

Taher Inc.

May 1, 2008 thru May 23, 2008 Spreadsheet - Portion Values Elkhorn Secondary School

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Thu - 05/01/2008														
Elkhorn Secondary School	Total													
Sandwich, BBQ Riblet	1 each	326	33	862	2.24	3.10	88.05	142	0.11	16.18	34.09	13.97	5.44	*0.00
Macaroni & Cheese	1/4 cup	337	61	771	0.73	0.86	398.54	771	0.00	17.58	20.35	21.88	12.97	*0.00
GREEN BEANS: frozen,boiled	1/2 CUP	19	0	1	2.03	0.45	28.35	376	2.77	1.01	4.35	0.11	0.03	*0.00
PEACHES: cnd, lt syrup, drnd	1/2 CUP	64	0	6	1.93	0.41	3.40	618	2.72	0.61	16.37	0.05	0.00	*0.00
Cake, Birthday	piece	180	15	300	1.00	2.70	20.00	0	0.00	3.00	41.00	6.00	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		1143	114	2224	13.05	8.69	900.85	7905	9.68	51.09	156.29	43.30	18.79	*0.00
% of Calories										17.9%	54.7%	34.1%	14.8%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		146%	114%	148%		193%	225%	527%	58%	336%				
Shortfall									7.02			OVER	OVER	

Fri - 05/02/2008														
Elkhorn Secondary School	Total													
CORN DOG,Turkey Large	1 each	270	35	930	0.00	1.08	0.00	0	0.00	10.00	30.00	12.00	3.00	*0.00
BAKED BEANS (VEGETARIAN)	SERVINGS	159	0	532	6.99	0.85	86.00	360	7.79	6.77	35.98	0.64	0.16	*0.00
Applesauce, Cinnamon	1/2 cup	18	0	1	0.52	0.06	1.57	12	9.02	0.07	4.82	0.02	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		665	40	1748	12.64	3.17	450.07	6371	20.89	29.55	110.93	13.96	3.52	*0.00
% of Calories										17.8%	66.7%	18.9%	4.8%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		85%	40%	117%		70%	113%	425%	125%	194%				
Shortfall		118	60			1.33								

Mon - 05/05/2008														
Elkhorn Secondary School	Total													
Chicken Fajita	1 each	189	45	713	1.09	1.89	45.15	0	0.00	16.90	18.97	4.21	0.66	*0.00
Corn & Rice Bake	1/2 cup	151	4	240	3.15	1.07	21.89	494	8.84	4.80	31.29	2.56	1.00	*0.00
APPLE CRISP	SERVINGS	200	0	113	2.30	0.99	20.00	350	0.49	1.94	31.75	7.97	1.59	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00

Taher Inc.

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Weighted Daily Average		758	54	1350	11.66	5.13	449.54	6843	13.41	36.36	122.14	16.03	3.60	*0.00
% of Calories										19.2%	64.4%	19.0%	4.3%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		97%	54%	90%		114%	112%	456%	80%	239%				
Shortfall		25	46	150					3.29					

Tue - 05/06/2008														
Elkhorn Secondary School	Total													
Sandwich, Grilled Cheese	1 each	417	61	1333	1.00	1.45	384.90	726	0.00	15.16	30.03	28.64	13.03	*0.00
Soup Tomato Creamy	1 cup	132	2	781	2.00	0.40	153.13	650	4.80	6.13	25.08	1.10	0.56	*0.00
Soup,Chicken Noodle:Campbell's	8 OZ	59	10	871	*0.00	0.91	9.07	299	0.00	3.18	7.71	1.81	0.45	*0.00
GREEN BEANS: frozen,boiled	1/2 CUP	19	0	1	2.03	0.45	28.35	376	2.77	1.01	4.35	0.11	0.03	*0.00
Applesauce, Cinnamon	1/2 cup	18	0	1	0.52	0.06	1.57	12	9.02	0.07	4.82	0.02	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		767	72	2446	*9.67	3.79	858.42	7588	18.27	33.60	95.72	31.53	13.92	*0.00
% of Calories										17.5%	49.9%	37.0%	16.3%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		98%	72%	163%		84%	215%	506%	109%	221%				
Shortfall		16	28			0.71					2.18	OVER	OVER	

Wed - 05/07/2008														
Elkhorn Secondary School	Total													
Sandwich, Meatball Sub	1 each	352	52	474	1.00	4.26	68.71	150	2.00	18.98	33.59	15.00	4.98	*0.00
Potatoes, Criss-Cut (3 oz)	1 OZ	47	2	5	0.68	0.24	0.00	0	0.81	0.68	6.75	2.03	1.01	*0.00
Fruit, Mix:cnd,lt syrup, drnd	1/2 CUP	65	0	7	1.70	0.33	7.94	363	2.13	0.54	16.79	0.11	0.01	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		682	58	771	8.50	6.01	439.15	6512	9.02	32.90	97.26	18.44	6.36	*0.00
% of Calories										19.3%	57.1%	24.3%	8.4%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		87%	58%	51%		134%	110%	434%	54%	216%				
Shortfall		101	42	729					7.68		0.64			

Taher Inc.

Elkhorn Secondary School

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Thu - 05/08/2008														
Elkhorn Secondary School	Total													
FRENCH TOAST STICKS	1 SERVING	377	145	876	1.95	3.91	189.39	331	0.53	13.10	56.82	10.80	2.71	*0.00
SYRUP,PANCAKE	1 TBSP	46	0	16	0.14	0.01	0.59	0	0.00	0.00	12.06	0.00	0.00	*0.00
Omelet, Plain	1 each	100	185	65	0.00	0.72	40.00	300	0.00	6.00	2.00	7.00	2.50	*0.00
Sausage, Patty	1 each	170	30	300	1.00	0.30	19.30	0	0.00	5.00	0.30	17.00	2.90	*0.00
Potato, Tri Tater	1 each	90	0	150	2.00	0.00	0.00	0	0.00	2.00	9.00	5.00	0.50	*0.00
APRICOTS: cnd,lt syrup,drnd	1/2 CUP	63	0	4	2.68	0.39	11.91	2020	2.68	0.64	16.22	0.07	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		1063	365	1696	12.89	6.50	623.69	8650	7.29	39.44	136.53	41.16	8.97	*0.00
% of Calories										14.8%	51.4%	34.8%	7.6%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		136%	365%	113%		145%	156%	577%	44%	259%				
Shortfall									9.41			OVER		

Fri - 05/09/2008														
Elkhorn Secondary School	Total													
Pizza, Whole Grain Cheese	Slice	260	20	720	4.00	5.40	300.00	500	0.00	18.00	33.00	7.00	4.00	*0.00
Salad, Tossed Italian	1/2 cup	39	0	84	1.32	0.35	24.01	1058	9.90	1.10	4.41	2.26	0.34	*0.00
PEACHES: cnd, lt syrup, drnd	1/2 CUP	64	0	6	1.93	0.41	3.40	618	2.72	0.61	16.37	0.05	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		581	25	1095	12.37	7.33	689.91	8175	16.70	32.42	93.91	10.60	4.69	*0.00
% of Calories										22.3%	64.7%	16.4%	7.3%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		74%	25%	73%		163%	172%	545%	100%	213%				
Shortfall		202	75	405					0.00		3.99			

Mon - 05/12/2008														
Elkhorn Secondary School	Total													
Chicken Nuggets, RH	4 each	190	30	750	0.25	1.44	20.00	0	1.20	22.00	19.00	6.00	1.00	*0.00
Potatoes, Mashed Instant	1/2 cup	74	0	72	0.75	0.27	20.70	73	0.00	2.03	14.27	0.96	0.16	*0.00
Gravy, Poultry	1 oz	41	1	172	0.10	0.19	3.49	128	0.43	0.54	3.00	3.03	0.55	*0.00
PEAS: frozen,boiled	1/2 CUP	62	0	58	4.40	1.22	19.20	1680	7.92	4.12	11.41	0.22	0.04	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00

Taher Inc.

May 1, 2008 thru May 23, 2008 Spreadsheet - Portion Values Elkhorn Secondary School

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Thu - 05/15/2008														
Elkhorn Secondary School	Total													
Lasagna Casserole	Servings	536	123	1906	1.70	1.91	560.95	2133	8.50	30.78	37.34	28.24	13.02	*0.00
Salad, Arugula Mix	1 cup	10	0	11	0.64	0.58	64.00	949	6.00	1.03	1.46	0.26	0.04	*0.00
SALAD DRESSING, Assorted	1 TBSP	62	2	169	0.03	0.11	4.92	38	0.08	0.27	1.86	6.17	0.96	*0.00
PINEAPPLE CHUNKS:cnd,jc,drnd	1/2 CUP	54	0	1	1.18	0.25	14.48	45	8.51	0.46	14.08	0.10	0.01	*0.00
Garlic Toast	1 slice	118	8	191	0.63	0.97	27.69	85	0.06	3.64	14.82	4.96	2.15	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		999	138	2563	9.31	5.00	1034.54	9249	27.22	48.89	109.69	41.02	16.53	*0.00
% of Calories										19.6%	43.9%	37.0%	14.9%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		128%	138%	171%		111%	259%	617%	163%	322%				
Shortfall												OVER	OVER	

Fri - 05/16/2008														
Elkhorn Secondary School	Total													
Sandwich, BBQ Pulled Pork	2.5 oz	301	57	532	2.17	2.96	67.26	88	2.02	25.88	26.02	10.27	3.36	*0.00
POTATO PUFFS: frozen,cooked	1/2 CUP	122	0	307	1.60	0.41	8.96	3	4.03	1.31	17.76	5.52	1.16	*0.00
PEACHES: cnd, lt syrup, drnd	1/2 CUP	64	0	6	1.93	0.41	3.40	618	2.72	0.61	16.37	0.05	0.00	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00
Weighted Daily Average		704	62	1131	10.82	4.96	442.13	6708	12.85	40.51	100.28	17.12	4.88	*0.00
% of Calories										23.0%	57.0%	21.9%	6.2%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		90%	62%	75%		110%	111%	447%	77%	267%				
Shortfall		79	38	369					3.85					

Mon - 05/19/2008														
Elkhorn Secondary School	Total													
Chicken Grilled on Bun	1 each	397	146	324	1.63	3.49	66.65	34	0.00	57.48	19.18	8.72	2.33	*0.00
French Fries: Seasoned	4 OZ	230	0	302	3.70	1.43	10.85	0	11.59	3.71	36.02	8.58	1.43	*0.00
Fruit, Mix:cnd,lt syrup, drnd	1/2 CUP	65	0	7	1.70	0.33	7.94	363	2.13	0.54	16.79	0.11	0.01	*0.00
Fruit & Vegetable Bar (fruit)	1/2 cup	48	0	4	1.87	0.27	3.83	232	1.32	0.33	12.57	0.03	0.00	*0.00
Fruit & Vegetable Bar (veg)	1/2 cup	17	0	46	1.35	0.15	22.47	5267	2.76	0.50	3.84	0.13	0.02	*0.00
BREAD WHOLE-WHEAT	slice	69	0	132	1.90	0.68	29.96	1	0.00	3.63	11.56	0.94	0.21	*0.00
MILK,Skim	HALF PINT	83	5	103	0.00	0.07	306.25	500	0.00	8.26	12.15	0.20	0.12	*0.00

Taher Inc.

	Portion Size	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Weighted Daily Average		0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		0%	0%	0%		0%	0%	0%	0%	0%				
Shortfall		783	100	1500		4.50	400.00	1500	16.70	15.20	97.90	OVER	OVER	

Fri - 05/23/2008														
	Total SERVING	Cals	Mg Cholst	Mg Sodm	G Fiber	Mg Iron	Mg Calc	IU Vit-A	Mg Vit-C	G Protn	G Carb	G T-Fat	G S-Fat	G Tr-Fat
Elkhorn Secondary School NO SCHOOL TODAY		0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average		0	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories										0.0%	0.0%	0.0%	0.0%	0.0%
RDA's		783	100	1500	0.00	4.50	400.00	1500	16.70	15.20	97.90	30.00	10.00	
% of RDA Satisfied		0%	0%	0%		0%	0%	0%	0%	0%				
Shortfall		783	100	1500		4.50	400.00	1500	16.70	15.20	97.90	OVER	OVER	

Weighted Average		755	85	1441	*10.96	5.24	624.22	7368	16.22	38.41	107.32	21.47	7.42	*0.00
										20.3%	56.8%	25.6%	8.8%	0.0%

Nutrient	Menu AVG	% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)
Calories	755		783	96%		28	Correction Required - Calories are Low
Cholesterol (Mg)	85		100	85%			
Sodium (Mg)	1441		1500	96%			
Fiber (G)	10.96		0.00		Missing		
Iron (Mg)	5.24		4.50	116%			
Calcium (Mg)	624.22		400.00	156%			
Vitamin A (IU)	7368		1500	491%			
Vitamin C (Mg)	16.22		16.70	97%		0.48	
Protein (G)	38.41	20.34%	15.20	253%			
Carbohydrate (G)	107.32	56.82%	97.90				
Total Fat (G)	21.47	25.58%	<30.00				
Saturated Fat (G)	7.42	8.85%	<10.00				
Trans Fat (G)	0.00	0.00%					