

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Item Name (Serving Size)	Calories (Kcal)	Carb (g)	Pro (g)
SY 17-18 Fall CH Breakfast Week 1 Day 2 - ServingDate: 09/05/2017			
Crispy Bacon Breakfast Boat - NER1008 (1 ea.)	210.00	25.00	9.00
Sausage Breakfast Boat - NER1007 (1 ea.)	200.00	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	127.09	20.53	1.96
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	319.89	53.50	3.73
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	52.70	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 3 - ServingDate: 09/06/2017			
Bacon, Egg, & Cheese Croissant - NER1004 (1 sandwich)	366.25	18.26	15.57
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	90.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	59.11	15.54	0.85
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 4 - ServingDate: 09/07/2017			
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	320.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	127.09	20.53	1.96
Dutch Waffle - NER1009 (1 ea.)	390.91	66.65	4.50
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	270.16	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	55.51	14.89	0.23
Banana - SR1166 (1 medium (7"))	105.02	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 1 Day 5 - ServingDate: 09/08/2017			
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	100.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	100.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	180.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3)	45.12	11.28	0.90
Strawberries - NER1161 (1/2 c.)	26.80	6.93	0.33
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 1 - ServingDate: 09/11/2017			
American Breakfast Biscuit Sandwich - SR1750 (1 sandwich)	318.96	28.33	14.53
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	180.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	70.42	18.22	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	45.12	11.28	0.90
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 2 - ServingDate: 09/12/2017			
Sausage Breakfast Pizza - SR1167 (1 slice)	210.03	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	320.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	90.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	270.16	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	99.92	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 3 - ServingDate: 09/13/2017			
Egg & Cheese Croissant - NER1011 (1 sandwich)	255.63	18.00	10.03
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	52.70	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 4 - ServingDate: 09/14/2017			
Strawberry Fields Parfait - SR1738 (1 parfait)	482.88	97.51	11.01
Apple Frudel Stick - SR1747 (1 pkg.)	210.00	36.00	5.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cherry Frudel Stick - SR1491 (1 pkg.)	210.00	37.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	127.09	20.53	1.96
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	65.00	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Orange Smiles - SR1172 (6 slice or w)	45.12	11.28	0.90
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 2 Day 5 - ServingDate: 09/15/2017			
Breakfast Kidzables - NER1033 (1 Box)	448.33	46.06	21.03
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Mini Pancake Bites - SR1590 (1 pkg.)	210.00	35.00	4.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	55.51	14.89	0.23

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Banana - SR1166 (1 medium (7"))	105.02	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 2 - ServingDate: 09/19/2017			
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	100.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	100.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Dutch Waffle - NER1009 (1 ea.)	390.91	66.65	4.50
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Whole Grain Blueberry Muffin - NER1172 (1 ea.)	319.89	53.50	3.73
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Bright Blueberries - NER1196 (1/2 c.)	52.70	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3)	45.12	11.28	0.90
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 3 - ServingDate: 09/20/2017			
Crispy Bacon Breakfast Boat - NER1008 (1 ea.)	210.00	25.00	9.00
Sausage Breakfast Boat - NER1007 (1 ea.)	200.00	26.00	9.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	90.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Red Seedless Grapes - SR1496 (1/2 c.)	62.60	16.42	0.65
Strawberries - NER1161 (1/2 c.)	26.80	6.93	0.33
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 4 - ServingDate: 09/21/2017			
Bacon, Egg, & Cheese Croissant - NER1004 (1 sandwich)	366.25	18.26	15.57
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Warm Cinnamon Roll - SR1383 (1 roll.)	180.00	36.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	127.09	20.53	1.96
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	99.92	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 3 Day 5 - ServingDate: 09/22/2017			
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Raspberry Rainbow Yogurt - SR1183 (1 4 oz conta)	100.00	20.00	3.00
Strawberry Banana Bash Yogurt - SR1145 (1 container)	100.00	20.00	3.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Cinnamon Creamy Cheese Mini Bagels - SR1162 (1 pkg.)	240.00	41.00	6.00
Strawberry Creamy Cheese Mini Bagels - SR1188 (1 pkg.)	240.00	41.00	6.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Banana - SR1166 (1 medium (7"))	105.02	26.95	1.29
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	65.00	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 1 - ServingDate: 09/25/2017			
Hearty Breakfast Taco - NER1158 (2 tacos)	507.93	40.50	29.22
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Brown Sugar Cinnamon Pop-Tart - SR1463 (1 pkg.)	180.00	37.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Frosted Strawberry Pop-Tart - SR1465 (1 pkg.)	180.00	38.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Diced Bartlett Pears - SR1194 (1/2 c.)	70.42	18.22	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3))	45.12	11.28	0.90
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 2 - ServingDate: 09/26/2017			
Bacon, Egg, & Cheese Biscuit - NER1257 (1 sandwich)	380.63	28.00	13.87
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Whole Grain Chocolate Mini Donuts - NER1005 (1 pkg.)	320.00	41.00	5.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Graham Crackers - SR1163 (1 pkg.)	90.00	16.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Whole Grain Powdered Mini Donuts - NER1006 (1 pkg.)	270.16	41.02	4.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Diced Peaches - SR1196 (1/2 c.)	59.11	15.54	0.85
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 3 - ServingDate: 09/27/2017			
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Mini Waffles - SR1594 (1 pkg.)	210.00	35.00	4.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mixed Fruit - NER1167 (1/2 c.)	65.00	14.08	1.08
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
Fresh Whole Oranges - SR1171 (1 small (2-3)	45.12	11.28	0.90
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 4 - ServingDate: 09/28/2017			
Sausage and Cheese Croissant - NER1159 (1 sandwich)	245.63	17.00	12.03

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Strawberry Fields Parfait - SR1738 (1 parfait)	482.88	97.51	11.01
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Animal Crackers - NER1228 (1 ea.)	127.09	20.53	1.96
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00
Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
Apple - NER1343 (1 ea.)	52.00	13.80	0.26
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
Mandarin Oranges - SR1557 (1/2 c.)	99.92	26.52	0.74
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00
SY 17-18 Fall CH Breakfast Week 4 Day 5 - ServingDate: 09/29/2017			
Breakfast Kidzables - NER1033 (1 Box)	448.33	46.06	21.03
Sausage Breakfast Pizza - SR1167 (1 slice)	210.03	26.00	9.00
String Cheese - SR1146 (1 stick.)	80.00	1.00	7.00
Apple Jacks Cereal - SR1360 (1 bowl)	70.71	15.43	1.29
Cheerios Bowl - SR1160 (1 bowl)	100.00	20.00	3.00
Cinnamon Toast Crunch Cereal Bar - SR1203 (1 Bar)	150.00	30.00	3.00
Cinnamon Toast Crunch Cereal - SR1164 (1 bowl)	110.00	22.00	1.00
Cocoa Puffs Cereal Bar - SR1308 (1 Bar)	149.04	29.81	2.98
Cocoa Puffs Cereal - SR1170 (1 bowl)	110.00	25.00	2.00
Froot Loops - NER1002 (1 ea.)	110.00	24.00	2.00
Frosted Flakes Cereal - SR1185 (1 bowl)	100.00	24.00	2.00
Honey Nut Chex - NER1338 (1 ea.)	124.01	27.90	2.07
GF Lucky Charms - NER1341 (1 ea.)	110.00	23.00	2.00

Menu Calendar Nutrient Analysis Report - September, 2017

Site: ALL

Trix Cereal Bar - SR1307 (1 Bar)	150.00	30.00	2.00
Trix Cereal - SR1184 (1 bowl)	110.00	24.00	1.00
100% Apple Juice - SR1204 (4 fl oz cup)	60.00	14.00	0.00
Applesauce - SR1195 (1/2 c.)	55.51	14.89	0.23
Bright Blueberries - NER1196 (1/2 c.)	52.70	12.58	0.43
Grape Juice - SR1607 (4 fl oz cup)	80.00	19.00	0.00
100% Orange Juice - SR1295 (4 fl oz cup)	60.00	14.00	0.00
1% Milk - NER1334 (1 ea.)	110.00	13.00	8.00
Chocolate Milk - NER1332 (1 ea.)	120.00	20.00	8.00
Skim Milk - NER1333 (1 ea.)	90.00	13.00	8.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Breakfast

