



Elkhorn Public Schools Elementary Lunch Menu



**May
2009**

MENU IS SUBJECT TO
CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MAY HARVEST OF THE MONTH Rhubarb Asparagus Wheat Berries</p>				<p>1 HAPPY MAY DAY B Cheeseburger on Wheat Bun Lettuce, Tomato & Pickle Oven Fries Happy Birthday Cake Alternative Entrées Tuna Pasta Salad Turkey Sub Sandwich</p>
<p>4 Chicken Nuggets C Mashed Potatoes & Gravy Glazed Carrots Sliced Wheat Bread</p>	<p>5 CINCO de MAYO b Hard Shelled Tacos Lettuce, Tomato & Cheese Fixins Mexican Corn & Rice Bake Churros</p>	<p>6 Oven Roasted Chicken Legs E Roasted Potatoes Asparagus H Wheat Dinner Roll</p>	<p>7 Homemade Lasagna A Caesar Salad Rhubarb Crisp H</p>	<p>8 Chicken Patty B on Wheat Bun Sweet Potato Fries</p>
<p>Alternative Entrées Yogurt Pak Cheese Sandwich </p>	<p>Alternative Entrées Chicken Caesar Salad Turkey Sub Sandwich</p>	<p>Alternative Entrées Taco Salad Ham & Cheese Sandwich </p>	<p>Alternative Entrées Sweet Spinach Salad Chicken Wrap</p>	<p>Alternative Entrées Chef Salad Egg Salad Sandwich </p>
<p>11 Spaghetti C with Meat or Marinara Sauce Caesar Salad Garlic Bread</p>	<p>12 Beefy Nachos b Southwestern Salad </p>	<p>13 Cheese Bread E with Marinara Sauce Cucumber & Ranch Salad </p>	<p>14 French Toast Sticks A Sausage Patty Tri-Tator</p>	<p>15 All Beef Hot Dog B Oven Fries Wheat Berry Waldorf Salad H</p>
<p>Alternative Entrées Yogurt Pak Cheese Sandwich </p>	<p>Alternative Entrées Chef Salad Italian Turkey Sandwich</p>	<p>Alternative Entrées Chicken Caesar Salad Ham & Cheese Sandwich </p>	<p>Alternative Entrées Sweet Spinach Salad Egg Salad Sandwich </p>	<p>Alternative Entrées Taco Salad Turkey Sub Sandwich</p>
<p>18 Chicken Nuggets C Choice of Vegetable Choice of Fruit Sliced Wheat Bread</p>	<p>19 Last Day for Lunch b Pizza Hut Cheese Pizza Choice of Vegetable Choice of Fruit</p>	<p>20 Last Day of School</p>	<p>21 Have a Great Summer!!!</p>	<p>22</p>
<p>25 MEMORIAL DAY </p>	<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>

Prepared from Scratch Contains Pork Vegetarian Entrée Harvest of the Month Special Schedules follow on a daily basis

Elementary \$1.85
Secondary \$2.10
Reduced \$0.40
Extra Milk \$0.40
Adult \$2.75

Free & Reduced-Meal forms can be obtained from all building offices at any time throughout the school year.

To check the balance in your account or for additional information, contact:
Kim Becker, Director
289-0443

Thought

Eat Rainbow Every Day

Fruits and vegetables come in terrific colors and flavors, but their real beauty is what's inside.

Fruits and vegetables are great sources of vitamins, minerals and other natural substances.

Eating fruits and vegetables of different colors gives your body a wide range of valuable nutrients.

Some examples include green spinach, orange sweet potatoes, black beans, yellow corn, purple plums, red watermelon, and white onions.

For more variety, try new fruits and vegetables regularly.

Fruit & Vegetable Bar

Fresh vegetables plus fresh and canned fruits are available daily with lunch from the

Fruit & Vegetable Bar

Milk Choice of 1%, Skim & Skim Chocolate offered daily with Lunch

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