# **Sports Medicine**

2017 Elkhorn Public Schools (Grades 7-12) Pre-Participation Sports Physicals



## **Physical Evaluation Includes:**

Height, Weight, Vision and Blood Pressure
Musculoskeletal Exams conducted by Physical Therapists and Athletic Trainers
Pre-Participation physical exams conducted by a CHI Health Clinic Family Physician
and an Orthopedic Physician

### **Date and Times**

Tuesday, June 6th 7:00pm-9:00pm

(Appointments are every half hour, with 45 athletes maximum per 30 minute time slot)

#### Location

Lakeside Wellness Center/Physical Therapy Clinic 16940 Lakeside Hills Plaza, Suite 109 Omaha, NE 68130 \*Parking is available in front of the Wellness Center

#### Cost

\$20 per athlete.

Cash or check accepted. Money will be collected at check-in.

#### Registration

ONLINE: https://chihealth.gosignmeup.com/Public/Course/Browse
Choose "Health and Wellness"
Choose "Elkhorn Sports Physicals"
BY PHONE: 888-333-7520

\*Space is limited, and registration is required.

\*Please complete the Pre-Participation Physical Forms found on <a href="https://www.chihealth.com/sportsphysicals">www.chihealth.com/sportsphysicals</a>
Forms must be filled out completely and brought with you to your appointment.

