

# ARBOR VIEW EXPLORERS

## THE COMPASS December 8, 2017

5115 N. 208TH STREET

ELKHORN, NEBRASKA

402-289-1007

### UPCOMING EVENTS:

#### **Monday, Dec. 11- B Day**

- MAP Math tests for 2nd and 3rd grades

#### **Tuesday, Dec. 12 - C Day**

- MAP Science test for 5th grade
- 5:00 - Restaurant night at Freddy's

#### **Wednesday, Dec. 13 - D Day**

- 

#### **Thursday, Dec. 14 - E Day**

- 

#### **Friday, Dec. 15 - A Day**

- 

#### **On the horizon...**

Dec. 22nd - end of 2nd quarter

Dec. 22nd - Winter Blast

#### **Office Contact Information**

Phone - 402-289-1007

Fax - 402-289-3035

Sara Twyford, Admin Assistant

[stwyford@epsne.org](mailto:stwyford@epsne.org)

Troy Sidders, Principal - [tsidders@epsne.org](mailto:tsidders@epsne.org)

Visit our website at:

[www.elkhornweb.org/arborview/](http://www.elkhornweb.org/arborview/)

Subscribe to our calendar here:

<http://www.elkhornweb.org/arborview/calendar/>

### ***FROM THE PRINCIPAL:***

Arbor View Families,

**Lost and Found** - The lost and found is located just outside of the office. Please feel free to take a look at it when you have a chance to see if any of the lost treasures are yours! We will be donating leftover items during Winter Break.

**Visitors at Lunch** - Visitors at lunch are always welcome at Arbor View. Office staff would like to remind everyone that any visitor, other than a parent or guardian, must have permission from a parent or guardian. We prefer an email or phone call to the office in this instance. Thanks for helping us with this. Anybody without parent permission will need to wait in the office until we get verification that it is ok.

Mr. Sidders

Pg. 2 - PTO News  
Pg. 3 - Apps to know  
Pg. 4- News from the school nurse

## **PTO News**

**Next Meeting - Monday, January 22nd - Dr. Habrock will visit to discuss district growth and updates at 7:30pm.**

### **Meetings for the year - mark your calendars**

\*childcare should be available beginning with the September meeting

\*All meetings are held in the Arbor View Media Center unless communicated otherwise

### **No December meeting**

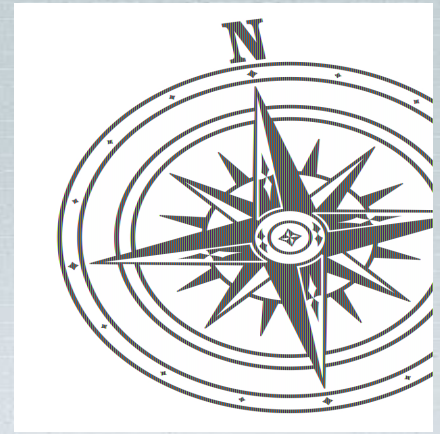
Monday, February 5th @6:30

Monday, March 5th @6:30

Monday, April 9th @6:30

Monday, May 7th @6:30

There will be plenty of opportunities for all family members to get involved this year. All you need to do is show up and volunteer! Who knows, if you have a friend who attends a meeting, he or she just might volunteer you anyway. The best way to control your own PTO destiny is to attend all meetings. A strong, positive partnership between the school and the parent organization will ensure our school community continues to thrive as we grow! :)



Yearbooks On Sale Now!!!! \$15/book  
Orders due by March 30, 2018

Order online at

[www.schoolannual.com](http://www.schoolannual.com)

Click on "Buy your students yearbook"

Enter Arbor View Elementary, Elkhorn  
NE

Photos- submit photos for the  
yearbook to

[yearbook.arborview@gmail.com](mailto:yearbook.arborview@gmail.com)

Contact Bethany Harnisch at  
[yearbook.arborview@gmail.com](mailto:yearbook.arborview@gmail.com) with  
questions.

### ***Apps to Know***

While parents know that nearly all mobile devices used today have the ability to send and receive text messages, they may not fully understand that beyond that inherent, built-in ability, students are also able to download additional apps that are specifically used for sending and receiving text messages. Below are some popular texting apps and concerns that are linked to their use. *For more information on any of these apps, please visit: [www.common sense media.org](http://www.common sense media.org).*

**GroupMe:** allows individual and group messages with no user fees or limits. Users are able to send and receive photos, videos, and calendar links.

- **Concern:** embedded GIFs included in the app have adult themes that are not suitable for children under the age of 18.

**Kik Messenger:** ability to send and receive limitless messages that do not show up on an individual's phone messaging service

- **Concern:** allows users the ability to connect with anyone who shares their Kik username, opening up the pathway for online predators

Elkhorn Public Schools Policy 507.13—Internet Safety Policy was written in compliance with the Children's Internet Protection Act. Tech Savvy Parent tips are intended to inform and educate parents of technology that may be available to their students. Tips may feature apps that are educational as well as those that may be a cause for concern to parents.

# NOTES FROM THE NURSE...

ERIN BRYANT, RN  
[ebryant@epsne.org](mailto:ebryant@epsne.org)

Thank you to our awesome health screen volunteers. We couldn't have done it without you!

If your child had results that indicated a need for further evaluation, you should be receiving those referrals in the mail. Please return a copy of the completed referral, so I can update your child's health information. Thank you!

As we head into the winter months, we see an increase in cold and flu symptoms. Please keep your child home if they have a fever of 100\* or greater, vomiting/diarrhea, persistent cough, unknown rashes, pinkeye, or in general not feeling well. This helps your child get well faster, and helps reduce the spread of germs.



## IS IT THE FLU?

### INFLUENZA VS THE COMMON COLD



FLU	CHARACTERISTIC	COMMON COLD
SUDDEN	ONSET OF SYMPTOMS	GRADUAL
OCCASIONAL	SNEEZING	COMMON
EARLY	SORE THROAT & COUGH	MILD COURSE, PEAKING DAY 2-3
OFTEN SEVERE	MUSCLE ACHES	SLIGHT
SEVERE	MALAISE, FATIGUE	USUALLY MILD
SUBSTERNAL BURNING, COMMON	CHEST SYMPTOMS	MILD, IF ANY
6-7 DAYS	DURATION	3-4 DAYS
HIGH (102° - 104°)	FEVER	NONE OR MILD (LESS THAN 100°)