tape for added safety.
- ✚ Carry a flashlight after dusk and watch for cars. Try to finish before dark.
- ✚ An adult should accompany young children and Halloween visits should be limited to familiar, local neighborhoods.
- ✚ Make sure children can see well enough through facemasks to prevent falls.
- ✚ Dry ice can be used in punch bowls but should not be used in individual glasses. Frostbite can occur if skin comes into contact with dry ice.

*Call the Poison Center at 1-800-222-1222 and talk immediately to a
Registered Nurse or Pharmacist 24/7/365*



ELKHORN HIGH SCHOOL

"Home of the Antlers"

Antler Publications

1401 Veterans Drive, Elkhorn, NE 68022

402-289-4239 FAX: 402-289-4383

Diane Schieffer, Yearbook Adviser

Chloe Seidl & Taylor Jindra, co-editors-in-chief

Order Your 2019 Yearbook

PRICES GO UP AS TIME GOES ON.

ORDER EARLY.

www.yearbookforever.com

\$50 through August 31, 2018

\$60 through December 31, 2018

\$70 through February 1, 2019

\$75 for all books not pre-ordered

Select your school below

Elkhorn High School	Elkhorn	NE
---------------------	---------	----

School	City	State	
Elkhorn High School	Elkhorn	NE	Shop the store

Dear Parent/Guardian:

It is time to start thinking about this year's book of memories! For the sixth year in a row, we are offering an easy way for parents and students to purchase yearbooks--online. **Go to the listed website, type in the school name under "select your school," and the steps will guide you through your purchase.**

If you are unable to use the website or are uncomfortable with that process, you can send a check (for the appropriate amount from the timeline above) and list your child's name somewhere on the check. Your child can drop it off in C-208 OR mail it to Elkhorn High School, ATTN: Yearbook. Receipts for on-line sales will be automatically sent electronically. If purchasing with check or cash, receipts are printed upon request. (Cash orders are processed immediately in front of the customer).

The cost to produce yearbook has gone up over the years, but our price for you has not changed in at least the past ten years. With a full-color, ever-growing yearbook, we need to be able to cover the cost of production. With that being said, our starting price is still the regular \$50, but for a very limited amount of time. Take advantage of this, please. Procrastinating costs more money!

Our yearbook staff has already spent numerous hours getting ready for the 2019 book. We have an amazing staff of great people who are ready to document the moments of the year in this keepsake you need on your shelf forever.

Thank you very much!

The Yearbook Staff and Diane Schieffer, adviser