

Elkhorn South High School

20303 Blue Sage Parkway

Omaha, Nebraska 68130

402-289-0616



From the High School Principal- Mark Kalvoda

As we move into the winter months, the students and staff of Elkhorn South eagerly anticipate the start of the second semester and the excitement that comes with it. The first semester has been full of opportunities, successes, and learning experiences. Our students have faced adversity and challenges, but have persevered. Second semester offers new challenges and new experiences, but also affords students a fresh start if needed.

At the conclusion of the 1st Quarter, ESHS proudly honored students for achieving 3.25 and above grade point averages. Of the 787 Honor Roll students, 275 achieved 4.0 GPA's for the first quarter. On November 3rd, ESHS paused from the normal schedule to honor these high achieving students with the ESHS Honors Convocation. In addition to celebrating the Honor Roll students, ESHS teachers also nominated students for Elkhorn Excellence awards. 68 students were awarded Elkhorn Excellence Awards for showing extreme effort, exemplifying strong integrity, having first-class character or going out of their way to assist others...essentially Elkhorn Excellence awards are designed to honor those students who make ESHS a better place to be. As principal at ESHS, I am very proud of our students' efforts so far this year and enjoy taking a moment from the typical day to give them an Elkhorn South Excellence t-shirt and to personally thank them for their contributions to the culture of high expectations here at Elkhorn South. Special thanks to ESHS Senior Nick Lee for designing this year's Excellence Shirts.

In the winter months, it is common to see more student absences due to illnesses, family trips and the like. We speak frequently with our students about the importance of instructional time and generally see a dip in achievement from students who miss class time. Instructional time is paramount to student success and nearly impossible to replicate outside of the classroom. Please be thoughtful in planning family vacations and other extended absences from school. In the best interest of students' educational achievement, please plan vacations and family trips around the school calendar whenever possible and encourage your students to strive for perfect attendance. The average Elkhorn South student missed just over six days of school and we were proud to honor 32 students with perfect attendance for the entire 2016-17 school year. Please reflect upon your student's attendance in comparison to our averages here at ESHS.

In the event that your child misses school for a professional appointment, such as orthodontist, physician or the like, please provide the school with documentation of this appointment when your student returns to school. This proactive piece of record-keeping will serve invaluable if your student exceeds eight absences per semester. Thank you for your cooperation.

Elkhorn South will have finals week to conclude the first semester. Cumulative final exams are an integral part of assessing student learning and simulate the college finals experience. In order to protect the integrity of the exams which are aligned across departments in both high schools, **no finals will be proctored before the assigned times**. Please make every attempt to ensure that your student is present for finals week to fully prepare and achieve at the highest levels. Please contact the administration in the extreme case that your student will not be in school for finals.

Semester finals will be on Thursday, December 21st and Friday, December 22nd. Students will take semester finals in periods 1,3,5 on Thursday and periods 2, 4, 6, 7 on Friday. Please note that these are full days with **no early dismissal times**. Students will have preparatory time built into this two day adjusted schedule, but please also communicate with your student the importance of being prepared for the cumulative final exams. **Students may not be called out during finals periods, even if they are finished with their exam. Students are expected to be at school all seven periods both finals days.** Please encourage your student to utilize study periods on finals days and help us curb students signing out during these periods. Thank you for your cooperation.

****Please Note-** No School for students on Wednesday, January 3rd for teacher in-service day. Second semester begins Thursday, January 4th.

If you would like to contact me to discuss concerns, ask questions or comment, please call me at 289-0616 or email me at mkalvoda@epsne.org.

Happy Holidays,

Mark Kalvoda
Principal
Elkhorn South High School

SAVE THE DATE: APRIL 3rd

The ACT will be given at no cost to students in 11th grade, and results can be used to meet admission requirements for most 4-year and community colleges. Below are a few highlights of our initial planning.

Tuesday, APRIL 3rd

- 9th and 10th grade students will take the PreACT test in the morning, with a likely early dismissal for the afternoon. Lunch will not be served.
- ALL 11th grade students need to be in attendance to take the ACT, with an early dismissal for afternoon. Lunch will not be served (Note, if students are absent, they will attend make-up testing on April 24th).
- 12th grade students will not report to school. Seniors are encouraged to participate in community service activities, but plans for the day will be a family decision.

We will continue to communicate additional information as plans are finalized. For now, we ask families to save the date and avoid travel or appointments for April 3rd. Elkhorn South is very pleased that the state is offering this ACT opportunity for all students and we believe it is our obligation to help students reach their ACT goals.

Make up calendar for missed days due to weather

As we approach the winter months, it is important to note a change to the EPS calendar from past years. Please note that May 25th becomes a vacation day if no more than one missed school day is had due to snow. May 24th and May 25th become vacation days if no school days are missed due to snow.

UPCOMING HAPPENINGS:

December:

5th— Winter Choir Concert
9th—ACT Test
12th—Band Holiday Concert
21st—22nd—Finals Testing

January:

3rd—Teacher Inservice Day—NO SCHOOL
4th—School Day—return from break
15th—Teacher Inservice Day—NO SCHOOL



COUNSELING CENTER NEWSLETTER

DECEMBER/JANUARY 17/18

Counselors: 3
Jason Gosnell A-E
Meggan Coghill F-K
Kyan Kingston L-Rn
Steve Patras Ro-Z

DROP/ADD

Drop/Add for second semester will take place on Dec. 18 and 19. Second semester schedules were mailed in early December with specifics. Many courses are at capacity, and there are limited choices for change. As a general rule, students cannot drop a year-long class. Please contact your counselor if you have questions.

Standardized Test Interpretation

PSAT TEST

All students who took the PSAT: Counselors will distribute log-in information and their test booklet so students can access their scores online in early December.

ASVAB

For those who took the ASVAB in November, results will be distributed soon.

Sophomore Career Planning:

Sophomores were introduced to Naviance, our career and college planning tool, in early December. Sophomore year is the time to begin to narrow career possibilities. Naviance is yours to use!

Check it out at <http://connection.naviance.com/elkhorn>.

Air Force Academy Summer Seminar: Juniors interested in the Air Force Academy's Summer Seminar can get a program explanation and eligibility requirements at www.academyadmissions.com. Applications available now!

JUNIOR AUDITS

During third quarter, each junior will meet individually with his/her counselor to go over graduation progress, begin course discussions for senior year, and discuss college planning. Juniors are strongly encouraged to access their Naviance accounts (<http://connection.naviance.com/elkhorn>) for access to college and career planning.

College Entrance Testing: For Juniors

A common question from junior parents this time of year centers around when juniors should take the ACT. Most students test two or three times before they graduate.

This year, ACT will be administered to ALL juniors on Tuesday, April 3. ACT offers Saturday test dates on February 10, April 14, and June 9 and July 14. For many juniors, the April 3 test date may be the only time the student tests during junior year. Other juniors may want to consider taking the February, June, or July test. For advice on what is most appropriate for your student, please feel free to contact your counselor. Register for Saturday tests online at www.actstudent.org. Registration deadlines are approximately one month prior to the test date and are found at ACT's website.

Important note about score reporting: It is the student's responsibility to submit test scores to colleges of choice. Upon registration for the test, students select up to 4 colleges to receive test scores. To avoid paying to send your scores later, please ensure that you have selected 4 colleges of your choice at the time of registration.

Test Prep Resources

Use ACT Online Prep, accessible on the ESHS website under Academics. Full length practice tests available in the counseling center. Visit the Counseling Center website (www.elkhornweb.org), click on Elkhorn South High School, Counseling Center, Testing, Test Prep Resources) or see your counselor for more information on test prep resources/classes.

SENIORS: COLLEGE PLANNING NOTES

Applications

A good goal is to have applications completed before winter break. Be sure to check deadlines. The counseling center is closed over Winter Break, so all transcript requests must be made prior to Winter Break if you are working on a Jan. 1 deadline. When completing applications, double check all things needed. Check if a separate application for scholarships is required. Don't hesitate to call the admissions office or see your counselor with questions.

Scholarships

Check Naviance – www.connection.naviance.com/elkhorn. There will be many new scholarships posted in December and January. All students planning on attending a 2-year or 4-year school should be looking.

College Financial Aid Forms (FAFSA)

Colleges will use your FAFSA results to determine how much they will award you in financial aid. FAFSA opened up on October 1, so senior families should be working on this NOW. To estimate your FAFSA results, use the *College Funding Estimator* at EducationQuest.org.



ESHS Activities – AD Roger Ortmeier

ELKHORN SOUTH HIGH SCHOOL SCHEDULES ON THE WEB:

Activity Website – www.elkhornweb.org/storm

METRO Conference Website - check the latest information on schedules by going to: www.mhsaaconference.org

All of the game schedules and calendars are available!

Check it out! There are even links for driving directions to several schools on the schedule, and parents can have info directly downloaded to their smartphone! Including INSTANT NOTIFICATIONS OF SCHEDULE CHANGES!

NSAA Website: For a more accurate and up-to-date display of information, please go to: nsaahome.org website. You can access district and state information, check wildcard points, and have immediate access to NSAA level events.

Must now fill out your athletic forms online!

REMINDER: Online athletic forms now available on PRIVIT at:

<https://elkhornsouthstorm-ne.e-ppe.com>

SPORTSMANSHIP SHOWS CHARACTER

The winter sports season is underway with practices ongoing for wrestling, girls basketball, boys basketball, and swimming/diving. That means home contests are just around the corner!

Please mark your calendars for the many ESHS home contests taking place in the month of December. The athletes have been working hard, and the coaching staffs have been putting in long hours to bring forth a quality product for the winter sports seasons. *Please consider this your personal invitation to come out and support the Storm!*

Please take it upon yourself to put **Sportsmanship** at the top of your priority list when attending games both at home and away. Sportsmanship shows Character!

REMINDER; DOWNLOAD, CHECK AND/OR PRINT ALL CURRENT SCHEDULES AT:

www.mhsaaconference.org

THE PARENT'S ROLE IN ATHLETICS- "What is appropriate parental support?"

News Article-"Tips for Parents"

Parents are vitally important in the development of their son's or daughters athletic involvement. Their trust, support, counseling, and physical presence helps to create the support base student athletes need in order to compete both mentally and physically throughout the season. Parent support, appropriately utilized, is a strong booster of confidence for athletes, increases loyalty and enthusiasm for the athlete, and is a vital asset for any coach.

One of the most important support actions for parents is to encourage and assist players and coaches to help themselves when solving problems during the season. Parents should know problems can and do occur during the season and accept that aspect of competitive athletics. Throughout the season, parents must give total support to the coach and to the athletic program, just as athletes must give 100% of their loyalty to their program and coach. If problems do occur, parents should allow the athlete and the coach the opportunity to work through problems. If parents show disloyalty to the coach or the program, they transmit the negative message to their children that the athletic program and/or the coach is now somehow incorrect, and immediately the athlete is placed in a situation where it becomes a right vs. wrong decision, and at a minimum, produces a "grey area" with many question marks.

We have all been placed in these situations, and sometimes it's tough to see your child fail. Most of us would agree, however, that in the long run, things normally work out for the best. Please help your student/athlete to make good decisions about problems and to correctly handle the many questions that arise during any sports season. Remember the phrase, "Alone we can do so little, together we can accomplish so much."

NSAA MORATORIUM - "NO CONTACT DATES"

The NSAA (Nebraska Schools Activities Association) has informed schools of the no contact period for activities. December 23RD-27TH there will be no practices for EPS students.

NSAA Moratorium - All buildings will be closed for all activities, including outside groups, throughout the entire district December 23rd-27th.

Fill out your athletic forms online!

REMINDER: Online athletic forms now available on PRIVIT at:

<https://elkhornsouthstorm-ne.e-ppe.com>



To view ESHS apparel options for Under Armor and Nike please go to :

www.sidelinestores.com

Type in code: CYBER 17 now through December 2 for 15% off an order of \$60

Select state: Nebraska

Select City: Elkhorn

Select School: Elkhorn South High School

The product will ship directly to your door and you can customize your apparel with a name and number.

This spring, Superintendent Dr. Bary Habrock will visit parent organizations at each Elkhorn elementary and middle school to address the District's rapid growth and discuss plans for the future. Community members are welcome to attend any of the scheduled presentations.

Hillrise Elementary – Monday, January 22 @ 6:30

Arbor View – Monday, January 22 @ 7:30

Westridge – Tuesday, January 23 @ 6:30

EGMS – Tuesday, January 23 @ 7:30

West Bay – Monday, January 29 @ 6:00

Fire Ridge – Monday, January 29 @ 7:00

ERMS – Tuesday, January 30 @ 1:30

EVVMS – Wednesday, January 31 @ 1:00

EMS – Thursday, February 1 @ 4:00

Sagewood – Thursday, February 1 @ 7:00

Manchester – Monday, February 5 @ 6:00

Spring Ridge – Monday, February 5 @ 7:00

West Dodge – Tuesday, February 6 @ 6:30

Skyline – Tuesday, February 6 @ 7:30

Tech Tips: Internet Safety Tips

Taking an active role in protecting your kids from Internet predators and explicit materials is vital to keeping them safe. Below are some helpful tips and ways parents can stay involved and aware in order to ensure their children's safety online.

Become computer literate and learn how to block questionable material.

Keep the computer in a common area, not in individual bedrooms, where you can watch and monitor its use.

Share an email account with your child so you can monitor messages.

Bookmark kids' favorite sites for easy access.

Spend time online together to teach your kids appropriate online behavior.

Block private chat rooms by using safety features provided by your Internet service provider or with special filtering software.

Be aware that posting messages to chat rooms reveals a user's email address to others.

Take your child seriously if he or she reports an uncomfortable online exchange.

Forward copies of obscene or threatening messages you or your kids get to your Internet service provider.

Tech tips continued...

- Call the National Center for Missing and Exploited Children at (800) 843-5678 if you're aware of the transmission, use, or viewing of child pornography online. Contact your local law enforcement agency or the FBI if your child has received child pornography via the Internet. Ask your Internet service provider about disabling "cookies" that track specific user information including a user's name and email address.

Keeping children safe online is an on-going task that requires diligence in the monitoring of online activities and usage. In order to best protect them, parents must remain vigilant and always know what their child is doing online

Apps to Know

While parents know that nearly all mobile devices used today have the ability to send and receive text messages, they may not fully understand that beyond that inherent, built-in ability, students are also able to download additional apps that are specifically used for sending and receiving text messages. Below are some popular texting apps and concerns that are linked to their use. For more information on any of these apps, please visit: www.commonsensemedia.org.

GroupMe: allows individual and group messages with no user fees or limits. Users are able to send and receive photos, videos, and calendar links.

Concern: embedded GIFs included in the app have adult themes that are not suitable for children under the age of 18.

Kik Messenger: ability to send and receive limitless messages that do not show up on an individual's phone messaging service

Concern: allows users the ability to connect with anyone who shares their Kik username, opening up the pathway for online predators

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children's Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents

SENIOR CAP AND GOWNS



If you have not had a chance to order your Cap and Gown and other Graduation items, please do so. They can be ordered by calling School Traditions at 402-733-0300. Their address is 12100 West Center Road Suite 901 (Bel Air Plaza right behind Nobbies). If your senior will be wearing a sibling's cap and gown please contact Kristi Costello kcostello@epsne.org or 402-289-0616 to verify this information or if you have any other questions, thank you for your assistance in getting this ordered!

SENIOR PHOTOS— DOUGLAS COUNTY POST GAZETTE

If you would like your son or daughter's senior picture in the Douglas County Post Gazette Graduation Edition for the spring of 2018, please send a jpeg of their graduation picture with their name to

editor@dcpostgazette.com. Thank you for your assistance with this.



ELKHORN SOUTH HIGH SCHOOL WINTER FORMAL

All students are invited to attend the Winter Formal.

Date: Saturday December 16th, 2017

Time: 8:00 pm—11:00 pm

Attire: Semi-formal

Cost for admission: \$5

Hosted by: ESHS Student Council

All proceeds from the dance will be given to the Make A Wish Foundation

POST PROM 2018:

We are already thinking about PROM, and especially the POST PROM PARTY!! On Saturday, April 7th, 2018, ESHS will be the location for the dance from 8:30 –11:30pm, followed by POST PROM from 12:30-5:30 am.

Post-Prom is available to all ESHS juniors and seniors and their guest at no cost. However, each junior and senior family is asked to contribute \$40 or more to help cover the cost of the event if they are able,; any amount would be appreciated!!

These donations cover more than 75% of the costs associated with Post-Prom, and allow the students access to free games, food, entertainment and prizes in a fun and safe environment.

Please consider making a tax-deductible donation for each Junior and Senior in your family.

Checks should be made out to:
Elkhorn South Post Prom Booster Club

Mail your check to:

Amy Parks, Treasurer
2313 S 184th Cir., Omaha, NE 68130.

Or PayPal click here: <http://www.paypal.me/eshspostpromdonation>

ONE MORE THING for JUNIOR PARENTS: Not only do we need your donations to make Post –Prom a success, but WE ALSO NEED YOU!!! Post –prom is organized and run by Junior parents, so PLEASE PLAN TO ATTEND the next Post –Prom meeting TBA in the ESHS library.

Like us on Facebook! Find updates to Post Prom activities and information at <https://www.facebook.com/eshspostprom2018/>

Questions? Contact Nancy Gruefe, jimandnancygreufe@cox.net 402-321-1446

Save the Date for the ESHS Band Holiday Concert!

Tuesday, December 12 at 7pm. If you enjoy the music of Mannheim Steamroller and Jazz, you won't want to miss this concert!

Parkway Jazz Band is excited to be doing 2 run out concerts for Skyline and Fireridge Elementary. Thursday, December 14 at 7:30am the band will be performing at Skyline and on Friday, December 15 they will be at Fireridge. We will enjoy sharing our holiday jazz with the students and teachers of both schools.

Band Night Out

Friday, December 15 Sam and Louie's will be hosting an ESHS Family Night out! Go enjoy their amazing pizza, salads pasta and so much more! Remember to tell them you are supporting the ESHS Band!

ESHS Blankets!

These soft blankets make wonder gifts! Contact Linda Lembree <lindalembree@gmail.com> to purchase for only \$58.

CHOIR

Winter Choir Concert:

Tuesday, December 5th at
7:00 pm



Spring Musical Auditions for Mary Poppins:

These will be held on December 13th and
14th in the choir room with callbacks on
December 15th.

Please see Mr. Huebner for more
information.



YEARBOOK SALES

Yearbooks are now \$60. Please go
to yearbookforever.com to order online, or
bring cash or check (made out to ESHS Publi-
cations) to room DD15. After December 31st,
the cost will be \$70. The last day to order a
yearbook will be **January 31st**. We will have a
very limited amount available to purchase
when books arrive in May. So get yours now!

NHS BLOOD DRIVE:

Did you know that every 2 seconds someone in the U.S. needs blood? Or that having a safe blood supply on hand literally saves the lives of thousands of people every day? Those needing blood could be victims of an accident or have a disease such as Cancer or Sickle Cell. On Friday, November 17th The National Honor Society hosted a blood drive at Elkhorn South where 98 pints of blood were donated, saving up to 294 lives. Thank you to everyone who participated, your contribution will make a difference in someone's life. If you want to know more about donating blood, where you can go to donate here in Omaha and how we as High School students can save lives visit redcrossblood.org.



THANK YOU

To all the parent volunteers who assisted with the Health Screening, we greatly appreciate you taking the time to serve the students at Elkhorn South High School. We could not have done this without you!

ESHS HALE HAPPENINGS

HALE is Elkhorn Public Schools' High Ability Learner Education. Visit the HALE Activity link from the Elkhorn South High School website to learn more about services and to keep track of upcoming opportunities via the online HALE calendar.

Academic Decathlon

The combined EHS/ESHS Academic Decathlon Team, coached by Julia Wagoner, traveled to Pius X High School for its first scrimmage. The team's next scrimmage is Dec 2nd at Gross High School. The regional competition will be January 20th.

UNO Problem Solving Math Competition

Elkhorn South students attended the University of Nebraska-Omaha Problem Solving Math Contest on October 27th. UNO had 37 schools attend and 416 students compete. The Elkhorn South team did very well and won 4th place in the Gauss Division. Elkhorn South competed in the Gauss Division in both the Multiple Choice and Free Response.

Overall 50 Top Scorers

Derek Madden - 9th place out of 416 students
Bennett Wright - 29th place out of 416 students
Ashton Halat - 40th place out of 416 students

Multiple Choice problems

9th grade - Ashton Halat - 1st place out of 24 students
10th grade - Derek Madden - 1st place out of 46 students
11th grade - Alex Page - 30th place out of 71 students
12th grade - Bennett Wright - 1st place out of 52 students

Free Response problems

9th grade - Ashton Halat - 1st place out of 26 students
10th grade - Derek Madden - 1st place out of 46 students
11th grade - Alex Page - 8th place out of 71 students
12th grade - Bennett Wright 9th place out of 52 students

UNL Math Day

On November 16th, Jeff Smith took 21 ESHS students to UNL Math Day to take the PROBE I (Problems Requiring Original and Brilliant Effort) exam with 1,441 students from 99 Nebraska high schools. Elkhorn South finished 3rd in Class II. The Math Bowl team (Derek Madden, Alex Page, Ashton Halat) took 1st place in the Class B Division. Congratulations!

Quiz Bowl

On November 11, the advanced team of Bennett Wright, Tristan Rich, Alex Page, and Dylan Sturdivant took 1st place honors at the Omaha-Bryan Quiz Bowl. Practices are still being held in the HALE room (C018) during lunch. Anyone may sign-up with Mrs. Johnson to compete at upcoming quiz bowls - the next quiz bowl is at ESHS January 7.

TEAM+S (Tests of Engineering Aptitude, Mathematics, and Science)

Students will be selected to compete in the TEAM+S engineering contest Tuesday Feb 27 at UNL. The 2018 theme is "Engineering a Greener World". Scenarios will focus on topics such as: durability of materials, economics of green engineering, efficiency of solar power, global health, green energy basics, green building practices, insects and climate change, light pollution, and solar energy. Students work collaboratively in groups of 8 as they apply their math and science knowledge in practical, creative ways to solve realistic engineering problems. Anyone who wants to be considered for the 9-10 team or the 11-12 team, must attend the informational meeting in the HALE room after school at 3:30pm on Wednesday, December 13. For more information, see <http://teams.tsaweb.org/>

AMC Signup

The American Mathematics Competition (AMC) is the first in a series of examinations to qualify for the American Invitational Examination, the USA Mathematical Olympiad, and the International Mathematical Olympiad. It is a 75-minute, multiple-choice test proctored at ESHS in February. In January, honors and AP math students are encouraged to sign up with their math teachers for this national math talent search test. See more information at www.maa.org/math-competitions/amc-1012

USABO Signup

The USABO Open Exam is the first exam in a series of competitions to qualify for the USA Biology Olympiad and the International Biology Olympiad. It is a 50-minute, multiple-choice test proctored at ESHS in February. Students who took AP Biology last year, or who are currently taking AP Biology, are encouraged to sign up with Mrs. Manasek. See more information at <https://www.usabo-trc.org/>

Olympus Club

The winter social is December 15th (6:30-8:00). Unwind with the feature film *Elf*, white elephant gift exchange and feel free to enjoy hot chocolate and cookies. Olympus Club is hosting the annual Elkhorn Quiz Bowl on January 6. This is the big fundraiser for the year. Watch the bulletin for opportunities to volunteer.

Upcoming Events

December 2 – Elkhorn High School Robotics Tournament at Grandview Middle School
December 2 - Academic Decathlon Scrimmage at Gross High School
December 13 - TEAM+S Informational meeting at 3:30 pm
December 15 - Olympus Club Study Break De-Stress Social (in C018)
December 15-16 - Omaha North Robotics Tournament
January 6 – Elkhorn Quiz Bowl at ESHS
January 12-13 - Omaha Benson Robotics Tournament
January 20 - Gross Catholic H.S. Robotics Tournament
January 20– Academic Decathlon Regional Competition
January 24 – ESU #3 Quiz Bowl

NOTES FROM THE NURSE...

AMY LAUGHLIN, RN
alaughlinhardick@epsne.org

Thank you to our **awesome** health screen volunteers. We couldn't have done it without you!

If your child had results that indicated a need for further evaluation, you should be receiving those referrals in the mail. Please return a copy of the completed referral, so I can update your student's health information. Thank you!

As we head into the winter months, we see an increase in cold and flu symptoms. Please keep your child home if they have a fever of 100* or greater, vomiting/diarrhea, persistent cough, unknown rashes, pink eye, or in general not feeling well. This helps your child get well faster, and helps reduce the spread of germs.



FLU	CHARACTERISTIC	COMMON COLD
SUDDEN	ONSET OF SYMPTOMS	GRADUAL
OCCASIONAL	SNEEZING	COMMON
EARLY	SORE THROAT & COUGH	MILD COURSE, PEAKING DAY 2-3
OFTEN SEVERE	MUSCLE ACHES	SLIGHT
SEVERE	MALaise, FATIGUE	USUALLY MILD
SUBSTERNAL BURNING, COMMON	CHEST SYMPTOMS	MILD, IF ANY
6-7 DAYS	DURATION	3-4 DAYS
HIGH (102° - 104°)	FEVER	NONE OR MILD (LESS THAN 100°)

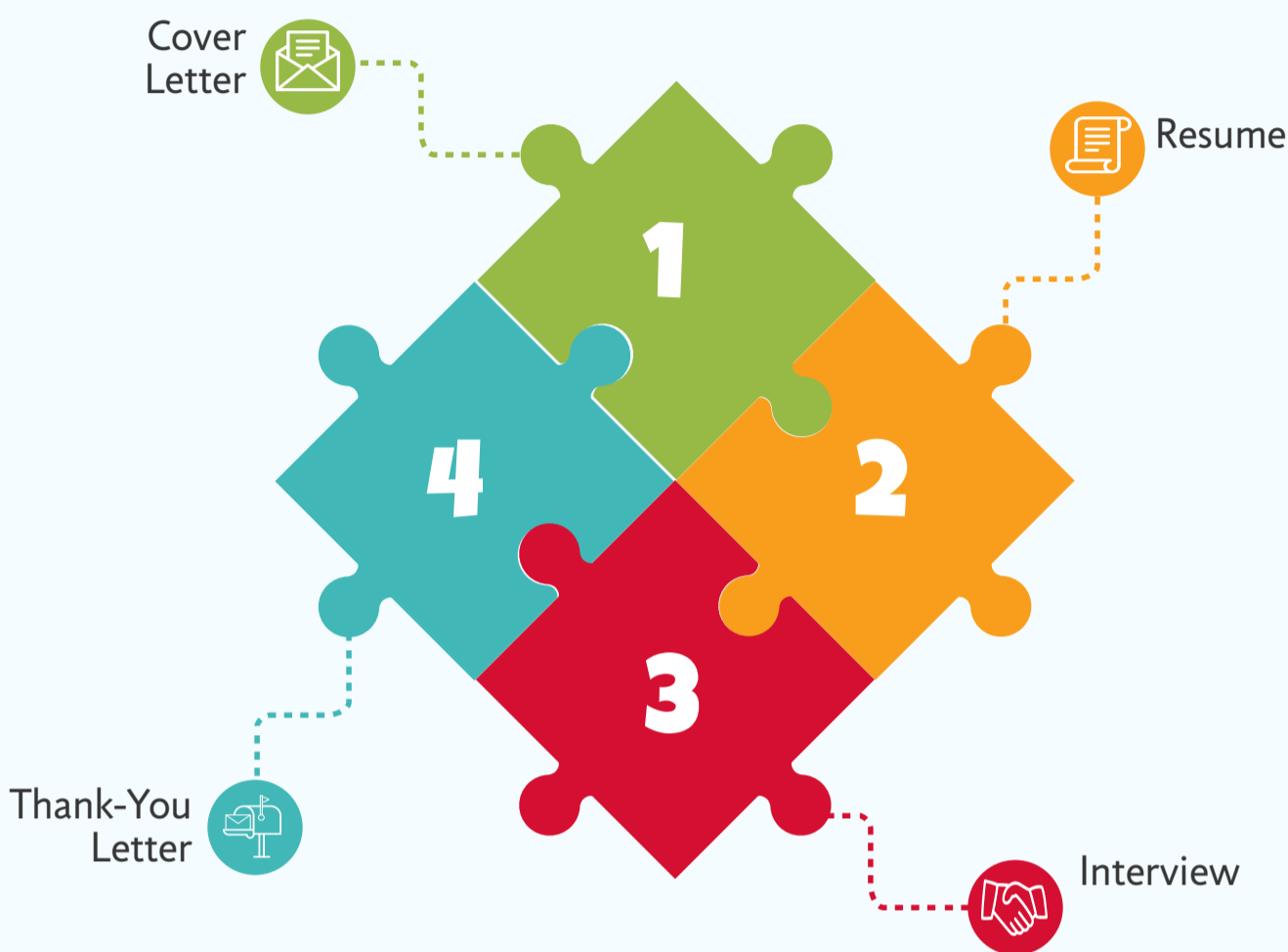
CAREER AWARENESS PROGRAM

Elkhorn Public Schools

December 2017-January 2018

IMPORTANT JOB SEARCH PIECES

Click on the text below for helpful tips and templates.



CAREER AWARENESS: HELPING TO CONNECT THE PIECES SO YOU'RE NOT SO PUZZLED

How will you know which careers interest you the most?
Take advantage of career awareness opportunities!
To find out what you really like, you need to try it!



EXPLORE. CONNECT. LEARN. SUCCEED.

Contact Dana Buurman for more information on career awareness opportunities that are available.
Email: dbuurman@epsne.org
Phone: ESHS: 402.289.0616 ~ EHS: 402.289.4239



SCHOLARSHIPS NOW ONLINE!



ATTENTION SENIORS:

Scholarship applications are now live!

Last year the Foundation awarded over \$263,000 in scholarships. Please visit our website for a listing of scholarships available to 2018 graduates.

Deadline is 6PM on February 1

www.elkhornfoundation.org/scholarships

Considering an end of year gift? A tax-deductible donation to the Elkhorn Public Schools Foundation will help further our mission in 2018 and beyond. Thank you for your continued support in enriching the education of our Elkhorn Public Schools students!



Mark your Calendar: Bids 4 Kids will be held on April 5, 2018. Join us for a fun evening of silent auction bidding! We are grateful for any and all donations. For donation or sponsorship information, please contact Stacey Selk at sselk1@epsne.org