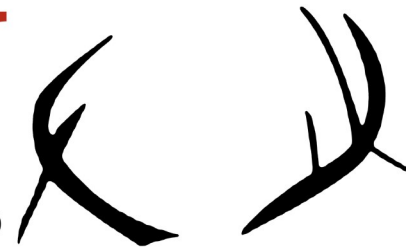


# ELKHORN ANTLERS



Elkhorn High School  
1401 Veterans Drive  
Elkhorn, NE 68022  
402.289.4239

December 2016 &  
January 2017  
Newsletter

## From the Principal..... Dan Radicia

Here comes the December weather...

### Winter Road Conditions:

When the weather and roads become hazardous please encourage your student to leave for school earlier, drive more carefully, and dress appropriately for the cold and the ice because walking and driving will be challenging for our young drivers. In the event that we are in school and it begins to snow or ice collects on the pavement, I will make announcements at the end of the school day reminding our students to take their time scraping the windshield, allow for more distance between cars to stopping and to drive careful.

### NEW to EHS

#### MAPS Testing for 9th Graders in December

The EHS freshmen will take the MAPS test in their core classes on Dec. 6-7 and finish the MAPS testing on Dec. 13-14. Students will only take two subject tests per week and each subject test is untimed but normed to finish in 50 minutes. The MAPS tests allow the school to analyze trend data and predicted scores on the ACT. The MAPS tests consist of reading, language usage, math and science. MAPS is different from the ACT test because it gauges the students answers and responds by providing a harder or easier question based on the previous question/answer. If the student continues to answer correctly the questions will become increasingly more difficult. When the student incorrectly answers the question on a prescribed level, it will decrease the level of question until the student answers 50% of them correctly at a certain level. The MAPS is more interactive with the students' ability level.

Perhaps a MAPS analogy will be helpful. Think of MAPS like an eye exam..... When the doctor asks you which letter is more clear, "is it 1 or 2," flips the lens, now is it 1 or 2, flips the lens, how about now?... 1 or 2. "2" Now read the line. Mr. Radicia, you have 20/30 vision in your right eye. The assessment through questions will find the level of achievement based on the student's ability to consistently answer correctly at a certain level.

### EHS Semester Finals:

Elkhorn High School will have a finals week to conclude 1<sup>st</sup> semester. Semester finals will be Wednesday, Dec. 21 and Thursday, Dec.22. Students will take semester finals in periods 1, 3, 5 on Dec. 21 and periods 2, 4, 6, 7 on Dec. 22. Both Final Testing days are full days of school with a 3:20 dismissal time. Please encourage your student to plan and prepare for successful semester exams. We created a schedule that provides students built in study times before exams. Therefore, it is countercultural to call your student out during study hall and study times and for your student to miss the opportunity to study in a quiet atmosphere with his/her teachers.

#### 1st Semester Testing Schedule

##### Day 1 - 3 Finals Periods 1, 3, 5

1. Final 8:10-9:17
2. Study time 9:21-10:01
3. Final 10:05-11:12
4. Study time and lunch 11:16-12:42  
1)11:12-11:42 2)11:42-12:12 3)12:12-12:42
5. Final 12:46-1:53
6. Study time 1:57-2:36
7. Study time 2:40-3:20

##### Day 2\* - Four Finals Periods 2, 4, 6, 7

*\*note the order of class periods change!*

2. Final 8:10-9:17
1. Study time 9:21-9:48
4. Final 9:52-10:59
3. Study time and lunch 11:03-12:26  
1)10:59-11:28 2)11:28-11:57 3)11:57-12:26
6. Final 12:30-1:37
5. Study time 1:41-2:09
7. Final 2:13-3:20



EHS does not allow students to take finals early without principal pre-approval that would require parents to contact the principal about an unavoidable absence. In most cases, a student who miss finals will have to finish his/her finals during a scheduled time on Wednesday, Dec. 28, or Tuesday, Jan. 3, 2017 during a staff in-service. Students return from winter break on Wednesday, Jan. 4, 2017. I will communicate with each student who misses finals about coming in during the winter break to take his/her finals and/or after school on Jan.4-5.

### NEW to EHS

#### Statewide ACT Testing for Juniors– APRIL 19, 2017

EHS Juniors will be taking the ACT during the school day on Wednesday, April 19, 2017 as part of the state law and Nebraska Department of Education assessment protocol. Details regarding the testing schedule will be communicated at a later date. We believe the test will take three hours to complete with time before and after to complete other paperwork. EHS will dismiss school after the completion of the tests.

### NEW to EHS

#### PRE-ACT Testing for 9th/10th Grade– April 19, 2017

EHS 9th and 10th graders will be engaged in a Pre ACT test that will take around 3 hours as well with front end documentation. The dismissal time with each grade level will be different depending on the amount of front end documentation. We are in the early stages of discussing serving breakfast and not serving a lunch on the testing day.

The juniors and seniors continue to prepare for the ACT-tests along with applying for college admissions and scholarships. The FAFSA applications for seniors who are looking for financial aid are open and seniors should Our counselors have been visiting with students about their four year plans and continue to visit with students who are struggling academically.

### 2nd Semester Schedules Sent Home

On Nov. 28, your student's second semester schedules were mailed home so that parents and students could talk about the upcoming academic semester. It is critical for parents to have conversations with their students about taking rigorous coursework that will positively impact literacy, numeracy, critical thinking, problem solving and writing. These are foundational skills that Elkhorn High School students must possess in order to successfully complete a college prep curriculum and advanced placement coursework.

Our students must be competitive and ready for college and the workforce.

The ACT test confirmed that students who completed/ or taking Algebra 2 during the school year of the ACT test, out-performed students who did not take the algebra 2 class. Furthermore, EHS students taking Chemistry as oppose to a different science class their junior year out-performed their EHS classmates by 4 total points.

If your student struggles with literacy and mathematics, then he/she may need more time and support in literacy skills through our support classes: Essential Language Arts classes has helped us ensure that students make the most of their time closing the gap between their ability and reading grade level. EHS offers instructional support in Algebra 1, Algebra 2 and geometry.

Students who are currently enrolled in support classes need to exit by a criteria related to testing data. Students were identified and placed into the support classes deliberately; therefore, the student's performance and course level mastery figure into the exiting of the class. With drop and add coming up next week, I wanted to express my thoughts about the sustaining value of the classes and not drop a student from the class based solely on his/her wishes or level of frustration but on achievement.

Students who wish to drop a year long class with a passing grade will have to schedule an appointment with the Principal. I will meet with the students and then communicate with parents and express what I believe is sound educational philosophy. I have written some perfunctory thoughts about *The Case for Rigor*. Students wishing to change a semester class will have to meet with the counselor during drop/add to see the availability of the classes.

**Drop and Add Dates for 2<sup>nd</sup> Semester Courses- Dec. 12-15, 2016. EHS counselors will be available before school, after school, after lunch, during TA, or study hall but not during instructional hours for students wishing to drop/add coursework.**

### Drop and Add Thoughts: The Case for Rigor

I recommend that students take challenging courses that stretches them academically regardless of the impact on grade point averages. Whenever a student requests dropping a difficult class where they did not fail but felt as if the current grade of a 3 or 4 is bringing down their cumulative grade point average, I remind them that our AP courses are weighted differently than the regular courses to reward students who are taking an academic



risk to stretch themselves. Colleges look at high school transcripts to see a pattern of rigorous coursework that is standard across the United States. The Advanced Placement curriculum courses are nationally approved of by the College Board.

When calculating GPA throughout the schools nationally, one would find different grading scales, different curriculum, different expectations per schools that doesn't offer the uniformity of the AP courses. Comparing class rank and GPA of students from Elkhorn to Chadron, private, charter and public schools, large schools to rural schools with different criteria is intellectually dishonest. Equalizing the class rank and GPA in a fair system is the college entrance test: ACT or SAT. According to both testing companies, students who take more rigorous coursework are more prepared for the test; consequently, they will perform better on the test. The test measures likelihood of college success.

By taking rigorous coursework while in high school, it will prepare your student for the future.

Interesting Quotes from the past to the present from Parents to their children. Think about this.....

“ The Russians launched Sputnik, do well in school.” (USA/USSR Space Race)

“Study more, students across the USA are competing for your scholarships and college admissions”

“Study more, students in technological emerging countries like China and India are competing for your scholarships and college admissions”

“Study more, automatization (machinery) of the workforce is taking away your job.”

EHS is looking forward to the year 2017 and will continue to serve the community with its mission to educate our students. Thank you parents, staff and families for making our high school a truly wonderful place for our students.

Principal Dan Radicia

dradicia@epsne.org or (402) 289-4239



**EHS ATTENDANCE AND ADMINISTRATION**

**Office Hours 7:30 a.m. - 4:00 p.m.**

402.289.4239

**COUNSELING CENTER**

Option 2

**ATHLETICS/ACTIVITIES**

Option 3

**EPS DISTRICT OFFICE**

402.289.2579

**TEACHER AND STAFF E-MAIL**

First letter of the first name followed by entire last name @epsne.org

Example: Joe Smith - jsmith@epsne.org



**DAILY BULLETIN ON THE WEB**

*<http://www.elkhornweb.org/ehs/daily-bulletin/>*

**Updated daily by**

**8:30 a.m.**



**COUNSELING CENTER STAFF** 402.289.4239, option 2

Desiree Merrihew A-G  
Martha Dowd H-N  
Makalla Fritz O-Z  
Tracy Frevert, Counseling Center Admin Assistant  
**WEBSITE:** [www.elkhornweb.org](http://www.elkhornweb.org)→EHS→Counseling Center

**Congratulations to Maggie Hendryx who was selected to attend HOBY Leadership Seminar this summer and to Sam Lilly who was selected to attend the Nebraska Leadership Seminar this summer!**  
**WAY TO GO!**

**NAVIANCE**

<http://connection.naviance.com/elkhorn>

Naviance is our college and career planning tool, complete with personality inventories, career information, college search tools, and more. All students have an account.

Students will use their old computer user name and passwords. For example:

Login: epstsmith01  
Password: eps12345

**DROP/ADD:**

**Monday, December 12 through Thursday, December 15**  
**7:30 a.m. to 4:00 p.m.**

**Students will be allowed to come to the Counseling Center before school, after school, or during a study hall or TA to discuss changing classes for second semester. Please note that available classes are extremely limited.**

***Students will not be allowed to leave any class except study hall for drop/add purposes. There might be times when a student will have to wait or possibly return the next day due to time limitations.***

**Grades not where you want them?**

**8th hour study hall** is available for all students Monday-Thursday from 3:30 - 4:30 in the library. Eighth hour is staffed by a teacher and student tutors are available. Students can use this time for homework completion, makeup tests, group projects, research, etc.

*Come check it out!*

Also, our National Honor Society students serve as free 1-on-1 **peer-tutors**. Contact the Counseling Center to request a tutor.

**Explore A Career!**

The Omaha Exploring program is an awesome opportunity for 9-12th grade high school students to learn more about a particular career field. Activities are starting so register NOW. To find out how the program works, go to [www.omahaexploring.org](http://www.omahaexploring.org) or stop in the Counseling Center to gather more information.



**EHS Tutoring Program:**

Peer-tutoring is available for students struggling in classes. Students can sign up in the Counseling Center.



## Senior Reminders



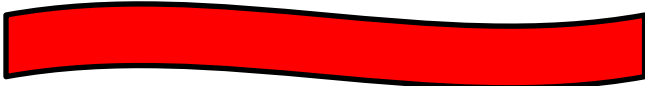
**Scholarship Information:** Check Naviance regularly for scholarship updates. Individual colleges are the source of the most scholarship dollars, so apply early and meet with the Office of Financial Aid on your college visits to ask specific questions unique to your student and your family.

**Elkhorn Public Schools Foundation Scholarships:** Seniors will receive a postcard in the mail in early December when the **EPSF scholarships** and the **ACHIEVE** scholarship applications become active online. There is a link on Naviance or students can go directly to the Foundation website: [www.elkhornfoundation.org](http://www.elkhornfoundation.org).

♦ **ALL EPSF SCHOLARSHIPS ARE DUE at 3:30 on FEBRUARY 1, 2017!**

♦ **ACHIEVE SCHOLARSHIPS ARE DUE ON APRIL 12, 2017!**

\*\*\*\*\*  
**FAFSA:** If you are a college-bound senior, you need to complete and submit the Free Application for Federal Student Aid (FAFSA). Colleges will use your FAFSA results to determine how much they will award you in financial aid. To estimate your FAFSA results now, use the College Funding Estimator at [Education-Quest.org](http://Education-Quest.org).



### EducationQuest

Education Quest is a free college planning service provided to all students in Nebraska. They have a monthly email service that offers tips and advice to high school students and parents. To sign up to receive these emails, visit [www.educationquest.org](http://www.educationquest.org).

## Winning the scholarship game

Follow these tips to increase your chances of earning scholarships:

**Don't pay for scholarship searches.** Use free resources such as [ScholarshipQuest](http://ScholarshipQuest) at [Education-Quest.org](http://Education-Quest.org) with over 2,000 Nebraska-based scholarships. Free national sites include [Fastaid](http://Fastaid), [Scholarship Monkey](http://ScholarshipMonkey), [ScholarshipExperts.com](http://ScholarshipExperts.com), [School Soup](http://SchoolSoup), and [Scholarships.com](http://Scholarships.com).

**Search on your NAVIANCE Scholarship list!!!**

**Elkhorn Public Schools Foundation Scholarships** will be online December 1st. Seniors will receive a post card in the mail with information and it will be on NAVIANCE too.

**Visit your guidance counselor often** for information about local scholarships.

**Place scholarship applications in deadline order.** Local awards and college-specific applications deserve top priority because you're more likely to earn them.

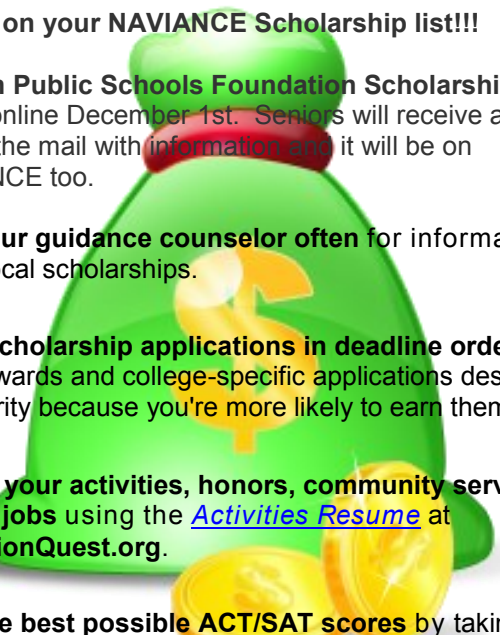
**Update your activities, honors, community service or paid jobs** using the [Activities Resume](http://ActivitiesResume) at [EducationQuest.org](http://EducationQuest.org).

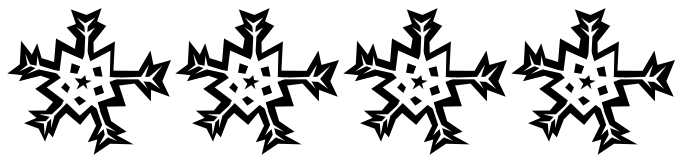
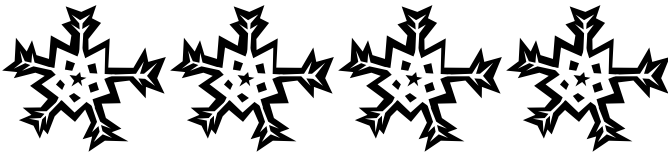
**Earn the best possible ACT/SAT scores** by taking the exam in the spring of your junior year and again in the fall of your senior year. December is the last date to count for many scholarships.

**Use quality references** such as a teacher, coach or counselor. Encourage them to write specific examples of your leadership skills. Give them advance notice and a specific deadline.

**Tailor your essay to the scholarship.** Ask an English teacher to read your essay and offer advice on making a big impact. Your essay will need to stand out from other applications.

**Pay close attention to grammar, spelling and neatness.** Ask at least two people to proofread your entire application.





### College Entrance Testing: For Juniors

A common question from junior parents this time of year centers around when juniors should take the ACT. Most students test twice—once junior year and once senior year. All juniors will take the ACT on April 19, 2017 at EHS. They will register at EHS for this test.

**ACT** spring test dates are: Feb. 11, April 8, and June 10. Register online at [www.actstudent.org](http://www.actstudent.org). Registration deadlines are approximately one month prior to the test date and are found at ACT's website.

**SAT** spring test dates are: Jan. 21, March 11, May 6 and June 3. Register online at [sat.collegeboard.org](http://sat.collegeboard.org). Registration deadlines are approximately one month prior to the test date and are found on the registration website.

**NOTE:**

\*\*\*Students with disabilities might possibly receive test accommodations. See your counselor for information.

\*\*\*Fee waivers are available to students on Free/Reduced Lunch. See your counselor for information.

**Important note about score reporting:** It is the student's responsibility to submit test scores to their college of choice. Upon registration for the test, students can select up to 4 colleges to receive their test scores. To avoid paying to send your scores at a later date, please ensure that you have selected 4 colleges of your choice at the time of registration.

**TEST PREP RESOURCES**

Full length practice tests can be picked up in the Counseling Center. Visit the Counseling Center website or see your counselor for more information on test prep resources/classes.

**Junior Seminar:** Juniors attended a Seminar in November. During this time, counselors demonstrated Naviance more in depth so students could begin postsecondary planning. This is a great college and career web-based tool for students and parents. Students can access the website through the Counseling Center link on the EHS website. Usernames and passwords are the same as their old computer logins.

# JUNIORS

What path will you take?



Juniors are encouraged to begin their postsecondary planning. Many college & Military reps will be visiting EHS second semester to visit with juniors. Juniors must sign up one day in advance on Naviance. All college visits are listed on Naviance.



# 2017-18 Registration News

## Freshmen/Sophomore Academic Planning/Registration

\*\*\*All freshmen and sophomores met with a counselor in November to start the academic planning process. The academic plan outlines courses for their remaining years at the high school, but mainly focuses on **registration** for the following year. This academic plan is revised yearly according to student's interests and recommendations. A copy of this academic plan will be mailed home to parents in mid-January. Parents are encouraged to review the plan before January 17th, especially focusing on the course registrations for the next school year.

\*\*\*The last two weeks of January, students will meet with counselors to discuss any course changes based upon core teacher recommendations and/or parent input. Course choices will be entered into our database so we can provide a printout to parents at registration night.

### **Freshmen/Sophomore registration during parent/teacher conferences on February 15-16**

To finalize the courses for the next school year, we are hosting a **Curriculum Presentation and Registration** night during Parent Teacher Conferences on Wednesday and Thursday, February 15-16 at 6:00 pm in the Elkhorn High School Lecture Hall. Parents will be able to attend conferences, attend the presentation, and **sign** their student's registration for the upcoming school year. It is very important for parents to review their student's course requests as the 2017-2018 master schedule will be built based upon these requests.

**After the master schedule is built, it is difficult to implement any unplanned course changes.**

## Junior Academic Planning/Registration

### Junior Audits

Counselors met with juniors on November 14th & 15th to discuss and complete the junior audit sheet. The junior audit is a credit check, update on future plans, and **registration** for senior courses. Recommendations were made for core course placement, and other classes were selected based upon interest and career choice. The completed junior audit will be mailed home for parents to review in January.

\*\*\*In January, juniors will meet individually with their counselor to discuss any course changes based upon core teacher recommendations and/or parent input. Course choices will be entered into our database so we can provide a printout to parents at registration night.

## **SAVE THE DATE:**

**\*\*Monday, March 6th\*\***

**8th Grade Registration/Parent Night**

**6:00 p.m. EHS Auditorium**

**See EMS & EGMS January/February Newsletter for further information.**



**From the desk of the Activities Director- Mark King**

\*\* Check out the Activities Department Website—[www.easternmidconference.org](http://www.easternmidconference.org) \*\*

**Congratulations to our 2016-17 Fall Sports  
EMC All Academic Team**

**Boys Cross Country**

Justin Hultquist, Anakin LeGrand

**Girls Cross Country**

Kenya Faith, Erica Hansen, Christina Jacha, Brooke Jewett,  
Julia Young,

**Softball**

Kaylen Anderson, Kayden Archibeque, Paige Renner,  
Emily Riley, Kaylee Schutte, Claire Wichman

**Girls Golf**

Brynn Ferguson, Dana Nugent, Alexis Perry, Lauren Wiegert  
Saige Steffensmeier

**Volleyball**

Heather Bills, Cera Craven, Ashlyn Dau, Josie Mountjoy, Grace  
Nelson, Ariana Osten

**Football**

Cole Alfrey, Brooke Carlson, Aaron English, Ram Gastali,  
Parker Gutschow, AJ Hagemann, Zach Headley, Grant Kwap-  
niowski, Bret Lange, Max Lofgren, Riley McMillan,  
Greg Nelson, Drue Pecquet, Jack Rafter, Trey Sachs, Logan  
Spanel, Adin Stiles, Josh Thiele

**Boys Tennis**

Zach Byar, Weston Behlen, Archer Kindopp

**Play Production**

Brady Deprez, Logen Evert, Eleanor Georgi, Dom Giandinoto,  
Zach Gilbert, Andrew Harahill, Brooklyn Koppold, Maria Smal,

**Congratulations to our 2016-17 Fall Sports All EMC Team**

**Football All Conference:**

Adin Stiles, Trey Sachs, Alex Schiefelbein

**Honorable Mention All Conference:**

Bret Lange, Cole Alfrey, Dillon Schutte, Andrew Battaglia, Greg  
Nelson, AJ Hagemann, Ram Gastali, Jacob Pickering, Logan  
Spanel, Josh Schmutz, Grant Kwapniowski, Zach Headley,  
Alan Real y Vasquez

**Softball All Conference:**

Kaylee Schutte, Emmie Uitts, Claire Wichman, Paige Renner

**Honorable Mention All Conference:**

Delaney Smith, Kayden Archibeque

**Volleyball All Conference:**

Grace Nelson, Claire Mountjoy, Lauren Edet

**Honorable Mention All Conference:** Ashlyn Dau, Heather Bills,  
Megan Raszler, Emma Crouch, Josie Mountjoy, Cera Craven

**\*\*\*All Conference and Academic All Conference Teams and  
Fall Conference Standings can be found at -**

[www.easternmidconference.org](http://www.easternmidconference.org)





### ~EHS HALE HAPPENINGS~

HALE is Elkhorn Public Schools' High Ability Learner Education. Visit the HALE Activity link from the Elkhorn High School website to learn more about services and to keep track of upcoming opportunities via the online HALE calendar.

#### Student Innovation Challenge

A team of seven students researched "How can we as a country make moves toward cleaner energy sources and away from reliance on fossil fuels while also keeping job opportunities stable?" They presented their solution at the Nebraska Education Conference November 18. The team included Drew Harrahill, Allyssa Pearson, and Noah Moreano from EHS, and Hannah Donahue, Lauren Berrett, Jacob Gideon and Macie Moore from ESHS.

#### Academic Decathlon

The combined EHS/ESHS Academic Decathlon Team, coached by Julia Wagoner, traveled to Gross High School for its first scrimmage. The team is now concentrating on economics, science and music to prepare for their Dec 17th scrimmage at Gross High School. The regional competition will be January 21st.

#### Robotics

The EHS Robotics teams did very well against 40 robots at the Omaha South High tournament November 5, taking second place overall, and also ranked second in Driving and Programming Skills. They are hosting a competition December 3 at Elkhorn Grandview Middle School. Students or adults who are interested in volunteering at this tournament can go to <http://signup.com/go/Jv7p2z> to sign up. They will also compete at Omaha North December 16-17. Spectators are welcome!

#### UNL Math Day

On November 17th, Rick Arch took 22 EHS students to UNL Math Day to take the PROBE I (Problems Requiring Original and Brilliant Effort) exam with 1,524 students from 97 Nebraska schools. Elkhorn High finished 1st in Class II with team top scorers: Anthony Benes, Josh Thiele, Braydon Dreher, Drew Jindra, Jacob Carmichael. Anthony Benes placed 20th overall in the PROBE I which qualified him for the PROBE II. The Math Bowl team (Anthony Benes, Braydon Dreher, Dominic Giandinoto, Josh Thiele, Claire Wichman) took 2nd place.

#### Quiz Bowl

Three teams competed at the Omaha Bryan Quiz Bowl on November 19. The advanced team consisting of Jacob Carmichael, Ben Graham, Rebekah Sterken, Trevor Bowman, and Koushik Sanjeevi took 2nd place. Practices are still being held in the HALE room (D107) during lunch. Anyone

may sign-up with Mrs. Johnson to compete at upcoming quiz bowls. We will be hosting the annual Elkhorn Quiz Bowl on January 7 - anyone interested in volunteering may email Mrs. Johnson at [kjohnson@epsne.org](mailto:kjohnson@epsne.org).

#### TEAM+S (Tests of Engineering Aptitude, Mathematics, and Science)

Students will be selected to compete in the TEAM+S engineering contest held at UNL on March 7th. The 2017 topic, "Engineering the Environment". Scenario topics will include energy efficiency, genomics, optical physics, and space. Students work collaboratively in groups of 8 as they apply their math and science knowledge in practical, creative ways to solve realistic engineering problems. Anyone who wants to be considered for the 9-10 team or the 11-12 team, must attend the informational meeting in December. Watch the bulletin for details. For more information, see <http://teams.tsaweb.org/>

#### AMC Signup

The American Mathematics Competition (AMC) is the first in a series of examinations to qualify for the American Invitational Examination, the USA Mathematical Olympiad, and the International Mathematical Olympiad. It is a 75-minute, multiple-choice test proctored at EHS in February. Honors and AP math students are encouraged to sign up with their math teachers for this national math talent search test. See more information at [www.maa.org/math-competitions/amc-1012](http://www.maa.org/math-competitions/amc-1012)

#### USABO Signup

The USABO Open Exam is the first exam in a series of competitions to qualify for the USA Biology Olympiad and the International Biology Olympiad. It is a 50-minute, multiple-choice test proctored at EHS in February. Students who took AP Biology last year, or who are currently taking AP Biology, are encouraged to sign up with Mr. LaFleur. See more information at <https://www.usabo-trc.org/>

#### Upcoming Events

December 2 – Grace University Quiz Bowl  
 December 3 – Elkhorn High School Robotics Tournament at Grandview Middle  
 December 16-17 - Omaha North Robotics Tournament  
 December 17 - Academic Decathlon Scrimmage at Gross High School  
 January 7– Elkhorn Quiz Bowl at ESHS  
 January 21 – Academic Decathlon Regional Competition  
 January 23 – ESU #3 Quiz Bowl



Hy-Vee's CASH FOR STUDENTS program began on September 1st, and continues through Saturday, December 31, 2016.

Please save your Hy-Vee receipts and turn them into Mrs. Pruse in the main office at Elkhorn High School **OR** place them in the **EHS** box near Customer Service at the **156th & Maple Hy-Vee**.

Hy-Vee will donate to Elkhorn High School, \$1.00 for every \$200.00 spent. **Receipts from any of the 15 local area Hy-Vee's will be accepted.**

*Thank you for your participation.*

# YEARBOOK!

2017 Yearbooks are now **\$60**.

Please order online at [www.yearbookforever.com](http://www.yearbookforever.com)  
OR send check or cash with your child to deliver to Ms. Schieffer's room (C-208).

**Senior ads** are due on December 31st.

See mailing, check email for Google form, or contact Ms. Schieffer at [dschieffer@epsne.org](mailto:dschieffer@epsne.org)

***Thank You to all the parent volunteers that assisted with our Health Screening***

***on Wednesday, November 2nd.***

***We couldn't have done it without you!***

***We so appreciate your help.***

## Mock Trial

Twenty-one students comprise the three Mock Trial teams representing Elkhorn Public Schools in region 12 competition. Each team prepared a criminal case to present to Douglas County judges/attorneys. Their preparation included evaluating information, developing character witnesses, learning to use legal language, practicing courtroom procedures, and sharpening public speaking skills. Team 3 made it to the semi finals of competition where they finished 5th overall. Members of team 3 are Raven Ovens, Dano Radicia (EHS), Paul Pechous, Jacqueline Cho, Sophia Berglund and Taylor Dynek (ESHS). Team 1 members: Mia Giandinoto, Zack Cheek (EHS), Emme Campbell, Cassie Linnertz, Ken Mancini, Sophie Newman, and Jackson Siemers (ESHS). Team 2 members: Cassie Leyda, Mikaela Christensen (EHS), Megan Dean, Jacob Gideon, David Meisgeier, and Kelly Wong (ESHS).

## Winter Break

**December 23rd ~ January 3rd**

**2nd Semester will resume on**

**Wednesday, January 4, 2017**



On November 18th, these 8 EHS band students performed in concert with the Nebraska All State Band at the Lied Center in Lincoln. There were around 150 students selected from almost 1,000 auditions, so this is a great accomplishment for them!

**Congratulations!**



19 vocalists (and 2 alternates) from Elkhorn High School were selected as a part of the 2016 Nebraska All State Choir which rehearsed and performed in Lincoln from November 16-18 as a part of the Nebraska Music Educators Association annual conference. The choir consists of 440 of the best high school vocalists in the state. Elkhorn student, Rebecca Gernandt was selected as a soprano feature/duet for one of the pieces. Will Hastreiter was honored for his accomplishment of being selected to All State for 3 years in a row.

**Congratulations!**

**A note from the school nurse ~ Joni Buzzell:  
Staying Healthy During the Winter Months**

The holiday season is a time for family, friends, fun, and relaxation. We want your student to stay healthy while traveling and fully enjoy their winter break. In order to stay healthy this season, please pass on these helpful tips:

- Get a flu vaccine** – This is the best way to protect against the influenza virus, which typically starts in the fall and peaks in January or February. Illness from seasonal flu usually lasts one to two weeks which could really mess up your holiday plans!
- Wash your hands often** – The flu can be transmitted through little droplets when someone with the virus coughs, sneezes, or talks and their germs land in your mouth. You can also get the flu by touching by touching surfaces or objects that have the flu virus on it and then touching your eyes, nose or mouth.
- Eat small, healthy snacks** – If you plan to have a feast, moderate your intake, and eat healthy snacks in-between large meals to avoid overeating.
- Drink lots of water** – it will help to keep you hydrated (including your skin), and also helps to cleanse the body of potential viruses. Throw in a lemon for added flavor as it also helps to alkalize your body, fighting off viruses.
- Go for a walk** – Exercise is always important, even when you're on vacation. Go for a walk around your neighborhood, dance around your living room with your friends or relatives, or play Nintendo Wii. Thirty minutes per day is all you need to stay healthy and active!
- Layer up** – If you do decide to go outside, even for a short time, bundle up and stay warm! Serious health problems can result from cold weather. It's better to be overdressed than under-dressed.
- Fasten your seat belt** – Most accidents occur 25 miles from home. So, even if you're just driving to the store for eggnog, buckle up!
- Do NOT text and drive!**
- Take deep breaths** – The holidays can be fun and relaxing, but they can sometimes come with added stress. Whether you're gift shopping, decorating, or having a disagreement with a loved one, remember to take a deep breath and appreciate the time you have with them.
- Get lots of sleep** – It will help to keep you from getting sick, and you will feel much more alive and full of energy throughout the day.

**Please stay healthy this holiday season!**



# ELKHORN HIGH SCHOOL

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Diane Schieffer, Yearbook Adviser  
Dylan Miettinen Editor-in-Chief 2016-17

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Dear Parent/Guardian:

It is time to start thinking about this year's book of memories! For the fourth year in a row, we are offering an easy way for parents and students to purchase yearbooks--online. ***Go to the listed website, type in the school name under "select your school," and the steps will guide you through your purchase.***

If you are unable to use the website or are uncomfortable with that process, you can send a check for \$50 that includes your child's name somewhere on the check. Your child can drop it off in C-208 OR mail it to Elkhorn High School, ATTN: Yearbook. Receipts for on-line sales will be automatically sent electronically. If purchasing with check or cash, receipts are printed upon request.

Our yearbook staff has already spent numerous hours getting ready for the 2017 book. We have an amazing staff of great people who are ready to document the moments of the year in this keepsake you need on your shelf forever.

Thank you very much!

The Yearbook Staff and Diane Schieffer, adviser



Elkhorn Public Schools  

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FOUNDATION

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**ATTENTION SENIORS!!!**

**Scholarships go online December 1<sup>st</sup>**

Last year the Foundation awarded over \$250,000 in scholarships. Please visit our website at for a listing of scholarships available to 2017 graduates.

Deadline is February 1<sup>st</sup>, 2017

[www.elkhornfoundation.org/scholarships](http://www.elkhornfoundation.org/scholarships)

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Considering an end of year gift? A tax-deductible donation to the Elkhorn Public Schools Foundation will help further our mission in 2017 and beyond. Thank you for your continued support in enriching the education of our Elkhorn Public Schools students!

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Mark your Calendar: Bids 4 Kids will be held on April 6, 2017. Join us for a fun evening of silent auction bidding! We are grateful for any and all donations! For donation information, please contact Stacey Selk at [sselk1@epsne.org](mailto:sselk1@epsne.org)

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# Career Awareness Program

December/January



## Career Exploration

Below you will see a list of some of the upcoming programs for next semester. The dates you see, indicate the first meeting. Most programs will meet weekly, once a week for about 6-8 weeks in the evenings. For most programs, the fee to join is \$30, with a few programs that may have extra costs.

Click on the links below to learn more!

- ✦ [Future Educators Program \(Spring 2017-No Link Available Yet\)](#)
- ✦ [Children's Hospital Medical Center Program \(January 24, 2017\)](#)
- ✦ [Omaha World-Herald Program \(February 21, 2017\)](#)
- ✦ [Creighton Pharmacy Program \(April 22, 2017\)](#)
- ✦ [NEW! Easter Seals Program \(Spring/Summer 2017\)](#)

## Coming In January 2017 - A Day in the Life

Children's Hospital & Medical Center has developed a new program, free of charge, to introduce high school students to the opportunities available in pediatric health care. Areas included are emergency medicine, nursing, child life, pharmacy, pathology, radiology, rehabilitation services such as physical, occupational and speech therapy, as well as respiratory therapy.

This program will simulate a "day in the life" of a health care provider. Students will see first-hand the care provided to a pediatric patient by different providers in the hospital, as they work through a simulated case study. Students will witness the importance of communication and teamwork among caregivers. Participants will also have the opportunity to learn more about the various health professions, education requirements and career paths.

The program is intended for high school students age 16 and over. Pre-registration is required.

Check the [Career Awareness Website](#) and Daily Bulletins for dates, times, and registration links!



Contact Dana Burman for more information!

Email: [dburman@epsne.org](mailto:dburman@epsne.org)

Phone: ESHS ~ 402.289.0616 ~ Mornings; EHS ~ 402.289.4239 ~ Afternoons

Be the First to Know...Text @capburman to 81010 to receive text messages when new career awareness opportunities become available!